



PORTHLEVEN NEWS

Friday 10th October 2024

Harvest

Porthleven School will be celebrating Harvest at St. Bartholomew's Church next Wednesday at 1.30pm. The children have been practising their singing with great enthusiasm to performing at the church.

Like previous years we would like to make food donations to the Helston Lizard Foodbank. Donations can be brought to school and we ask that they are items listed on the food banks page which currently is, small jars of coffee, custard, tinned rice pudding, tins of fruit, sponge puddings, long life juice, washing powder, deodorant.

Any contribution would greatly appreciated.

Parents and carers are very welcome to join us for the service and I hope many of you will be able to attend.



Information sent home this week

- Cornish Cottage Christmas Card Comp
- Christmas card order forms
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INSET DAY

Reminder that Monday 14th October is a staff training day. The school is closed to pupils.



PE Days

YR Rainbowfish - Monday
Y1 Seahorses - Tuesday
Y2 Jellyfish - Thursday
Y3 Narwhals - Monday
Y4 Swordfish - Wednesday
Y5 Manta rays - Thursday
Y6 Dolphins - Friday



CLASSROOM

News

Nursery

Another busy week has been had by Angelfish. This week in our topic All about me, we have been busy learning about people who help us. We have talked about who helps us at home, school and in the community. The children have been on a walk around school looking out for the people who help us, e.g. the cooks, school administrator and the head teacher. They have enjoyed putting on puppet shows using our people who help us puppets.

Our book of the week was 'Don't Hog the Hedge'. The children have really enjoyed learning about animals that hibernate, especially hedgehogs. They have had the opportunity to create hedgehog pictures using spaghetti for the spikes. During Welly boot Wednesday the children made model hedgehogs out of clay and sticks. Some of the children made edible hedgehogs during our toddler group session.



Year 3

This term the Narwhals have been learning various songs on their ukuleles. They've been practising 'A Sailor went to Sea' and 'Frère Jacques', where they changed the words to make a chocolate based song! They have been fantastic with learning the chords, strumming and even finger picking! They have also started to learn another language. They've been learning how to greet people in French and they are making a great start!





Attendance

Class	Attendance this week
Rainbowfish — YR	96.15
Seahorses — Y1	95.73
Jellyfish — Y2	93.06
Narwhals — Y3	98.35
Swordfish — Y4	96.30
Manta Rays — Y5	97.12
Dolphins — Y6	89.81
WHOLE SCHOOL	95.33

Well done to the
**Narwhals
Class**
for the best
attendance this
week!

Team Points

Running totals

Cookworthy: 14

Penrose: 16

Gibson: 12

Methleigh: 8

Our winners this week are the

GIBSON TEAM!

Well done!



ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
	25,192	183,913	235,303	232,558
Highest Pupil Weekly Word Count				
	Violet	Esmay	Ayva	John
100% achievers – Who has achieved their target?				
	Eliza, Arlo	Lowen, Evie, Lottie, Esmay, Gracie	Sophia, Ivy, Ayva, Abigail	John

Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 20%

Narwhals: 81%

Swordfish: 96%

Manta Rays: 96%

Dolphins: 71%

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$ax^2 + bx + c = 0$$

adj

School Messages

World Mental Health Day—Thursday 10th October

On Monday, Mr Clayden started this week with an assembly on the importance of mental health to raise awareness of World Mental Health Day at Porthleven School. We all came to school wearing something yellow.

Let's work together to combat poor mental health and foster an environment where everyone can flourish.

#WorldMentalHealthDay



Wanted

Mrs Penrose is on the look out for a tipi tent for reception and nursery. If you would like to donate one to the school please see Mrs Penrose.

LEGO

This year's Lego team are on the look out for original Lego to help with the expansion of the club this year. Please take any donations to the school office.

National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>

Cross Country Race 2

Tuesday 15th October Mullion School - Sign up form below

<https://forms.office.com/e/A4UpfVge1n>





Christmas School Messages

Christmas Card Project

After the success of last years Christmas cards, we will once again be creating Christmas designs which can be professionally printed to produce personalised Christmas Cards, Gift Labels, Wrapping Paper and/or Mugs.

