



# PORTHLEVEN NEWS

Friday 4th October 2024

## World Mental Health Day—Thursday 10th October

On Thursday 10th October Porthleven School will be raising awareness of World Mental Health Day by wearing something yellow to school. This could include clothing with yellow stripes, spots or even just a yellow ribbon in your hair.

Let's work together to combat poor mental health and foster an environment where everyone can flourish.

#WorldMentalHealthDay



## Information sent home this week

- Year 3 Camp deposit letter
- Year 4 Camp deposit letter
- Year 6 School Admission info
- Payment for extra leavers hoodies
- Cornish Cottage Christmas Card Comp
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## Play Group

On Tuesday Mornings, at Porthleven School, we hold a playgroup for children under 5.

Pop along for a coffee and snack  
9.10am - 11am

£2 per family

## PE Days

YR Rainbowfish - Monday  
Y1 Seahorses - Tuesday  
Y2 Jellyfish - Thursday  
Y3 Narwhals - Monday  
Y4 Swordfish - Wednesday  
Y5 Manta rays - Thursday  
Y6 Dolphins - Friday

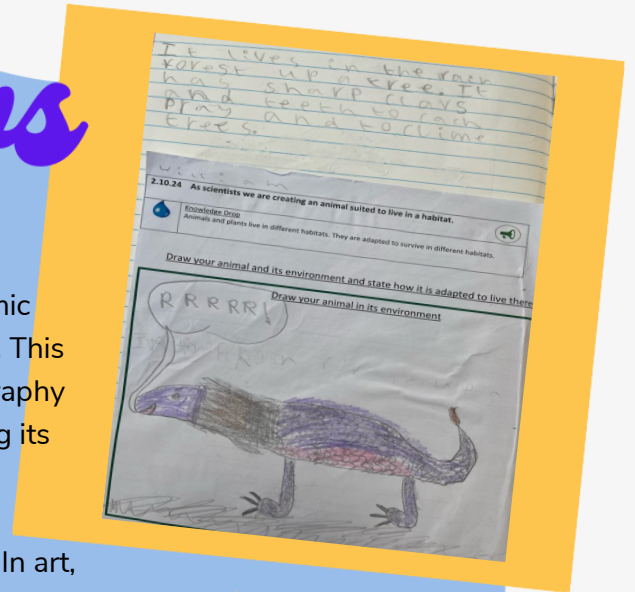


# CLASSROOM

## News

### Year 2

Jellyfish have all settled in beautifully to the new academic year and are already producing some high-quality work. This week has been incredibly busy for the children! In geography they delved into the fascinating Sahara Desert, exploring its unique environment, what lives there and key physical features. In science they designed imaginative animals tailored to specific habitats, showcasing their creativity. In art, the children used various techniques to express emotions in their characters designs and had great fun doing so. Additionally, we've wrapped up our place value unit in maths, where the children have been diligently practising key skills. It's been a week of fun and learning and we are really proud of all of their hard work! Well done Jellyfish.



### Year 6

This half-term, Year 6 has been diving into the fascinating world of electricity. From exploring how voltage changes affect decibel levels in buzzers to investigating whether fruit can power a light, they have completed many experiments, recorded their results and concluded their findings in their learning.

In Art, the children have been discovering how creativity can reflect personal identity. They've been designing their own Mayan-inspired artwork and analysed the thought-provoking messages in Banksy's street art. In Music, our ukulele lessons are in full swing! The class is progressing well, now learning to perform songs using a variety of chords. We may even be able to record something to share soon!

As many of the children often wonder if their home books are quizzable, we've added a helpful link on Google Classroom where they can check. This is just one of the many valuable resources we're sharing to support learning across the curriculum.





# Attendance

Class	Attendance this week
Rainbowfish — YR	97.86
Seahorses — Y1	96.15
Jellyfish — Y2	91.20
Narwhals — Y3	99.59
Swordfish — Y4	100
Manta Rays — Y5	100
Dolphins — Y6	93.98
WHOLE SCHOOL	97.18

Well done to the  
**Swordfish &  
Manta Rays  
Class**

for the best  
attendance this  
week!

## Team Points

Running totals

Cookworthy: 11

Penrose: 14

Gibson: 8

Methleigh: 7

Our winners this week are the

**PENROSE TEAM!**

Well done!



# ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
<b>Class Weekly Word Count</b>				
	35,823	154,386	371,072	240,045
<b>Highest Pupil Weekly Word Count</b>				
	Elowyn	Gracie	Ayva	Ewan
<b>100% achievers – Who has achieved their target?</b>				
	Eliza, Arlo	Lowen, Evie, Lottie	Sophia, Ivy, Ayva	John

## Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 12%

Narwhals: 59%

Swordfish: 100%

Manta Rays: 96%

Dolphins: 63%

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$ax^2 + bx + c = 0$$

adj

# School Messages

## Flu Vaccinations

This week Porthleven school had the school nursing team in, to administer the flu vaccine. If your child missed theirs and you would like them to still have one please contact the catch up clinic on 01872 221105 to book an appointment.



