



PORTHLEVEN NEWS

Friday 15th November 2024

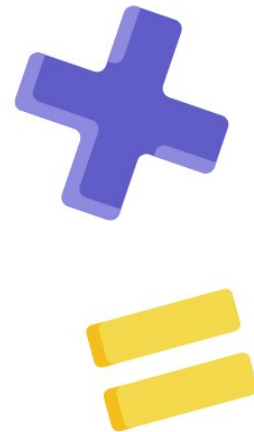


On Friday 20th December, our last day of term we will be raising money for Cornwall Hospice Care with a Reindeer Roundup!

Sponsorship forms will be heading home over the next week

If you would like to donate we also have the link below.

https://www.justgiving.com/page/porthleven-school-1731931804359?utm_medium=fundraising&utm_content=page%2Fporthleven-school-1731931804359&utm_source=copyLink&utm_campaign=pfp-share



Information sent home this week

- Attendance letter
- Year 5 Residential
- Panto letter
- KS2 Trip

Clubs

Club bookings are live on ParentPay .
NO Maths Whizz Club on Tuesday 19th November

PE Days

YR Rainbowfish - Monday
Y1 Seahorses - Tuesday
Y2 Jellyfish - Thursday
Y3 Narwhals - Monday
Y4 Swordfish - Wednesday
Y5 Manta rays - Thursday
Y6 Dolphins - Friday



CLASSROOM

News

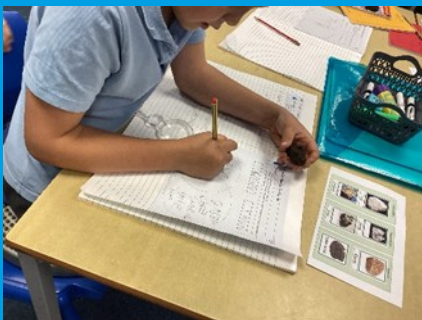
Nursey

The children all settled back into nursery happily after the half term break. We have begun our topic on Celebrations. Last week, the children were learning about birthdays and how we like to celebrate them. Our book of the week was Mog's birthday. The children enjoyed making Mog birthday cards, wrapping him presents and baking cupcakes to celebrate his birthday. This week we have started to talk about the Nativity, listening to and practicing the songs we will be singing in our play. We have also looked at weddings and how they may be celebrated. Some of the children have been designing wedding outfits. The children have enjoyed our book of the week which was The Gruffalo's child. The ice play we have had linked into this, has evoked lots of conversations linked to winter. In maths the children have been busy learning about pattern and they have taken part in lots of alliteration games in phonics.



Year 3

This half term, we have started our new history topic of The Stone Age and in science we are learning about Rocks and Soils. In our first few science lessons, we have been drawing cross section diagrams of different chocolate bars such as Aero, Bounty and KitKat and linking these to how different rock types look like with bubbles, crystals and layers inside. This week, we classified rocks by studying them with lenses and sorting them on Venn diagrams into different groups. We will be learning about the Rock cycle over the next few lessons





Attendance

Class	Attendance this week
Rainbowfish — YR	90%
Seahorses — Y1	96.2%
Jellyfish — Y2	98.8%
Narwhals — Y3	98.9%
Swordfish — Y4	98.5%
Manta Rays — Y5	95.6%
Dolphins — Y6	97.9%
WHOLE SCHOOL	96.49%

Well done to the
**Narwhals
Class**
for the best
attendance this
week!

Team Points

Running totals

Penrose: 4

Gibson: 4

Methleigh: 6

Cookworthy: 6

Our winners this week are the

Methleigh TEAM!

Well done!



ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
	39,531	509,745	108,137	147,671
Highest Pupil Weekly Word Count				
	Noah	Lowen	Coral	Ewan
100% achievers – Who has achieved their target?				
		Lottie, Lowen	Ivy	

$$y = mx + b$$

Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 28%

Narwhals: 34%

Swordfish: 100%

Manta Rays: 89%

Dolphins: %

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$\frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

$$ax^2 + bx + c = 0$$



School Messages

Non-uniform day

On Friday 29th November we have a rainbow non-uniform day. In return we ask that each child brings in a donation for the school rainbow raffle. Below is the colour for each class to wear and the colour of their donation. More info to follow on what colour each class will be.



Reception and nursery family sessions

On Thursday 21st November, 9-10am we would like to invite parents into the Reception and Nursery classroom. This session will need to be booked via the link below and is limited to 10 parents per class.

Reception class booking form <https://forms.gle/7UrriFYbPPrAjfdw9>

Nursery class booking form <https://forms.gle/KPtjRvpjce9Ve8mp7>

Makeup

Make up is not part of school uniform and should not be brought into school

National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>



Christmas School Messages

Panto Trip

On Friday 13th December we will be heading to the Hall for Cornwall to see Jack and the Beanstalk as a whole school trip. More information and how to pay for this trip has gone home this week.



