

## PORTHLEVEN NEWS

Friday 29th November 2024

#### <u>Rainbow Day</u>

The school was full of colour today with each class dressing in a different colour.

We would like to say a big

Thank you to everyone that has donated a gift towards the Rainbow Christmas hampers. If you still have items to add please drop them to the school office.



#### Information sent home this week

- Year 5 Residential info
- Year 3 Camp payment plan
- Year 1 &2 Christmas dates letter
- Christmas cards and mugs have gone home

#### **Christmas Fair**

Don't forget our Christmas Fair on Thursday 12th December



#### PE Days

- YR Rainbowfish Monday
- Y1 Seahorses Tuesday
- Y2 Jellyfish Thursday
- Y3 Narwhals Monday
- Y4 Swordfish Wednesday
- Y5 Manta rays Thursday
- Y6 Dolphins Friday

# CLASSROOM

# News

#### Year 1

This week in Seahorse class, we've been diving into the wonderful world of toys! We began with a Teddy Bears' Picnic, where the children brought their favourite bears and made delicious sandwiches. Some adventurous little ones even chose marmalade, just like Paddington Bear! setting the stage for our writing topic.

Science was brought to life on Thursday when the children used their problem-solving skills to keep my little bear dry in a den. They carefully selected the best materials, testing their properties and learning what works well in the real world. In the afternoon, we got creative with den building, working together to construct cozy shelters for our bears.

During our time outdoors, the children noticed the fallen leaves and observed that many trees had shed their foliage. This sparked a lively and insightful conversation about seasons, especially autumn. It was wonderful to see them so engaged with the world around them!

It's been a busy, fun-filled week of learning, creativity, and teamwork. We're looking forward to seeing where our toy topic takes us next!







### Year 5

In History this half term we are learning about Victorian Britain. We have started uncovering what life was like during the Industrial Revolution and the challenging roles children as young as 4 were expected to take on in coal mines, cotton mills, fields, and as domestic servants. The class is eagerly anticipating upcoming topics like Crime and Punishment and The British Empire.

In Science, we've dived into the world of Forces, where the children have been measuring forces with newton metres, experimenting with parachutes to understand air resistance, and investigating which shapes are best suited to float on water.

In Literacy, we're captivated by the enchanting tale of Sky Song, a magical story of good versus evil. The children have also finished writing their own imaginative stories based on The Snowman and are now learning about the incredible journey of Captain Scott as we begin a new non-fiction unit inspired by his diary.

A highlight of the term has been Design and Technology, where the children are working hard to design and sew their very own small stuffed toys. I'm so impressed by how many have mastered the blanket stitch—a tricky skill for even the most experienced!

Thank you to those who attended our London meeting. A set of slides is being sent to all parents. If you have any further questions, please don't hesitate to speak to me or Mrs Blight.







Attendance

Class	Attendance this week
Rainbowfish — YR	96.9
Seahorses — Y1	97.7
Jellyfish — Y2	97.1
Narwhals — Y3	96.7
Swordfish — Y4	96.7
Manta Rays — Y5	97.8
Dolphins — Y6	97.5
WHOLE SCHOOL	

Well done to the Manta Rays

Class

for the best attendance this week!



**Running totals** 

Penrose: 10

Gibson: 10

Methleigh: 12

Cookworthy: 8

Our winners this week are the

**Gibson TEAM!** 

Well done!

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	ACCE	LERATE	D READ	ER CHAN	IPIONS!	O
	Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins	
		Clas	s Weekly Wo	ord Count		
	340,422	22,209	194,631	292,035	192,378	
		Highest	Pupil Weekly	Word Count		
+	Charlie	Violet	Rupert	Abigail	Tobias	
++	100	)% achievers	– Who has a	chieved their	target?	
	Charlie		Lottie, Fern, Lowen, Evie, Esmay, Eden, Rupert,	lvy, Ayva, Lowenna, Abigail,	Tobias, John	
		= MX			× ×	
			s Wh ekly progressi	on for each cla	ass!	
			Jellyfish: 42%	, 0		$\frac{4}{\pi}$
V =		١	Narwhals: 56°	%		3
ax		Si	wordfish: 100	)%		, <u> </u>
		Ma	anta Rays: 10	0%		
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# School Messages

#### Christmas Jumper Day

On Thursday 12th December we will have a school Christmas Jumper day in return for donations for the Christmas fair tombola stalls.

Years 1, 2, Reception and Nursery - we would like you to bring a chocolate item for the chocolate tombola e.g. chocolate orange, multi pack of bars, selection box...

