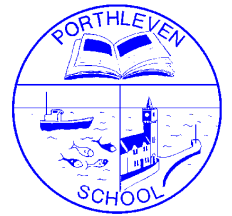




Porthleven School & Pre-School



Newsletter
Friday 8th March 2024

Celebrate
World Book Day

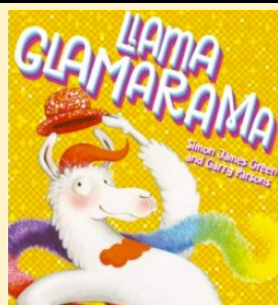


Accelerated Reader Champions!



Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
32,117	88,265	274,155	170,718	194,927
Highest Pupil Weekly Word Count				
Thea	Lowen	Ezra	John	Pearl
100% achievers - Who has achieved their target?				
	Esmay, Gracie, Sasha, Lily, Phoebe	Ivy, Sophia, Ezra, Coral, Ella, Daisy, Rose	Jericho, John	Annabelle, Bree-Anna, Scarlet

Recommended Reads



KS1 Book of the Week

Llama Glamarama

BL2,6

Larry the llama's big secret is that late at night, when no one is watching, he loves to DANCE.

Then, one day, he stumbles upon the Llama Glamarama!

Will this raucous celebration give Larry the pride he needs to bring his dance back home?

KS2 Book of the Week

Tin Boy—Steve Cole

BL 4.2



Mining for tin in deep, dangerous trenches is the only life that Tono has ever known. Worked to the brink of exhaustion each day, his only escape is in the precious moments when he reads his dad's old comics. In a world of heroes and superpowers, he can forget the terrifying mining pits. But an underwater avalanche, a glimpse of something bright red in the sandy seabed, and a canny sidekick are about to transform Tono's life forever ...Fate collides with a stark reality in this truly unique and unforgettable story.

Maths Whizz Winners

Below is our weekly progression for each class!

Jellyfish: 2.4

Narwhals: 2.6

Swordfish: 2.2

Manta Rays: 2.6

Dolphins: 2.8

Well done to Dolphins for winning the Maths Whizz trophy this week!



Maths-Whizz
by whizz EDUCATION

EYFS & KS1 TEAM

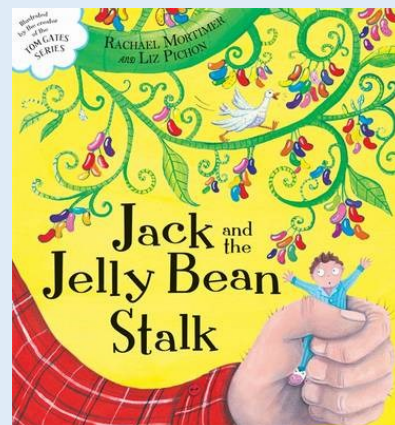
This week we hear from Mrs. Trounson!

This week in maths, the children have been busy building the numbers 9 and 10.

They have been finding 9 and 10, comparing numbers to 10, presenting numbers 9 and 10 in pictures and with objects on a tens frame. The children are enjoying using their fast eye to subitise and seeing numbers with dot patterns.

They are continuing their learning on Jack and the Jelly bean stalk . They have explored how Jack might get up the beanstalk by climbing in our garden and then writing their own sentence.

On Thursday we found out about insects and how they have different body parts as well as remembering some of our learning about spiders last half term. The children used iPads to take photos of the insects they found.



This week we hear from Mr Goward!

Swordfish Class have been working as scientists this week to study the sun and how it affects shadows on the ground.

KS2 TEAM

Our first problem, it being March in Cornwall, was a lack of sun and heavy, nonstop rain! Luckily, we had torches and paper people and we could replicate the same effect as time progressing by holding the torch at various angles to emulate the sunlight angle against an object on the ground. We discovered that at the beginning of the day and the end of the day, when the sun is at it's lowest, the shadows are the longest they can be; at midday, the shadow was very small because the sun was directly above our object. The results we found made for a table that started with long measurements, got smaller as we went to midday, then began increasing again as we went into the afternoon. The children impressed me by making the best of a bad situation, in terms of the weather, and our investigation proved our hypothesis even without using the sunlight in the playground!



Important Messages

Information sent home this week:

-

Sleep Wise

Please find attached an invitation to our brand-new Parent/Carer workshops on supporting children with Sleep delivered by Hunrosa with support from the MHST.

These workshops are taking place on: Tuesday 12th March at 10am and Wednesday 13th March at 4:30pm.

These are a 1.5 hr-2hr online workshop whereby places are limited. We recommended signing up **ASAP** to avoid disappointment.



