



PORTHLEVEN NEWS

Friday 27th September 2024

Flu Vaccinations

This week Porthleven school had the school nursing team in, to administer the flu vaccine. If your child missed theirs and you would like them to still have one please contact the catch up clinic on 01872 221105 to book an appointment.



Information sent home this week

- Pupil Premium
- Helston school Open day reminder
- Truro School invite year 6
-

Play Group

On Tuesday Mornings, at Porthleven School, we hold a playgroup for children under 5.

Pop along for a coffee and snack
9.10am - 11am

£2 per family

PE Days

YR Rainbowfish - Monday
Y1 Seahorses - Tuesday
Y2 Jellyfish - Thursday
Y3 Narwhals - Monday
Y4 Swordfish - Wednesday
Y5 Manta rays - Thursday
Y6 Dolphins - Friday



CLASSROOM

News

Year 1

In Art, the children have been exploring the works of **Kandinsky**, focusing on drawing with different types of lines and experimenting with various media. This exploration allows them to express creativity while learning about abstract art.

They've been studying maps and learning to identify **human and physical features**. The upcoming walk around **Porthleven** will give them a great hands-on opportunity to apply what they've learned, as they observe these features and track their location on the map.

The children have completed their work on **Granddad's Island**, and I've noticed their impressive effort, particularly in remembering to use **capital letters, finger spaces, and full stops**—important early writing skills!

The focus in Physical Education has been on movement, with children practicing moving in different directions—**forwards, backwards, and side to side**—while ensuring they find their own spaces and navigate the hall safely.



Year 5

Well done Manta rays for settling into year 5 so quickly. It has been a great start to the term. Our topic is mountains, and the children have already explored global mountain ranges and learned about the different processes that shape them. In Science we are studying lifecycles. We've been exploring various animal life cycles, comparing their similarities and differences.

I've quickly noticed that this class has a real passion for art. This term, we're focusing on 'futuristic drawing' and have already explored the artwork of Devin Elle Kutz. The children have been experimenting with different materials to create their own imaginative 'space-themed' images. This week in Art, the children will be creating their own Christmas card designs in preparation for production over the coming month – Yes, it's that time of year already!

If any parents have questions about any aspect of Year 5, please feel free to drop by after school – my door is always open.





Attendance

Class	Attendance this week
Rainbowfish — YR	98.72%
Seahorses — Y1	90.60%
Jellyfish — Y2	94.91%
Narwhals — Y3	97.12%
Swordfish — Y4	100%
Manta Rays — Y5	95.06%
Dolphins — Y6	98.15%
WHOLE SCHOOL	96.46%

Well done to the
**Swordfish
Class**
for the best
attendance this
week!

Team Points

Running totals

Cookworthy: 9

Penrose: 10

Gibson: 7

Methleigh: 4

Our winners this week are the

GIBSON TEAM!

Well done!



ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
	64,216	188,713	567,797	183,451
Highest Pupil Weekly Word Count				
	Thea	Lowen	Ayva	John
100% achievers – Who has achieved their target?				
		Lowen, Evie, Lottie	Sophia, Ivy, Ayva	John

Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 29%

Narwhals: 74%

Swordfish: 100%

Manta Rays: 96%

Dolphins: 79%

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$ax^2 + bx + c = 0$$

adj

School Messages

School Census Day

On Thursday 3rd October 2024 we would be grateful if your child intends to take their free school entitlement at any time during the school year that, if possible they take a school lunch on this day. This is the day the government calculates the funding our school receives, based on the number of school meals taken on this day.

Please see the menu page for the special menu for this day.

500 Words is a story writing competition for children.

This year the two age categories will be 5-7 and 8-11 year-olds. To enter, children need to **write a story that they would love to read** which is **no more than 500 words**.

Children need to be the relevant age for the age category on the closing date **8 November 2024**.

The stories, once written by your child, **must be submitted by an adult using the entry form on the 500 Words website**. To sign up to be able to submit a story please visit the BBC 500 words website. You will also find more information on this years competition.



