

# PORTHLEVEN NEWS

Friday 14th September 2024

### Bags2School

On Thursday 19th September we will have a collection from bags2school. If dry please drop at the school gate by 9am. If wet please drop to the school hall.

They are collecting:

Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.

Please see the full list of collections here -https://bag2school.com/what-we-collect









### Information sent home this week

- Google logins for new children
- Clubs
- Cross Country
- Reception info pack
- HCC open days year 5 & 6
- Flu Immunisation sign up

### **Play Group**

On Tuesday Mornings, at Porthleven School, we hold a playgroup for children under 5.

Pop along for a coffee and snack 9.10am - 11am

£2 per family

### PE Days

YR Rainbowfish - Monday

Y1 Seahorses - Tuesday

Y2 Jellyfish - Thursday

Y3 Narwhals - Monday

Y4 Swordfish - Wednesday

Y5 Manta rays - Thursday

Y6 Dolphins - Friday



# CLASSROOM

## News

### **Nursery**

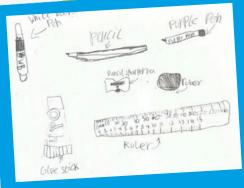
We would like to welcome back our children and families and extend a warm welcome to all those that are new.

Everyone has settled really well and they are beginning to develop friendships.

The children have enjoyed exploring the classroom and the wider school environment. They are becoming familiar with the routines and accessing resources.

Over this half term, our topic is "All About Me". We started by looking at ourselves in a mirror and painting self portraits. We have now moved on to looking at who is in our family and creating family flowers. The children were able to all talk confidently about their lives.





### Year 3

It has been lovely to welcome Year 3 back this year into our new Narwhals classroom! We have been working hard at starting to learn about our new topics for this half term. In art, we are learning about the artist Georgia O'Keeffe and her paintings of flowers and deserts. In our first art lesson last week, we learnt about her art and painting style and discussed what we liked about her paintings. In our second lesson this week, we looked at how to draw as an artist and break objects down into their basic shapes and had a go at sketching items around us. We will build up to creating our own flower artwork in the style of Georgia O'Keeffe by the end of term.

ABOUT ME

# Attendance

Class	Attendance this week
Rainbowfish — YR	99.57%
Seahorses — Y1	92.31%
Jellyfish — Y2	99.54%
Narwhals — Y3	98.35%
Swordfish — Y4	98.35%
Manta Rays — Y5	93.83%
Dolphins — Y6	99.07%
WHOLE SCHOOL	97.30%

Well done to the

### Rainbowfish Class

for the best attendance this week!

### **Team Points**



**Cookworthy: 3** 

Penrose: 4

Gibson: 2

Methleigh: 1

Our winners this week are the

**PENROSE TEAM!** 

Well done!

### ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins			
Class Weekly Word Count							
	33,823	294.691	166,361	152,847			
Highest Pupil Weekly Word Count							
	Noah	Lowen	Sophia	Joseph			
100% achievers – Who has achieved their target?							
	Arlo	Lowen, Evie	Sophia				



### Maths Whizz

Below is our weekly progression for each class!

Jellyfish: 17%

Narwhals: 56%

Swordfish: 93%

Manta Rays: 93%

Dolphins:92%

Well done to Swordfish & Manta Rays class for winning the

Maths Whizz trophy this week!

 $ax^2 + bx + c = 0$ 

adj

29

# School Messages

### Wanted

Nursery and Reception are on the look out for donations of kitchen items for role play in their mud kitchen e.g. pots, pans, jugs, spoons. If you have any items you would like to donate please see Mrs Penrose or Mrs Blight in the office.

### **Snack**

Children are welcome to bring a healthy snack for morning break, such as fruit, vegetables or plain crackers and cheese. If this is supplied in a pot, please could the pot be clearly labelled. We also have fruit and vegetables provided by the governments 'Fruit and Vegetable Scheme' available each day for Nursery, Reception, Year 1 & Year 2 apart from the first few days back after holidays.

