



CULDROSE COMMUNITY CENTRE

NEWSLETTER

We welcome service families based in Helston and the surrounding area and community to enjoy a range of facilities, events and activities.

Your community hub

The Culdrose Community Centre is a purpose-built facility that provides resources and events for the entire local community in and around Helston, Cornwall.

The Community Centre aims to create a friendly and welcoming atmosphere that offers families a sense of belonging and mutual support in a warm relaxed environment.

Actively engaging with the community centre provides a really important social outlet and helps to develop a support network among other Service families. Interested? Come into the Centre and join the community.

The team are part of the Royal Navy Family and People Support (RN FPS) West, based at Culdrose Community Centre.

Enquiries about the hire of the centre or to ask about events, should be made by calling the team on **01326 565132** during opening hours or Email:

navypeople-psrnfpsculd@mod.gov.uk

If you are in crisis or need professional support, the Portal can provide specialist advice and guidance on personal or family matters.

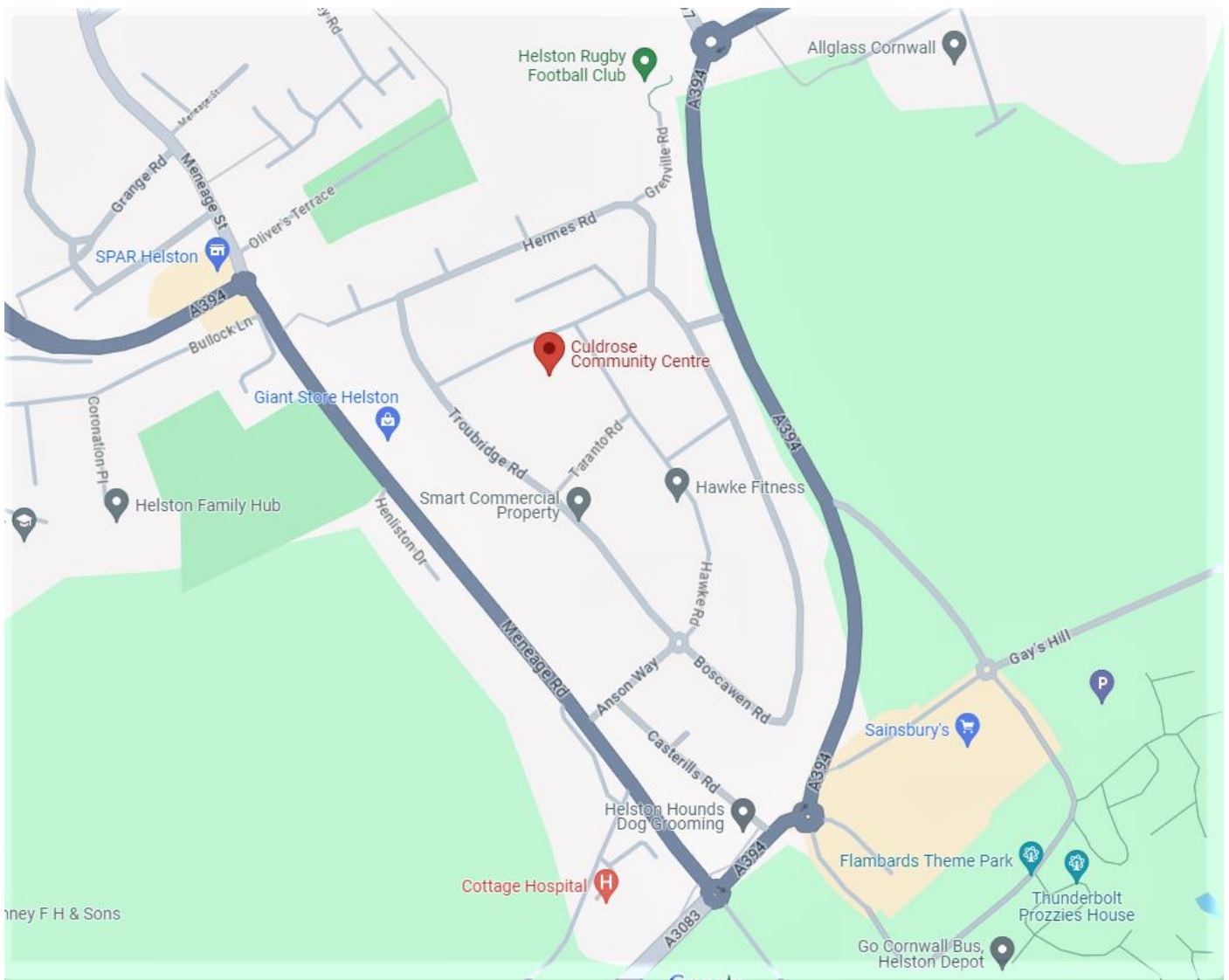
Monday to Friday - 0800 to 2000

Saturday and Sunday (and Bank Holidays) 0900 to 1600

Telephone: **0800 145 6088**

Email: navypeople-psrnfpsportal@mod.gov.uk





Where to find us - TR13 8DJ

CONTACT HOUSES

(ALSO KNOWN AS Short Term Family Accommodation)

