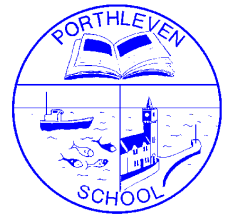




Porthleven School & Pre-School



Newsletter

Friday 22nd March 2024

Dear Parents and Carers,

I want to extend a heartfelt thank you to all of you who attended the teacher meetings this week. We really appreciate your commitment and by working together as a team, we can create that supportive and collaborative environment that helps your children to thrive and learn.

We understand that your time is precious and I hope the new format of the meetings being held in the hall reduced the amount of waiting time. I would appreciate any feedback as to how we can improve these meetings further. With feedback in mind, it is that time of year again when we send out our parent /carer surveys. We value your views and your input helps us to understand what we're doing well and where we can make improvements to better meet the needs of our pupils and families.

Participating in the survey is easy and will only take a few minutes of your time. Your anonymity is guaranteed, ensuring that you can share your thoughts openly and honestly.

https://docs.google.com/forms/d/1_TuK8dpPaRGxpswvcvPkJnRhHRQ8KIggRmJ9kOu7kpk/edit

Thank you in advance for your participation.

Hope you have a good weekend.

Warm regards,

Dan Clayden

Acting Head of School

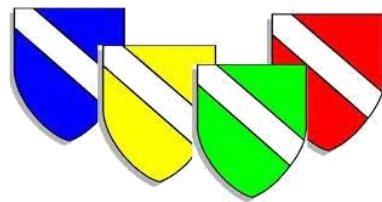
Attendance

Class	Attendance This week
Rainbowfish—YR	93.82%
Seahorses—Y1	98.46%
Jellyfish—Y2	97.86%
Narwhals—Y3	96%
Swordfish—Y4	99.23%
Manta Rays—Y5	94.17%
Dolphins—Y6	98.10%
WHOLE SCHOOL	95.61%

Well done to Swordfish class for the best attendance this week!

House Points

Running Totals This Term:



Cookworthy: 2

Penrose: 4

Gibson: 1

Methleigh: 3

Our winners this terms are the

Penrose Team

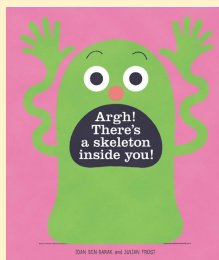
Well done!

Accelerated Reader Champions!



Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
3,206	179,302	123,438	40,304	258,871
Highest Pupil Weekly Word Count				
Elowyn	Gracie	Lowenna	Isobel	Annabelle
100% achievers - Who has achieved their target?				
	Gracie	Lowenna, Merryn		

Recommended Reads - Science Focus



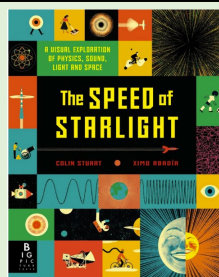
KS1 Book of the Week

Aargh! There's a Skeleton Inside You!

Author—Idan Ben-Barak and Julian Frost

Quog and Oort are on their way to Kevin's birthday party.

Unfortunately, their spaceship has crashed. Pick up this book to lend them a hand! An interstellar exploration of hands and what's inside them, from the award-winning creators of the internationally successful *Do Not Lick This Book*.



KS2 Book of the Week

The Speed of Starlight

Author—Colin Stuart

Designed to present physics in a totally new light, this science book explores the topics of physics, light and sound alongside incredible artwork from surrealist artist Ximo Abadia. Visualise sonar sound, discover the speed of light and understand basic quantum physics with easy to understand, engaging text by acclaimed science writer Colin Stuart.

Maths Whizz Winners

Below is our weekly progression for each class!

Jellyfish: 2.7

Narwhals: 3.2

Swordfish: 3.4

Manta Rays: 2.8

Dolphins: 3.0

Well done to Swordfish for winning the Maths Whizz trophy this week!



Maths-Whizz
by whizz EDUCATION

EYFS & KS1 TEAM

This week we hear from Mrs Trounson!

The children have enjoyed starting our new topic on "Animals - baa, roar, moo!" This week, we have talked about pets and animals that live in the UK, discussing whether they live in the wild, house or field. We also

looked at photos of our farm trip and discussed the farm animals we saw.

In maths we have been looking at 3D shapes and patterns in the environment. The children have impressed me with their knowledge of 3D shapes naming the shapes and talking about their curved and flat faces. During our continuous provision time they have carefully selected the correct wooden bricks or shapes and discussed what shapes make the best towers.