Everyone Loves A Baby

On Tuesday 10th December EYFS will have their first show at 2pm and their second show on Wednesday 11th at 5.30pm. Each child will receive 2 tickets per show. More information to follow.

Christmas Karaoke

On Tuesday 10th December KS1 will have their first show at 5.30pm and their second show on Wednesday 11th at 2pm. Each child will receive 2 tickets per show. More information to follow.



Next Week's Menu

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese 	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Fish Fingers Served with Chips
	BBQ Quorn Fillet Served with Wholegrain Rice	Quorn Sausages Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta 	Cheese and Sweetcorn Omelette Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

PACKED LUNCH

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Diary Dates

Date	Event
Monday 18th November	Coffee and support afternoon 2-3pm
Friday 29th November	Rainbow non-uniform day
Tuesday 10th December	EYFS performance afternoon
Tuesday 10th December	KS1 Performance 5.30pm
Wednesday 11th December	KS1 Performance Afternoon
Wednesday 11th December	EYFS performance 5.30pm
Thursday 12th December	Christmas Fair
Friday 13th December	Jack and the beanstalk trip
Friday 20th December	Reindeer Fun Run
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY
18th - 20th June	Year 3 Residential
2nd - 4th June	Year 4 Residential
9th - 11th June	Year 5 Residential
14th July - 18th July	Year 6 Residential

Coffee Afternoon & Support



Come along and meet our team of family, parent and family information service workers.

They are here to give advice, support and answer any questions you may have.



Porthleven School Hall
Monday 18th November
2-3pm



What Parents & Educators Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

WHAT ARE THE RISKS?

SCAMS AND BLACKMAIL

Predators can exploit Snapchat's disappearing messages feature by, for example, telling a user they have naked photos of them (regardless of whether it is true or not) and will share them online unless they send them money. Teens then (understandably) panic and worry about the long-term consequences. Snapchat's own research found that 65% of teenagers had experienced this – either on this app or others.

EXCESSIVE USE

Snapchat works hard on user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight'. It claims the content shown here is relevant to each user, but it could also be seen as an easy way to hook users into watching videos endlessly. Furthermore,

INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy if a young person compares themselves unfavourably with other users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

VISIBLE LOCATION

A feature called 'SnapMaps' highlights your device's exact position on a virtual map, which is visible to other users. There are options to restrict who can see this information: all friends, selected friends or just you. Snapchat also has real-time location sharing, which is intended as a buddy system to help friends keep track of each other – but it could also be used to track a young person for more sinister reasons.

Advice for Parents & Educators

SET CONTROLS VIA FAMILY CENTRE

Snapchat has parental controls called 'Family Centre'. You must invite a child to the Family Centre for them to join. This allows you to view their friends list, see who they have chatted with in the last 7 days (but not to view the specific messages) and report any concerns.



TALK ABOUT REAL LIFE SCAMS

If a young person is mature enough to have Snapchat, then they are mature enough to have a conversation about scams, nudes and blackmail. Have this discussion before you let them join. Share some real-life examples. Discuss the importance of never adding strangers and discourage them from sharing nudes. If they are lured into a scam, encourage them to tell you immediately, then block and delete the predator and screenshot any evidence.



DISCUSS AI

Although My AI's responses can often give the impression that it's a real person, it's essential that young people remember this certainly isn't the case. Encourage children to think critically about My AI's replies to their questions: are they accurate and reliable? Remind them that My AI shouldn't replace chatting with their real friends, and that it's always better to talk to an actual person in relation to medical matters.



CHAT ABOUT CONTENT

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it's important to talk openly and non-judgementally about sexting. Remind children that once something's online, the creator loses control over where it ends up – and who else sees it. Likewise, it's vital that children understand that some 'challenges' which become popular on the platform may have harmful consequences.



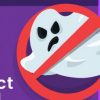
KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Snap Stories are visible to everyone a user adds unless they change their settings. On SnapMaps, their location is visible unless Ghost Mode is enabled. It's safest for a child to avoid adding people they don't know in real life – especially since the addition of My Places, which allows people to see where users regularly visit.



BE READY TO BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can select the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.



Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>



Porthleven School & Nursery

Torleven Road, Porthleven TR13 9BX

Pre - School Stay & Play

Thursday 24th October & 28th November 2024

1:30 - 3:00pm



Call: 01326 562249

Email: porthlevensecretary@croftymat.org

Stay & Play sessions 1.30 - 3.00pm

We would like to invite any pre-school children to come and spend some time with their adult in our learning environment.

You will get to meet our EYFS team and explore our area.

Each session will have a theme so you are welcome to come dressed to match.

Thursday 28th November - Celebrations

No need to book just head to the school reception on the day

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.

we are cycling UK

#WakeUpWednesday

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

The Porthleven Choir Crew

Join us for a fun musical adventure! If you love singing,
we want YOU to be part of our choir!
(Secure you place through ParentPay)

Every Wednesday
3.20 pm - 4 pm





Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.