There is 1x 4 bed on the top patch and 1x 3 bed on the bottom patch area. These are fully equipped and fully furnished. The prime purpose is to provide convenient and affordable accommodation to single parents in the Services who have contact rights to their children. They also are available for use by other single and married service personnel for visiting family, R&R etc, when not booked by those with contact rights. MoD civilians may also use the house. For prices and more information please contact Accommodation Team –

ACCOMMODATION NUMBER - 01326 552683

RN FPS case workers information

RN FPS

Royal Navy Family and People Support provide Information, Community and Casework service to both Naval Service Personnel and their families.

“To provide accessible support services that strengthen and enhance the resilience and resourcefulness of Naval Service personnel, their families and communities in order to contribute to the Moral Component and optimise Operational Capability.” - RNFPS Mission Statement

Information

A high-quality information service, both face-to-face and across several digital platforms with provision of information and guidance on relocation; bespoke information for deployment, including the Deployment - Families Information Pack; managing updates onto the Royal Navy Website, RN Forum and Official Facebook Page/Platforms, including those for Naval Service Units.

Community

A wide range of community initiatives including regular activity programmes close to Naval Service establishments; bespoke events, including the critical area of Deployment Support; recruitment and training of volunteers; youth work, including the tri-Service Youth Forum; partnership work with external stakeholders.

Casework

A specialist and professional casework service offering confidential advice, support and counsel to all wherever they are in the Chain of Command or family unit; an out of hours emergency service 365 days of the year; allocation of Visiting Officers for all casualties listed seriously ill (SI) and above; undertaking compassionate investigations, assessments and recommendations; liaison and partnership with key stakeholders to ensure the best possible outcome for our people.

The RNAS Culdrose casework team have offices in the Medical Centre, the Community Centre, and the Princess Royal Building. Drop-in sessions for advice and guidance will become available soon (details to follow).

Access to casework is through a single point of contact called the RN FPS Portal:

Phone - 0800 145 6088 (Freephone) 02392 728777

Email: navypeople-psrnfpsportal@mod.gov.uk

The office is open: Monday to Friday- 0800 – 2000
Saturday and Sunday- 0900 - 1600

Royal Navy Police (RNP)

RNP Office (8-4 Mon to Thur / 8-12 Fri)– 01326 552293

Crimestoppers (anonymous) – 0800 555 111



What we do...

Policing for RNAS Culdrose service personnel and reducing crime where needed within the base and squadrons. We also conduct community engagement supporting the Married Quarters and liaise with Devon and Cornwall and local PCSOs.

If you have seen/heard something and wish to report it, please contact us on the number above or alternatively you can pop in and chat to the Culdrose Community Centre team during office hours.

For local information, support and to report an incident please contact 111 or in an emergency 999

SEE IT, SAY IT SORT IT

Pinnacle Group

VIVO

Housing Surgery

Drop in and see your local Housing Representatives from Pinnacle and VIVO

Discuss issues in your home

Your local Housing Officer and the Customer Solutions Team from Pinnacle will be present at the Housing Surgery to discuss any issues you are experiencing in your home. If they are unable to help you on the day, they can assist in chasing outstanding repairs and raising new ones to ensure you are satisfied with the outcome of your visit. VIVO's Repairs Liaison Officer will be present to assist you with any repairs that have been raised but not completed.

Meet the team

If you are not already familiar with your local housing representatives, this is a fantastic opportunity to come along and meet our team

Culdrose Community Centre
1st Wednesday of every month 10:00-11:00

Defence Infrastructure Organisation

Housing Clinic is held every 1st Wednesday of the month at the centre, where representatives from Vivo and Pinnacle attended. Bill, Pinnacle Housing Officer, can answer any housing needs; advice on moving in and out of SFA housing, liaising with Home Services Allocation, Damp and Mould Triage. Sam, Vivo's Repair Liaison Officer, can discuss and investigate any outstanding repairs within the SFA home, Liaise with Complaints and Damp and Mould Team. Please feel free to meet with both at the monthly clinics or alternatively please contact Pinnacle Home Services on 0800 031 8628 or [Pinnacle Service Families - Pinnacle Service Families](#). For Repairs, contact Sam on RLOplymouth@vivodefence.com.


Come and join in the fun

– everyone welcome service personnel, service families and our civilian community

There may be a donation required at some of these events this will be cash only.