Year 3, 4, 5 & 6 - we would like you to bring donations of bottles for the bottle tombola e.g. drinks, bubble bath, sauce, squash... (please drop any alcoholic bottles to the school office).

#### Christmas Songs & Carol Concert

Once again this year we will be holding a Christmas Carol Concert at St. Bartholmew's Church. This will take place at 1.30pm on Thursday 19<sup>th</sup> December. Classes will be performing carols and songs, which will be interspersed with Christmas readings from Year 6. It would be lovely to see you there.

#### <u>Makeup</u>

Make up is not part of school uniform and should not be brought into school..

#### National Childs Measurement Program Reception & Year 6

The school nursing team will be in school On Monday 13th January to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

**Reception:** <u>https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-</u> <u>reception-year/</u>

Year 6: <u>https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-</u> <u>year-6/</u>

#### **Reception**

Reception class are on the look out for a small artificial Christmas tree for their classroom. If anyone has one they would like to donate please let the office or Mrs Penrose know.

#### Lost Property

We have a lot of lost property at the moment all item will be left after

Thursday 12th December will be recycled or added to the school sale rail.



## **School Messages**

#### <u>Panto Trip</u>

On Friday 13th December, we will be heading to the Hall for Cornwall to see Jack and the Beanstalk as a whole school trip. Please log onto ParentPay to make payment or pop along to the school office.





#### Everyone Loves A Baby

On Tuesday 10th December EYFS will have their first show at 2pm and their second show on Wednesday 11th at 5.30pm. Each child will receive 2 tickets per show. More information to follow.

#### <u>Christmas Karaoke</u>

On Tuesday 10th December KS1 will have their first show at 5.30pm and their second show on Wednesday 11th at 2pm. Each child will receive 2 tickets per show. More information to follow.



#### Christmas school lunch order form—Wednesday 11th December

Please could all parents of KS2 complete the form below to let us know if they will be having a school lunch or a lunch from home on the link below by 1st December 2024.

https://forms.office.com/e/rMU680vGpV

#### Reindeer Roundup!



On Friday 20th December and the last day of the term, we will be raising money for Cornwall Hospice Care with a Reindeer Roundup!

Sponsorship forms will be heading home over the next week.

If you would like to donate, we also have the link below.

https://www.justgiving.com/page/porthleven-school-1731931804359? utm\_medium=fundraising&utm\_content=page%2Fporthleven-school-1731931804359&utm\_source=copyLink&utm\_campaign=pfp-share



# Next Week's Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Veggie Supreme Pizza 🛛 👹 Served with Pesto Pasta	Beef Bolognese ⊯ ∜ Served with Wholewheat Pasta	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chip
HOH	Vegetable Fajita	Chinese Vegetable Noodles 💿	Winter Vegetable Hotpot © Served with Gravy	Macaroni Cheese	Quorn Dippers C Served with Chip
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings	Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings	Jacket Potatoes
	Tomato Past		ade tomato sauc		sta 💟 🕸
		All main meals	are served with t	wo vegetables	
DESSERT	Apple and Cinnamon Sponge with Custard 🍯	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard 🍯	Chocolate Cook
	-	AVAILAB	LE EVERY DAT	Y	-



## MAINS

Roast Turkey Squash, Spinach and Cream Cheese Filo Bake

# SIDES

Roast Potatoes, Carrots, Broccoli, Pigs in Blankets Stuffing and Gravy

# DESSERTS

Festive Chocolate and Ginger Cupcake Chocolate Pinwheel and Vanilla Ice-Cream

\*Menus maybe subject to change

# Diary Dates

Date	Event
Monday 2nd December	KS2 Trip
Tuesday 10th December	EYFS performance afternoon
Tuesday 10th December	KS1 Performance 5.30pm
Wednesday 11th December	KS1 Performance Afternoon
Wednesday 11th December	EYFS performance 5.30pm
Thursday 12th December	School Christmas Jumper Day
Thursday 12th December	Christmas Fair
Friday 13th December	Jack and the Beanstalk trip
Friday 20th December	Reindeer Fun Run
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY
18th - 20th June	Year 3 Residential
2nd - 4th June	Year 4 Residential
9th - 11th June	Year 5 Residential
14th July - 18th July	Year 6 Residential

# Rorthleven School Pra CHRISTMAS FARSTMAS

Thursday **12TH DECEMBER** 2.30-4.15pm

> Craft Stalls | Gifts Games | Tombola Entertainment Refreshments

> > Everyone welcome

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

# What Parents & Educators Need to Know about

#### WHAT ARE THE RISKS?

Fortnite was launched back in 2017, but it remains massively popular – with more than 650 million active players. That's partially due to the competitive nature of its player-vs-player combat, its pop culture crossovers and its constantly shifting map. Significant updates are rolled out with each new

#### ALWAYS ONLINE

There's no single-player offline mode in Fortnite: it can only be played online. Internet access can sometimes be an issue when you're out and about (both in terms of connectivity ar using up data), so you may find that dedicated young Fortnite players are often less enthusiastic about trips away – such as days out and holidays – than you might expect.