National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>

Cross Country Race 2

Tuesday 8th October Mullion School - Sign up form below

<https://forms.office.com/e/7k117RSD62>



MUSIC

Great News!

Guitar, Bass and Ukulele lessons with local musician Emilio Ayto are now available at Porthleven school that will be provided by Cornwall Music Service Trust.

In order to get your child's musical journey underway please sign up on our website: www.cmst.co.uk

For more information please email the tutor at: eyto@cmst.co.uk

Hear Music. Learn Music. Play Music.



Thank you to Porthleven School for welcoming Porthleven Town Band's Bandbuilders to your assembly last week. Well done to those of you who demonstrated how well you are progressing playing brass and percussion instruments. Thank you to the school for singing along with us.

There are spaces for some new brass learners in our beginner group on Tuesdays at 4.15pm at the bandroom in Chapel Terrace. This is for Year 1 and over.

Why not make the most of this opportunity to join Porthleven's thriving band and give your brain a full workout as you learn to play a musical instrument? Tuition is free and Porthleven Town Band will lend you an instrument. email porthleven.bandbuilders@gmail.com for more information.



CMST AND ASONE MUSIC

Learn The Ukulele With Us

PARC EGLOS SCHOOL SATURDAY MORNINGS 10:30-12

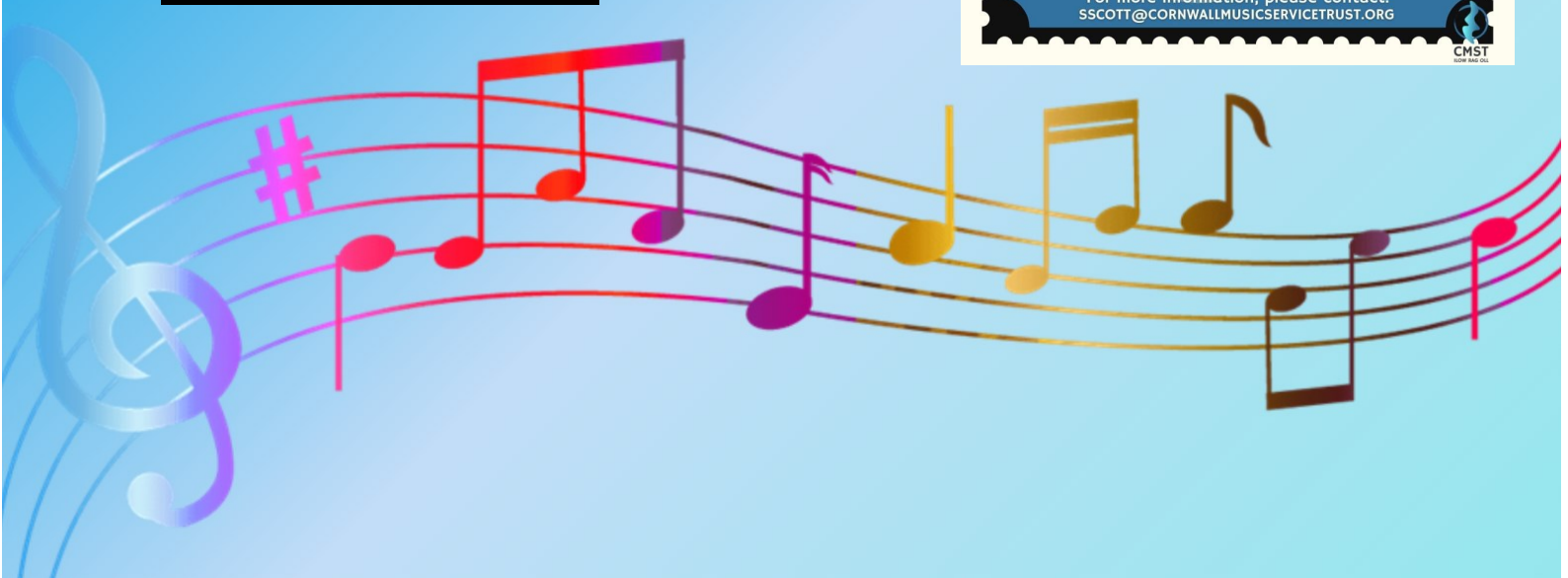
LET'S LEARN AND PLAY!