Our writing for the next few weeks is all about penguins and how they adapt to living in the Antarctic. The children are trying hard to use their phonic skills to spell words and write simple sentences.

Next Thursday 25th April is our family learning session from 2pm, please sign-up next week to attend.



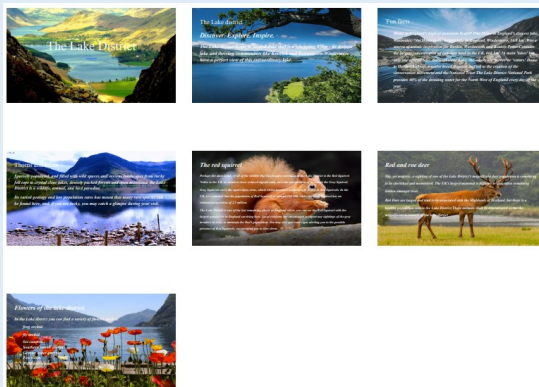
This week we hear from Mrs Figgins!

This week the children have come back full of enthusiasm. In Geography, we have started to learn about the 15 National Parks found in the UK and how they are all very different, even though they are all areas of outstanding beauty. The children will continue to understand why we use these spaces and how they all began.

It was wonderful meeting you at parents consultations and many of you have requested examples of SATS papers. These will go home on a Friday and are for you to discuss with the children. Answers will be posted on the Google Classroom so that you can have a look should you want to see how they are marked. These are to support you and you do not need to return them.

Finally, the summer topic homework grid is now on the Google Classroom.

KS2 TEAM



Important Messages

Information sent home this week:

- Year 3 camp kit list
- Year 6 Helston School info
- Year 4 camp kit list
- New clubs booking form email
- Club letters
- Nursery Letter
- Reception Letter

Clubs

Clubs start next week please look out for a letter if you have got a place.

SPORTS AT PORTHLEVEN



Water Safety Ambassadors

At the end of last half term, four Year 5 children undertook some training to become Porthleven School's first Water Safety Ambassadors. They travelled to Treloweth School and together with a number of other children, took part in the training over the morning. They learnt some shocking facts and statistics about the dangers of being in and around water and lots of different ways to help keep themselves and others safe. This term, the children will be preparing their own presentation based on what they learnt to teach the other children in the school. They will be posting their 'Top Tips' for keeping safe around water throughout the year as well!



Diary Dates

Date	Event
Wed 24th - Fri 25th April	Year 3 Camp
Wed 1st - Fri 3rd May	Year 4 Camp
Wednesday 8th May	INSET Day
Week Beginning 13th May	Year 6 SATS week
Tuesday 14th May	Cross Country Race 5 - Reception/KS1 & KS2 Mullion
Tuesday 21st May	Cross Country Race 6 - KS2 Porthleven School
Monday 10th June	EYFS and KS1 Sports day 10-12pm
Tuesday 11th June	Fun Run Mullion 4pm
Tuesday 11th June	KS2 Sports day 10-3pm
Monday 17th June	9.00am to 3.00pm – Invite only for selected Year 6 to HCC
Tuesday 18th June	9.00am to 3.00pm – All Year 6 students to HCC
Tuesday 18th June	New parents' information evening at HCC
Wednesday 19th June	9.00am to 3.00pm – All Year 6 students to HCC
Wednesday 19th June	New parents' information evening at HCC

WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Jacket Potato with BBQ Baked Beans	Veggie Burrito	Quorn Roast Served with Roast Potatoes and Gravy	Macaroni Cheese	Veggie Fingers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Cookie	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

Action For Children - Kernow Connect

Cornwall Young Farmers - Activity Days

Come and join us on a FREE fun day of activities. Water and land based adventures including, axe throwing, kayaking and zip wire! Lunch included. scan the QR code or click the link for your area to book on.

East Cornwall – Adrenalin Quarry, Liskeard

Date: Tuesday 28th May , 10am - 4pm

Book now: <https://www.smartsurvey.co.uk/s/1ROWYS/>



Mid Cornwall – Porthpean Activity Centre, St Austell

Date: Tuesday 28th May , 9:30am - 2:30pm

Book now:

<https://www.smartsurvey.co.uk/s/HBQZWX/>



West Cornwall – Vertical Blue Adventure, Porthleven

Date: Thursday 30th May , 9:30am - 4:30pm

Book now: <https://www.smartsurvey.co.uk/s/5GWXLI/>



**CORNWALL
YFC**



*Action for
Children*