



PORTHLEVEN NEWS

Friday 15th November 2024

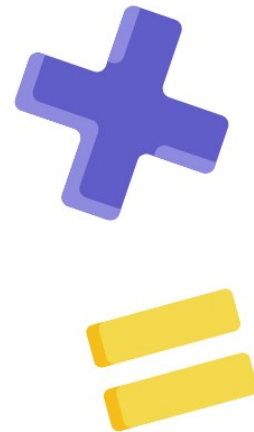


On Friday 20th December and the last day of the term, we will be raising money for Cornwall Hospice Care with a Reindeer Roundup!

Sponsorship forms will be heading home over the next week.

If you would like to donate, we also have the link below.

https://www.justgiving.com/page/porthleven-school-1731931804359?utm_medium=fundraising&utm_content=page%2Fporthleven-school-1731931804359&utm_source=copyLink&utm_campaign=pfp-share



Information sent home this week

- Year 6 Residential
- Blackbird magazine
- Head Lice letter
- Rainbow letter
- Reception and Nursery dates letter

Christmas Fair

Don't forget our Christmas fair on Thursday 12th December



PE Days

YR Rainbowfish - Monday
Y1 Seahorses - Tuesday
Y2 Jellyfish - Thursday
Y3 Narwhals - Monday
Y4 Swordfish - Wednesday
Y5 Manta rays - Thursday
Y6 Dolphins - Friday



CLASSROOM

News

Reception

Rainbowfish have been busy learning all about creepy crawlies on a Wednesday. We were exploring the outside area, looking for spiders and their spiders webs. The children then made their own spiders webs with wool and tried to catch flies (pompoms) in them. They loved using the magnifying glasses. Then this week we looked for a range of creepy crawlies and drew what we observed. The children enjoyed working in groups to classify different creepy crawlies depending on whether they had legs or no legs, wings or no wings.



We are also making soup this half term so the children enjoyed learning the difference between a fruit and a vegetable. Then then enjoyed trying different fruits and vegetables. The children are now going to start thinking about which ingredients they want to use in their soup. Rainbowfish have been learning all about the events in the Nativity story and are very excited about their Christmas performance. As part of our Celebrations topic we have been learning about Diwali this week. The children have made their own Diya lamps which they will be bringing home soon. As we move closer to Christmas we will be discussing the different traditions we have in our families so it would be nice for you to discuss this with them first.



Year 4

History has been one of the children's favourite subjects so far this half-term, as we learn about the Angles, Jutes and Saxons and their migration/takeover of Britannia following the Roman occupation. The class learned about the bloodthirsty brothers Hengest and Horsa, and how they and other Anglo Saxons refused to live in Roman houses, even if the buildings were pristine and empty. (Ask your child why!)



In Music, I have been wowed by the children's singing ability as well as their varying of pitch and tone as the song progresses. We have been learning Mama Mia! and having a great time. As the 'conductor' I think we have a few professional future singers in the class - I hope to film a performance of the song in a few weeks' time, once we have rehearsed it fully! Speaking of songs and rehearsals, Year 3 and 4 will be singing Feliz Navidad at the Christmas Concert - if you have Spotify or YouTube access at home, please give it a listen ahead of our rehearsals in school time.



Attendance

Class	Attendance this week
Rainbowfish — YR	92.7
Seahorses — Y1	95.4
Jellyfish — Y2	98.8
Narwhals — Y3	99.3
Swordfish — Y4	99.6
Manta Rays — Y5	94.1
Dolphins — Y6	92.9
WHOLE SCHOOL	96.18

Well done to the
**Swordfish
Class**
for the best
attendance this
week!

Team Points

Running totals

Penrose: 8

Gibson: 6

Methleigh: 9

Cookworthy: 7

Our winners this week are the

Penrose TEAM!

Well done!



ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
64,834	53,512	159,361	345,478	243,642
Highest Pupil Weekly Word Count				
Charlie	Elowyn	Fern	Ayva	John
100% achievers – Who has achieved their target?				
Charlie		Lottie, Lowen	Ivy, Ayva	Tobias, John

$$y = mx + b$$

Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 21%

Narwhals: 44%

Swordfish: 100%

Manta Rays: 89%

Dolphins: 87%

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$\frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

$$ax^2 + bx + c = 0$$



School Messages

Non-uniform day

On Friday 29th November, we have a rainbow non-uniform day. In return, we ask that each child brings in a donation for the school rainbow raffle. See the separate poster below, for more information.



Reception and nursery family sessions

On Thursday 21st November, 9-10am we would like to invite parents into the Reception and Nursery classroom. This session will need to be booked via the link below and is limited to 10 parents per class.

