

# ALL HALLOWS EVE



Free Family Event!



Halloween Crafts



Graveyard Treasure Hunt



Seasonal Refreshments

at St Bart's Porthleven

1-3pm 31st Oct

All children  
must be  
accompanied by a  
responsible adult  
Thank you!



Jam Jar Theatre Company  
Presents

# How a Jellyfish Saved the World

A NEW CHILDREN'S MUSICAL

NOV  
02

2:30pm

FALMOUTH  
UNIVERSITY



AMATA

THE AMATA ARTS CENTRE, PENRYN CAMPUS  
FALMOUTH UNIVERSITY, CORNWALL, TR10 9XL

£8

[WWW.FALMOUTH.AC.UK/ARTS-CENTRE](http://WWW.FALMOUTH.AC.UK/ARTS-CENTRE)

BOX OFFICE 01326 259349



Supported using public funding by  
ARTS COUNCIL  
ENGLAND

the  
seagull  
transforming our community through the arts



Jam Jar Theatre Company  
Presents

# How a Jellyfish Saved the World

A NEW CHILDREN'S MUSICAL

**Clyde the jellyfish needs a forever friend. When he mistakes a plastic bag for a total jellybabe, will they discover a life in plastic is not so fantastic?**

**Jam Jar Theatre Company presents a heart-warming, tentacle-tapping, puppetry musical.**

**PLUS!**

**MAKE YOUR OWN RECYCLED JELLYFISH!**

**Make your own recycled jellyfish workshop:  
before or after the show!  
(£3, separate booking required.)**

**Suitable for ages 4-11**

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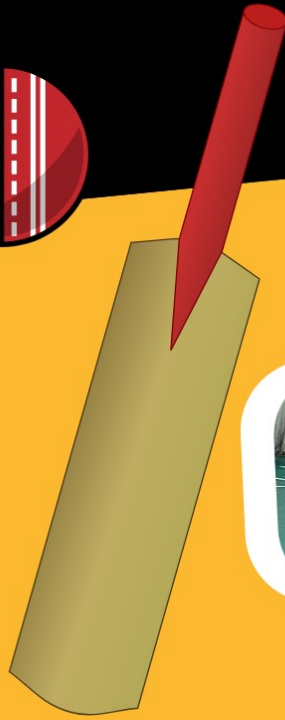
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ENGLAND**





Softball and Hardball

# CRICKET HOLIDAY CAMPS



**CORNWALL CRICKET CENTRE**  
**MONDAY 28TH OCTOBER**  
**TUESDAY 29TH OCTOBER**  
**WEDNESDAY 30TH OCTOBER**  
**FRIDAY 1ST NOVEMBER**



For dates and availability scan the QR code or visit the website address below.

Limited Free places available for low income families email [admin@cornwallcricket.co.uk](mailto:admin@cornwallcricket.co.uk) for details

[cornwallcricket.co.uk/boys-girls/holiday-camps.html](http://cornwallcricket.co.uk/boys-girls/holiday-camps.html)

# JOIN US FOR A CORNISH HALLOWEEN



## ALLANTIDE!

### 31ST OCT 10AM-4PM

Site Entry **FREE**

Tulip Planting **FREE**

Tree Planting **FREE**

Badge Making **£1**

Pumpkin Trail **FREE**

Allantide Apples **£1**



Join us for a fun-filled day of nature and Cornish heritage as we explore the seasonal change through the traditions of Allantide. We invite you to bring a picnic to enjoy in our open and sheltered spaces. Hot drinks and snacks will be available from our new site shop.

**KEHELLAND TRUST**  
**TR14 0DD**  
**01209 613153**

Well behaved  
dogs on  
leads  
welcome





# SPOOKY REDRUTH

A series of FREE "spooky"  
workshops and activities this  
October Half-Term

**SAM BRADBURY ART WORKSHOP**  
Saturday 26th October 10am - 12pm

**SAM BRADBURY ART WORKSHOP**  
Monday 28th October 9:15am - 11:15am

**SPOOK-TACULAR SILENT DISCO (11+)**  
Wednesday 30th October 6 - 7pm (booking required)

**PUMPKIN CARVING SESSIONS**  
Fully booked

REDRUTH LIBRARY, ALMA PLACE, TR15 2AT  
[discoverredruth.co.uk/spooky-redruth](http://discoverredruth.co.uk/spooky-redruth)





 buglife.org.uk



# Make a Home for Bees

Join 'Kernow Wyls' Conservation Officer, Scott, and Redruth Town Council for a fun filled morning making bee & bug hotels!



**FREE to attend and no need to book. Just drop-in! Materials provided.**

**Date: Friday 01 November**

**Time: 10am - 12pm**

**Location: Redruth Civic Centre,  
Redruth, TR15 2AT**



**\*Children must be accompanied for this event\***



Any questions please contact Scott  
([scott.martin@buglife.org.uk](mailto:scott.martin@buglife.org.uk))



'Kernow Wyls' made possible with The National Lottery Heritage Fund,  
with thanks to National Lottery players.

**REDRUTH TOWN COUNCIL**

Monday  
25th Nov

19:00 - 20:00

FREE



## FREE SESSION

### Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression.

Thursday  
7th Nov

19:00 - 21:00

£24



## Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
12th Nov

19:00 - 21:00

£24



## Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Monday  
18th Nov

19:00 - 21:00

£24



## Understanding Anger: Yours and Theirs!

What is anger? Why do we have it? How do we manage it in ourselves and in our children?

Thursday  
21st Nov

19:00 - 21:00

£24



## Supporting Healthy Screen Use

Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.



# OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

**Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)**

<p><b>FREE SESSIONS</b></p> <p><b>Introduction to Facing Defiance</b></p> <p><b>Decreasing Depression</b></p>	<p><b>24 OCT</b></p> <p><b>25 NOV</b></p>
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV
Understanding the Teenage Brain	2 DEC