Orders and payment must be made online using the unique code located at the top of the pupil order form. Please refer to your order form for further instructions.

All artwork where orders have been placed must be returned to school by: Monday 21st October

Cards will be delivered by the beginning of December.

Designs and order forms should be going home this week if you don't already have your child's.

Video on how to order below

<https://www.youtube.com/watch?v=t7ACsObwql4>



The Cornish Cottage Holidays 2024 Christmas Card competition

We are delighted to launch our annual art competition, and we would love it if Porthleven school would like to take part!

This year, in celebration of the RNLI's 200th anniversary, we would like to invite local children to design us a Christmas card that not only celebrates the festive season, but also has a 'safety at sea' theme! Read our handy entry guide attached to find out more. Also attached is the entry form.

One lucky competition winner will win art supplies worth £50 and a bundle of Christmas cards in their design, plus their school or setting will receive £200 for its art department!

If you would like a printed entry form, please collect from the school office.

Porthleven school can submit entry forms, please drop to the school office by Monday 21st October to be scanned in and sent to be judged.



Panto Trip

On Friday 13th December we will be heading to the Hall for Cornwall to see Jack and the Beanstalk as a whole school trip. More information on this trip to follow.



BREAK THE RULES

DAY!

For one day only, children at Porthleven school will be allowed to break any of the rules below on Friday 18th October!

Each rule costs 50p to break.

Please tick the rules you break and return with your donation to your teacher on the day.

#1

You must wear school uniform fancy dress is not allowed

#2

You must NOT have crazy hair!

#3

You must NOT wear face paint or glitter!

#4

You must NOT paint your nails!

#5

You must NOT wear temporary tattoos!

#6

You must NOT have Chocolate for break!

All funds raised will go towards a whole school trip

Next Week's Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	HOT SPECIALS	Cheese and Tomato Pizza 🌱 Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Chicken 🍷 Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake 🍷	Fish Fingers Served with Chips
		Tomato and Herb Lentil Pasta 🌱 🍷 🍷	Vegetarian Sausage 🌱 Served with Mashed Potato and Gravy	Cheese and Onion Slice	Meatless Balls in Tomato Sauce 🌱 Served with Rainbow Rice	Quorn Dippers 🌱 Served with Chips
	JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷						
All main meals are served with two vegetables						
DESSERT		Chocolate Brownie 🍷 🍷	Strawberry Jelly	Banana Cake 🌱	Lemon Sicilian Cookie	Chocolate Ice Cream
PACKED LUNCH AVAILABLE Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day		AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit		🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice		

WIN PRIZES



SPIN TO WIN

Find a sticker on the bottom of your plate and spin the wheel to win a prize

Every Tuesday and Thursday Lunchtime



Diary Dates

Date	Event
Monday 14th October	INSET DAY
Tuesday 15th October	Cross Country race 2 reception/KS1/KS2 at Mullion School
Friday 18th October	Break the Rules day
Tuesday 22nd October	Film Club - more information on how to book next week.
Thursday 24th October	Spooky Disco (see information attached)
Monday 4th—8th November	Parents evenings– more info to follow
Wednesday 6th November	Cross Country race 3—KS2 HCC north site
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY
18th - 20th June	Year 3 Residential
2nd - 4th June	Year 4 Residential
9th - 11th June	Year 5 Residential
14th July - 18th July	Year 6 Residential



Do you want to help improve the life chances of every child in your school?

- ***Do you want to help make a difference?***
- ***Looking for a new challenge and want to support your local community?***
- ***Can you spare some time to help us?***

We would like another Two parents to join the existing team of parents, community members and staff who work together as our Local Governance Committee.

As a governor you can help make a difference to every child in the school – by being a critical friend and both supporting and challenging the school's leadership team to drive school improvement.

You do not need previous experience of governance or education – just *the motivation to make a difference and the willingness to commit your time and energy.*

The Local Governance Committee meets every half term on a Monday at 6pm.

If this sounds like you and you would like to find out more then please contact the school office by **18th October 2024** for further information and how you can apply, email porthlevensecretary@croftymat.org or ask at reception.