### Uniform

Reminder to label your child's clothes, we have had a lot of items in lost property this week with no names. Named items can be returned when found.

We now have a sale rail of second hand uniform please ask at the office if you would like to view the rail.

### **Reception & Nursery**

On Wednesday, both classes will be taking part in "Wellie Wednesdays". Please ensure your reception child comes to school in their PE kit on this day with their coat and wellies as they will we out in all weathers. All children need to have wellies and coats.





## SPORT UPDATES

This week each team voted for their house captains and vice.

Congratulations to this years team captains, we look forward to seeing what team games you organise.



Cross Country Club started this week on Wednesday lunchtime, it was great to see lots of children joining in.

The first cross country race is on Tuesday 17th
September. Please sign up on the link below to let us
know you will be attending.

https://forms.office.com/e/20AvzPdrrv



## Next Week's Menu

Chartwells

### WEEK 2 W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese <b>★ ※ ①</b> Served with Wholewheat Pasta	Roast Chicken * Served with Roast Potatoes and Gravy	Butter Chicken Curry & Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
HOT SPECIALS	Jacket Potato with BBQ Baked Beans <b>⊕</b>	Veggie Burrito <b>⊚ ঋ</b> ❤	Quorn Roast® Served with Roast Potatoes and Gravy	Macaroni Cheese	Veggie Fingers  Served with Chips
JACKET	Jacket Potatoes	Jacket Potatoes ♥ ♠ with a choice of hot and cold fillings, including Salmon Mayonnaise.  •	Jacket Potatoes <b>②</b> with a choice of hot and cold fillings	Jacket Potatoes <b>ॐ o</b> with a choice of hot and cold fillings	Jacket Potatoes
		Tomato Pasta Fresh, home	emade tomato and basil sauce w	vith penne pasta 💟 🕸	
		All main m	neals are served with two veget	ables	
DESSERT	Chocolate Cookie	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle
	PACKED LUNCI	TO 100 TO	VAILABLE EVERY DAY	Vegetarian 🐞 C	oily Fish 🐞 Wholegrain
	Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day		eter, salad, freshly baked bread, yoghurt & fresh fruit	Fruity! W Nutritionist's Choice	



### What Parents & Carers Need to Know about AGE-INAPPREPRIATE CONTENT

"inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

## WHERE IS

#### SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

PLAY NOW

#### GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.



The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and a

#### adverts

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

# Advice for Parents & Carers

### TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

### CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake — but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

### BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

### GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

#### STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

### Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, been agers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better

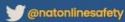








www.nationalonlinesafety.com



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(O) @nationalonlinesafety

# Diary Dates

Date	Event
Tuesday 17th September	Cross Country Reception/KS1/KS2 at HCC south site
Thursday 19th September	Bags2School collection
Monday 23rd September	Year 1 Hearing Screening
Wednesday 25th September	School Immunisation 2024/2025
Tuesday 8th October	Cross Country race 2 reception/KS1/KS2 at Mullion School
Monday 14th October	INSET DAY
Monday 4th—8th November	Parents evenings– more info to follow
Wednesday 6th November	Cross Country race 3—KS2 HCC north site
Monday 6th January	INSET DAY
Monday 24th February	INSET DAY
Tuesday 25th—28th Feb	Parents evenings– more info to follow
Thursday 8th May	INSET DAY
Friday 6th June	INSET DAY
Monday 7th July	INSET DAY



"In and Under the Water around Porthleven"

Age Groups: Up to 8 years

> 9 -13 Years 14 -18 Years

FREE (donations gratefully received) Entry: Entry Forms can be collected from Shipyard Market

Up to 8 yrs + 9-13yrs - £50 + Art Supplies Prizes:

14-18yrs - £100 + Art Supplies

Judging Day: Saturday 5 October 2024

The Netloft, Porthleven 5 + 6 October Exhibition:

11am-4pm