Please see the weekly programme and RN FORUM for further information

RN FPS
Breast Intentions
 Feeding your new baby can feel daunting, but you're never alone. Everyone welcome, chat to one of our qualified peer supporters, friendly space, cups of tea/coffee and we have cake!
 Breastfeeding & expressing families welcome.
Culdrose Community Centre



£1 contribution | Monday | 1000-1200
 Mondays only during term time
 Email: navypeople-psrnfpscuid@mod.gov.uk
 Tel: 01326 565132

Happy Crafters



0930 - 1130
 at Culdrose Community Centre.
 Come and join in!
 Crafts, Cuppa, Social and Information.
 All ages welcome.
 £1.50 Donations for beverages and craft materials.

CULDROSE
COFFEE MORNING
 Every Wednesday 0900-1200 *With a twist!*
 1st Wednesday of each month - Housing Clinic
 3rd Wednesday of each month we have different organisation or agency will attend to promote their services within the community
Check in and chat
Tea and Coffee available

ROYAL NAVY & ROYAL MARINES CHARITY **YOUTH MUSIC** **HOME START** Kernow



Culdrose Group
 Thursdays 09.30 - 11.00
 Culdrose Community Centre



RN FPS YOUTH Provision

15.45-16.45: 5-7 yr olds
 17.00-18.30 8-11 yr olds
 19.00-20.30: 11+ Senior drop in

For more information please contact
navynps-peoplesprnfpscuid@mod.gov.uk
 or call 01326565132
 Not on the last Wednesday in the month

ROYAL NAVY FORUM
 INFORMED - INVOLVED - INTOUCH
 A Safe, Secure area for Family Engagement

- Topics**
 - Keep informed with Service-related updates by visiting the 'Topics' area where you will find information from MOD Departments, NAVY Command, external organisations, and Charities.
 - View and download useful resources.
 - Subscribe to areas of your choice and receive updates to your inbox.
 - Get involved in the discussions and provide your feedback and ideas.
- Groups**
 - Join the groups that you are most interested in and keep in touch by receiving notifications of any updates.
 - Join in on discussions specific to your Serving Persons Unit.
 - Build friendship groups with like-minded people in a safe environment.
 - Share your experiences, ideas and knowledge.
- Events**
 - Keep up to date with events and activities specific to Service families.
 - Use the links to the online booking forms.
 - Share your feedback and photos with other members.
- News**
 - Read about what has been going on within the RN Community.
 - Keep up to date with news from Deployed Units.

<https://forum.royalnavy.mod.uk>
www.royalnavy.mod.uk

Some of the activities @CCC require personnel and families to sign in and register for a space. Please sign up for this site to access more information.

FWG Days Out 

FREE DAYS OUT FOR FAMILIES

For RN Families, funded from the Family Welfare Grant (FWG) & supported by Royal Navy Family & People Support

FWG days out. These are FREE days out if your loved one is Deployed. These days out are up and down the whole of the UK from Lands End to as far as Scotland. Visit the RN FORUM for more information and to sign up.

AUTUMN & WINTER EVENTS LIST

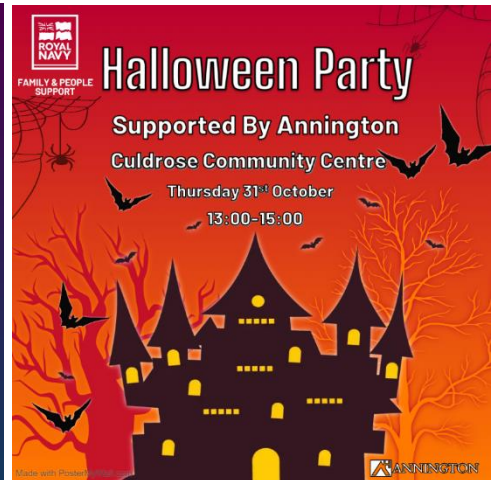
Facebook – Friends and Families of Culdrose & RNAS Culdrose & RN Forum



This is a turn up event for all



Limited tickets for this event, this event has in the past been very busy.



Halloween crafts and Gory Gourmet



Selection of local craft stalls



Bingo Adult event, please feel free to bring your own refreshments, though tea, coffee and squash will be available on the night



Christmas children's party with an Entertainer and Santa HO HO HO

Booking is essential for Halloween Disco, Halloween party and children's Christmas party event. Please take note of the posts on Facebook and the RN Forum this will guide you to where to book.

Cash only for the donation's events – Disco and Bingo night

militarywives
Choirs
Culdrose



Come and join us on a Thursday Evening

At Culdrose Community Centre, Hibernia Road, TR13 8DH

New joiners welcome

7 PM for cake and tea then singing from 7:30-9:00 PM

All ladies with a military connection are welcome.

No experience necessary.

For more information email
culdrose@militarywiveschoirs.org

Colouring Competition



NAME :

AGE:

TEL NO:

1st 2nd & 3rd prize – please return to the Community centre by 14th October 2024