## 500 Words is a story writing competition for children.

This year the two age categories will be 5-7 and 8-11 year-olds. To enter, children need to **write a story that they would love to read** which is **no more than 500 words**.

Children need to be the relevant age for the age category on the closing date **8 November 2024**.

The stories, once written by your child, **must be submitted by an adult using the entry form on the 500 Words website**. To sign up to be able to submit a story please visit the BBC 500 words website. You will also find more information on this years competition.



## National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

**Reception:** <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

**Year 6:** <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>

## Cross Country Race 2

Tuesday 8th October Mullion School - Sign up form below

<https://forms.office.com/e/7k117RSD62>



## ***Do you want to help improve the life chances of every child in your school?***

- ***Do you want to help make a difference?***
- ***Looking for a new challenge and want to support your local community?***
- ***Can you spare some time to help us?***

**We would like another Two parents to join the existing team of parents, community members and staff who work together as our Local Governance Committee.**

As a governor you can help make a difference to every child in the school – by being a critical friend and both supporting and challenging the school's leadership team to drive school improvement.

You do not need previous experience of governance or education – just *the motivation to make a difference and the willingness to commit your time and energy.*

The Local Governance Committee meets every half term on a Monday at 6pm.

If this sounds like you and you would like to find out more then please contact the school office by **18<sup>th</sup> October 2024** for further information and how you can apply, email [porthlevensecretary@croftymat.org](mailto:porthlevensecretary@croftymat.org) or ask at reception.



# Next Week's Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	JACKET POTATO	Jacket Potato with BBQ Baked Beans	Veggie Burrito	Quorn Roast Served with Roast Potatoes and Gravy	Macaroni Cheese	Veggie Fingers Served with Chips
	JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
	All main meals are served with two vegetables					
DESSERT	Chocolate Cookie	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle	

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌿 Vegetarian
🐟 Oily Fish
🌾 Wholegrain  
🍏 Fruity!
👩 Nutritionist's Choice

## WIN PRIZES



## SPIN TO WIN

Find a sticker on the bottom of your plate and spin the wheel to win a prize

Every Tuesday and Thursday Lunchtime



# Diary Dates

Date	Event
Tuesday 8th October	Cross Country race 2 reception/KS1/KS2 at Mullion School
Thursday 10th October	World Mental Health Day - Wear Something yellow
Monday 14th October	INSET DAY
Wednesday 16th October	Film Club - more information on how to book next week.
Friday 18th October	Break the rules day
Monday 4th—8th November	Parents evenings— more info to follow
Wednesday 6th November	Cross Country race 3—KS2 HCC north site
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings— more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY
18th - 20th June	Year 3 Residential
2nd - 4th June	Year 4 Residential
9th - 11th June	Year 5 Residential
14th July - 18th July	Year 6 Residential





# Porthleven School & Nursery

Torleven Road, Porthleven TR13 9BX

## Pre - School Stay & Play

Thursday 24th October & 28th November 2024

1:30 - 3:00pm



Call: 01326 562249

Email: [porthlevensecretary@croftymat.org](mailto:porthlevensecretary@croftymat.org)

### Stay & Play sessions 1.30 - 3.00pm

We would like to invite any pre-school children to come and spend some time with their adult in our learning environment.

You will get to meet our EYFS team and explore our area.

Each session will have a theme so you are welcome to come dressed to match.

Thursday 24th October - Autumn

Thursday 28th November - Celebrations

No need to book just head to the school reception on the day

CMST AT PORTHLEVEN SCHOOL

# RECORDER CLUB

FRIDAY LUNCHTIMES



£3 PER SESSION

[LTHRUSSELL@CMST.CO.UK](mailto:LTHRUSSELL@CMST.CO.UK)

[WWW.CMST.CO.UK/SIGNUP](http://WWW.CMST.CO.UK/SIGNUP)



CMST  
ILOW RAG OLL



# MUSIC

Great News!

Guitar, Bass and Ukulele lessons with local musician Emilio Ayto are now available at Porthleven school that will be provided by Cornwall Music Service Trust.

In order to get your child's musical journey underway please sign up on our website: [www.cmst.co.uk](http://www.cmst.co.uk)

For more information please email the tutor at: [eyto@cmst.co.uk](mailto:eyto@cmst.co.uk)

Hear Music. Learn Music. Play Music.



CMST AND ASONE  
MUSIC

Learn The Ukulele  
With Us

PARC EGLOS  
SCHOOL  
SATURDAY  
MORNINGS  
10:30-12

LET'S LEARN  
AND PLAY!

LEARN:

- How to play ukulele
- Ukulele chords
- Basic strumming patterns

For more information, please contact:  
SSCOTT@CORNWALLMUSICSERVICETRUST.ORG

CMST  
FLOW BAG OIL





# Should I keep my child off school?



## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.

# What Parents & Carers Need to Know about

# YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

## INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

## CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

## SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

## HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

## TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

## SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

## Advice for Parents & Carers

### APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.



### TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

### CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

### CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

### MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

### LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

### Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



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#WakeUpWednesday