Reception class booking form <https://forms.gle/7UrriFYbPPrAjfdw9>

Nursery class booking form <https://forms.gle/KPtjRvpjce9Ve8mp7>

Makeup

Make up is not part of school uniform and should not be brought into school.

National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>



Christmas School Messages

Panto Trip

On Friday 13th December, we will be heading to the Hall for Cornwall to see Jack and the Beanstalk as a whole school trip. Information on the event, costs and how to pay was sent home last week.



Everyone Loves A Baby

On Tuesday 10th December EYFS will have their first show at 2pm and their second show on Wednesday 11th at 5.30pm. Each child will receive 2 tickets per show. More information to follow.

Christmas Karaoke

On Tuesday 10th December KS1 will have their first show at 5.30pm and their second show on Wednesday 11th at 2pm. Each child will receive 2 tickets per show. More information to follow.



Christmas school lunch order form—Wednesday 11th December

Please could all parents of KS2 complete the form below to let us know if they will be having a school lunch or a lunch from home on the link below by 1st December 2024.

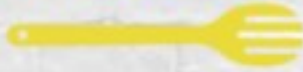
<https://forms.office.com/e/rMU680vGpV>



Next Week's Menu

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
	Cheesy Bean Burrito 	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Veggie Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Flapjack with Fruit 	Apple Crumble with Custard 	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie

PACKED LUNCH

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Christmas Lunch



MAINS

Roast Turkey
Squash, Spinach and Cream Cheese Filo
Bake

SIDES

Roast Potatoes, Carrots, Broccoli,
Pigs in Blankets
Stuffing and Gravy

DESSERTS

Festive Chocolate and Ginger Cupcake
Chocolate Pinwheel and Vanilla Ice-Cream

**Menus maybe subject to change*

Diary Dates

Date	Event
Friday 29th November	Rainbow non-uniform day
Tuesday 10th December	EYFS performance afternoon
Tuesday 10th December	KS1 Performance 5.30pm
Wednesday 11th December	KS1 Performance Afternoon
Wednesday 11th December	EYFS performance 5.30pm
Thursday 12th December	Christmas Fair
Friday 13th December	Jack and the beanstalk trip
Friday 20th December	Reindeer Fun Run
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY
18th - 20th June	Year 3 Residential
2nd - 4th June	Year 4 Residential
9th - 11th June	Year 5 Residential
14th July - 18th July	Year 6 Residential



Porthleven School PTA



CHRISTMAS FAIR

Thursday



12TH DECEMBER

2.30-4.15pm

Craft Stalls | Gifts
Games | Tombola
Entertainment
Refreshments

Everyone welcome





RAINBOW NON-UNIFORM DAY

Nursery &
Reception - Pink

Year 1 - red

Year 2 - orange

Year 3 - yellow

Year 4 - green

Year 5 - blue

Year 6 - purple

Come to school
wearing your
Rainbow colours on
Friday 29th
November in
exchange for a gift
to fill our Rainbow
Raffle Hampers.

Hampers will be
available to win at
our Christmas Fair
in our
Rainbow Raffle





Porthleven School & Nursery

Torleven Road, Porthleven TR13 9BX

Pre - School Stay & Play

Thursday 24th October & 28th November 2024

1:30 - 3:00pm



Call: 01326 562249

Email: porthlevensecretary@croftymat.org

Stay & Play sessions 1.30 - 3.00pm

We would like to invite any pre-school children to come and spend some time with their adult in our learning environment.

You will get to meet our EYFS team and explore our area.

Each session will have a theme so you are welcome to come dressed to match.

Thursday 28th November - Celebrations

No need to book just head to the school reception on the day

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.

we are
cycling
UK

#WakeUp
Wednesday®

The
National
College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

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yt @wake.up.weds

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The Porthleven Choir Crew

Join us for a fun musical adventure! If you love singing,
we want YOU to be part of our choir!
(Secure you place through ParentPay)

Every Wednesday
3.20 pm - 4 pm





Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Saturday, 16th November 2024

Doors Open at 10:00 a.m.

Porthleven Public Hall & Women's Institute
Wellington Road, Porthleven

✨ Get Ready for a Festive Day! ✨

 Handmade Christmas Gifts – unique treasures made by our W.I. ladies!

 Homemade Jams, Marmalades & Cakes 

Local Traders - discover one-of-a kind Christmas finds!



 Delicious Breakfast, Lunch, Snacks & Cakes 

Join us for a Christmas shopping!

Bring a friend, support local and start the Christmas season with festive cheer!



Helston Community College

PTFA Christmas Craft Fayre

Refreshments, hot food,
childrens crafts, and an array
of delightful festive stalls

Saturday

30th November

Time 11am-3pm

North Site Hall