LEARN:

- How to play ukulele
- Ukulele chords
- Basic strumming patterns

For more information, please contact: [SSCOTT@CORNWALLMUSICSERVICETRUST.ORG](mailto:sscott@cornwallmusicservicetrust.org)

CMST
SLOW AND STEADY





Porthleven School & Nursery

Torleven Road, Porthleven TR13 9BX

Pre - School Stay & Play

Thursday 24th October & 28th November 2024

1:30 - 3:00pm



Call: 01326 562249

Email: porthlevensecretary@croftymat.org

Stay & Play sessions 1.30 - 3.00pm

We would like to invite any pre-school children to come and spend some time with their adult in our learning environment.

You will get to meet our EYFS team and explore our area.

Each session will have a theme so you are welcome to come dressed to match.

Thursday 24th October - Autumn

Thursday 28th November - Celebrations

No need to book just head to the school reception on the day

CMST AT PORTHLEVEN SCHOOL

RECORDER CLUB

FRIDAY LUNCHTIMES



£3 PER SESSION

LTHRUSSELL@CMST.CO.UK

WWW.CMST.CO.UK/SIGNUP



CMST
ILOW RAG OLL

Next Week's Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Pork Served with Roast Potatoes and Gravy	Turkey Lasagne Served with Garlic and Herb Bread	Fish Fingers Served with Chips
	JACKET POTATO	Tomato Pasta 🍅 🌱 🌿	Vegetarian Burger Served with Potato Wedges	Vegetarian Cottage Pie 🌱 🌿 Served with Gravy	Vegetable Spanish Rice 🌱 🌿	Quorn Dippers Served with Chips
		Jacket Potatoes 🍅 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍅 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍅 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍅 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍅 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌿						
All main meals are served with two vegetables						
	DESSERT	Forest Fruits Jelly	Crispy Crackle Bar with Fruit 🍌	Banana Cake 🍌	Original Flapjack	Vanilla Ice Cream
		PACKED LUNCH AVAILABLE Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day	AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit		🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain 🍌 Fruity! 🌱 Nutritionist's Choice	

WIN PRIZES



SPIN TO WIN

Find a sticker on the bottom of your plate and spin the wheel to win a prize

Every Tuesday and Thursday Lunchtime



Harvest FESTIVAL

Thursday 3rd October

MAINS

- BBQ Chicken Burger
- Crispy Vegetable Burger

SIDES

- Chips
- Sweet corn and peas

DESSERT

- Jelly and Ice Cream

*Menus may be subject to change

Diary Dates

Date	Event
Tuesday 8th October	Cross Country race 2 reception/KS1/KS2 at Mullion School
Monday 14th October	INSET DAY
Monday 4th—8th November	Parents evenings– more info to follow
Wednesday 6th November	Cross Country race 3—KS2 HCC north site
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY



Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.



DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.



MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.



LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.



DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.



READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.



Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety

#WakeUpWednesday



October Activities Cornwall

Action for
Children

Monday 28th

North Cornwall - Laser Tag

Open to young people in Wadebridge and surrounding areas.

Closing Date: 21st October



Restormel - Skate Session

Open to all young people in the Mid Cornwall, Roche & surrounding villages.

Closing Date: 21st October



Wednesday 30th

Caradon - Maize Maze & Pumpkin Picking

Open to all young people in the Caradon area.

Closing Date: 23rd October



All activities are open to young people aged 11-19, unless stated otherwise.

All activities are free of charge

Thursday 31st

Kerrier - Great Escape Rooms

Open to all young people in the Helston, Lizard and Mullion areas

Closing Date: 23rd October



Penwith - Football Golf

Open to all young people in the Hayle area.

Closing Date: 24th October