PORTHLEVEN SCHOOL PTA



SPOOKY disco

Please join us at
Porthleven School

Thurs 24 Oct

EYFS & KS1 5-5.45pm

KS2 6-7 pm

**£2 per child
pay on the door**

free drinks
50p sweet bags available





What Parents & Carers Need to Know about WHATSAPP



WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts, photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients; not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted – it only related to WhatsApp's business features, not to personal messages.

WHAT ARE THE RISKS?

SCAMS

Fraudsters occasionally send WhatsApp messages pretending to offer prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to help with an emergency.

DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear in 24 hours, 7 days or 90 days by default. Photos and videos can also be instructed to disappear after the recipient has viewed them. These files can't be saved or forwarded – so if your child was sent an inappropriate message, it would be difficult to prove any wrongdoing. However, the receiver can take a screenshot and save that as evidence.

ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.

POTENTIAL CYBERBULLYING

Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for someone's feelings to be hurt by an unkind comment or joke. The 'only admins' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

CONTACT FROM STRANGERS

To start a WhatsApp chat, you only need the mobile number of the person you want to message (the other person also needs to have the app). WhatsApp can access the address book on someone's device and recognise which of their contacts also use the app. So if your child has ever given their phone number to someone they don't know, that person could use it to contact them via WhatsApp.

LOCATION SHARING

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. WhatsApp describes it as a 'simple and secure way to let people know where you are.' It is a useful method for a young person to let loved ones know they're safe – but if they used it in a chat with people they don't know, they would be exposing their location to them, too.

Advice for Parents & Carers



CREATE A SAFE PROFILE

Even though someone would need a child's phone number to add them as a contact, it's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing one of the latter two ensures that your child's profile is better protected.



EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should block them using 'settings' in the chat. Communication from a blocked contact won't show up on their device and stays undelivered. Blocking someone does not remove them from your child's contact list – so they also need to be deleted from the address book.



REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the option to report it as spam. If the sender claims to be a friend or relative, call that person on their usual number to verify it really is them, or if it's someone trying to trick your child.



LEAVE A GROUP

If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.



THINK ABOUT LOCATION

If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to. WhatsApp gives a range of 'live location' options, and your child should manually stop sharing their position as soon as it is no longer needed.



DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the user seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.



CHECK THE FACTS

You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was true or not.



Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



National Online Safety

#WakeUpWednesday



Porthleven School & Nursery

Torleven Road, Porthleven TR13 9BX

Pre - School Stay & Play

Thursday 24th October & 28th November 2024

1:30 - 3:00pm



Call: 01326 562249

Email: porthlevensecretary@croftymat.org

Stay & Play sessions 1.30 - 3.00pm

We would like to invite any pre-school children to come and spend some time with their adult in our learning environment.

You will get to meet our EYFS team and explore our area.

Each session will have a theme so you are welcome to come dressed to match.

Thursday 24th October - Autumn

Thursday 28th November - Celebrations

No need to book just head to the school reception on the day

CMST AT PORTHLEVEN SCHOOL

RECORDER CLUB

FRIDAY LUNCHTIMES



£3 PER SESSION

LTHRUSSELL@CMST.CO.UK

WWW.CMST.CO.UK/SIGNUP



CMST
ILOW RAG OLL



MUSIC

Great News!

Guitar, Bass and Ukulele lessons with local musician Emilio Ayto are now available at Porthleven school that will be provided by Cornwall Music Service Trust.

In order to get your child's musical journey underway please sign up on our website: www.cmst.co.uk

For more information please email the tutor at: eyto@cmst.co.uk

Hear Music. Learn Music. Play Music.



CMST AND ASONE
MUSIC

Learn The Ukulele
With Us

PARC EGLOS
SCHOOL
SATURDAY
MORNINGS
10:30-12

LET'S LEARN
AND PLAY!

LEARN:

- How to play ukulele
- Ukulele chords
- Basic strumming patterns

For more information, please contact:
SSCOTT@CORNWALLMUSICSERVICETRUST.ORG

CMST
FLOW BAG OIL





Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.