Sleep Wise

A WORKSHOP FOR TIRED FAMILIES
presented by the Cornwall Mental Health Support Team

Sleep Wise – a short presentation by Hunrosa Sleep Consultants to help parents with sleep strategies for young people and families.

Tuesday 12th March 2024
10:00 - 11:30 am
Book [HERE](#)

OR

Wednesday 13th March 2024
16:30 - 18:00 pm
Book [HERE](#)

We hope to see lots of Parents and Carers in attendance at the online workshops. There will be lots of helpful tips and tricks shared to support children with their sleep.

Daffodils

Matthew Penrose from Varfell Farms has given every child at Porthleven school on Friday a bunch of daffodils to give to someone special this weekend.

Thank you Matthew!



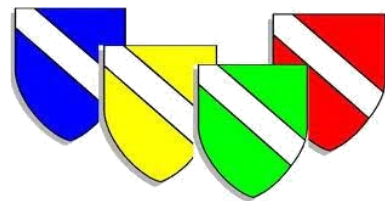
Attendance

Class	Attendance	Late Marks
	This week	
Rainbowfish—YR	90.80	
Seahorses—Y1	94.02	
Jellyfish—Y2	97.70	
Narwhals—Y3	96.67	
Swordfish—Y4	94.24	
Manta Rays—Y5	99.07	
Dolphins—Y6	92.59	
WHOLE SCHOOL	95.49	

Well done to Manta Rays class for the best attendance this week!

House Points

Running Totals This Term:



Cookworthy: 6

Penrose: 9

Gibson: 9

Methleigh: 6

Our winners this terms are the

Penrose Team

Well done!

Diary Dates

(additions in red)

Date	Event
Monday 11th March	Cross country for the children that qualified
Thursday 28th March	Last day of Term
Monday 15th April	First day of the Summer Term
Monday 15th April	Year 1 parent meeting 2.45pm on Phonic Screening
Wed 24th - Fri 25th April	Year 3 Camp
Wed 1st - Fri 3rd May	Year 4 Camp
Wednesday 8th May	INSET Day
Week Beginning 13th May	Year 6 SATS week
Tuesday 14th May	Cross Country Race 5 - Reception/KS1 & KS2 Mullion 4pm
Tuesday 21st May	Cross Country Race 6 - KS2 Porthleven School
Monday 10th June	EYFS and KS1 Sports day 10-12pm
Tuesday 11th June	Fun Run Mullion 4pm
Tuesday 11th June	KS2 Sports day 10-3pm
Monday 17th June	9.00am to 3.00pm – Invite only for selected Year 6
Tuesday 18th June	9.00am to 3.00pm – All Year 6 students
Tuesday 18th June	New parents' information evening at HCC
Wednesday 19th June	9.00am to 3.00pm – All Year 6 students
Wednesday 19th June	New parents' information evening at HCC

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Turkey Con Chilli 🍗❤️ Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍗 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie 🍷❤️ Served with Gravy	Macaroni Cheese 🍷	Cheesy Leek and Carrot Crumble 🍷❤️ Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷🍷 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷🍷					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍏	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit



Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

REMAND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect houses: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSE curriculum.



National Online Safety®

#WakeUpWednesday

SPORTS DAYS



2024



EYFS/KS1

Monday 10th June 10-12pm

(reserve date: 15th July)

KS2

Tuesday 11th June 10am-3pm

(reserve date: 16th July)

More details to follow soon!

MUSEUM OF

CORNISH LIFE

HELSTON

ACTIVITA ACTIVITY



FAMILY WORKSHOPS

9 & 16 March, 11am – 3pm

Free Drop-In craft sessions for all ages

9 March **Loving Our Mothers** – Come along to our artist led session to create a collage card to celebrate a mother figure in your life. It could be a card for your mum or any other female friend or relative.

16 March **Extraordinary Families** – Join artist Stina Falle to decorate and make a playing card inspired by our Victorian *Happy Family* playing cards to reflect your own family and families of today.

MORE INFO AT

museumofcornishlife.co.uk/whats-on

**OR SCAN
FOR
MORE**



MUSEUM OF

CORNISH LIFE

HELSTON

HWARVOS EVENT



CLOTHING REPAIR DAY

23 March 11am – 3pm

Need a button sewing on? A woolly jumper darning? Want to patch your favourite jeans?

Bring us clean clothing that needs a simple repair and we will see if we can help you bring them back to life.

Charlie Lewin is passionate about avoiding textiles going into landfill. She will be with us all day sharing some basic sewing techniques so that you can have a go at learning a few skills to make your clothing last!

MORE INFO AT
museumofcornishlife.co.uk/whats-on

OR SCAN
FOR MORE
INFO