#### **IN-GAME COSTS**

Fortnite is free to download and play, but it does offer various additional purchases – cosmetic 'skins', music tracks and LEGO items – which don't really impact on gameplay but can cost a significant amount. These items are bought with in-game currency, V-Bucks – earned through mpleting the Battle Pass (which also costs Bucks) and can also be purchased from th

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#### POP CULTURE REFERENCES

Part of Fortnite's appeal is its ongoing crossovers with other popular franchises, ranging from movies and TV shows like Family Suy and Avatar: The Last Airbender to comic book characters including Batman to other games such as Street Fighter. This means y ould have children asking quest nonster from Alien or Geralt fron

## version of the game - known as 'chapters' - and within these sit shorter 'seasons'

### CROSSPLAY AND PARTY CHAT

Fortnite is popular with many gamers of various ages. 'Crossplay' lets friends play with each other, regardless of whether they're on an Xbox, PlayStation, Nintendo Switch or PC – while the construction for the second state to the second secon party chat, feature allows them to talk to each other during the game. This can, however, put youngsters at risk of hearing inappropriate language from older players in the heat of virtual combat

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#### VIRTUAL VIOLENCE

At its core, there's no avoiding that Fortnite is about shooting other players to eliminate them from the contest. That said, there's no blood or gore. The violence is rendered in a cartoonish e, and there are frequent comical touches lighten the mood, such as fishing mini-gam and dancing emotes. Machine guns, shotgu and other weapons often look and behave

#### FREQUENT UPDATES

ns' that usually run for around ten w h fresh update sees items added to the aame store, changes to the environm p and a different over-arching theme (such medieval', 'pirates' or 'party'). These regular ewals help to hold players' interest – but also

### **Advice for Parents & Educators**

#### MATCH GAMING TIMES

ounger players tend to play Fortnite with their friends. With that in mind, it could be worth speaking to the parents and carers of a child's social group and coordinating their gaming around certain times of day. Safety in numbers is obviously a factor here, but it will also help children feel that they're getting adequate opportunities to socialise with their friends online.

#### **BE WARY OF SCAMS**

Meet Our Expert

The immense popularity of Fortnite with younger audiences – that are generally more trusting – means there's no shortage of scammers looking to fraudulently obtain on many of Fortnite's loading screens, th

#### SET SPENDING LIMITS

e's rotating store is a not-so-subtle mechanism for coaxing players into buying sought-after tems before they disappear for weeks or months. This sould lead to surprise transactions on bank cards if children are tempted into an impulse purchase. Parents could consider getting a prepaid card for the child or ensuring that purchases require adult authorisation. This can be done through parental settings on a console or

#### **USE UPDATES AS REWARDS**

brings the option of a 'battle pass', unlocking exclusive rewards for playing the game and completing set challenges. The passes cost around £8 and are also available as part of larger bundles. The purchase of passes can be an effective reward to young Fortnite fans entive for completing chores like tidying their room

#### ENJOY FORTNITE TOGETHER

Fortnite also offers split-screen gameplay, meaning that two people can play simultaneously on the same console or computer. This can be a good option for siblings or for when a child's friends visit, but it also offers an opportunity for parents and carers to do something fun with their child, while also making sure they laying the game safely. Who knows? You might even teach them a thing or two



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has worked in the gaming media for around four years. A long-time gamer, he is also a parent and therefore a keen advocate of online safety.

Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.

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## 10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

#### 1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

#### 2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

### 3 PROMOTE ACTIVE

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

#### 4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

#### 5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

#### Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/choose-respect

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6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

#### 7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

#### 8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each another.

#### 2 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

#### 10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.



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UK Health Security Agency

# Should I keep my child off school?



#### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

## but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever	
Head lice	Tonsillitis	
Threadworms	Slapped cheek	



#### Advice and guidance

To find out more, **search for health protection in schools** or scan the QR code or visit **https://qrco.de/minfec**.