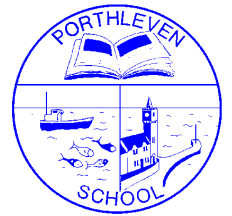




# Porthleven School & Pre-School



## Newsletter Friday 1st March 2024

Dear Parents and Carers,

Thank you to everyone who has taken the time to show their preference for the new school logo. We received 151 responses in total: 124 preferring option A and 27 for Option B.

A. Winner!



B.



In response to some of the parental feedback, a few of parents felt that the logo would look better without the dolphins. Although we don't see a pod of dolphins very often off the coast of Porthleven they are spotted in the warmer months when their sources of food move further inshore. The dolphins and seagulls were also added following suggestions from the children. Being able to represent the natural world in our logo also shows our commitment for children to learn, value and look after our natural environment.

Some comments reflected the change of uniform and I would like to take this opportunity to clarify that it will only be the jumpers that will be changing and that the change will be phased in with the current jumpers being acceptable until parents feel it is appropriate to change to the new colour.

If you have any questions regarding the proposed changes, please contact the school or speak with me on the gate.

Have a good weekend.

Dan Clayden

Acting Head of School

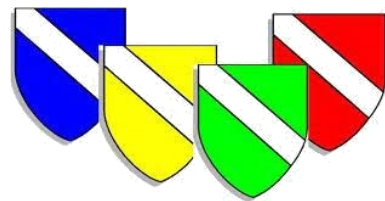
## Attendance

Class	Attendance This week	Late Marks
Rainbowfish—YR	93.33	
Seahorses—Y1	94.87	
Jellyfish—Y2	97.70	
Narwhals—Y3	98.52	
Swordfish—Y4	94.65	
Manta Rays—Y5	96.76	
Dolphins—Y6	97.35	
WHOLE SCHOOL	96.47	

Well done to Narwhals class for the best attendance this week!

## House Points

### Running Totals This Term:



Cookworthy: 4

Penrose: 5

Gibson: 6

Methleigh: 5

Our winners this terms are the

**Methleigh Team**

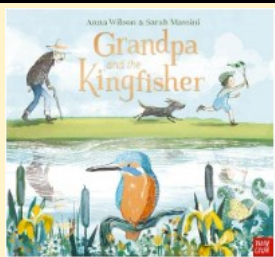
Well done!

# Accelerated Reader Champions!



Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
<b>Class Weekly Word Count</b>				
4,246	414,966	408,333	41,512	346,599
<b>Highest Pupil Weekly Word Count</b>				
Elwyn	Gracie	Rose	Joseph	Annabelle
<b>100% achievers - Who has achieved their target?</b>				
	Esmay, Gracie, Sasha			Annabelle, Bree-Anna

## Recommended Reads

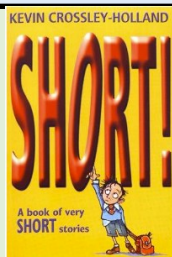


**KS1 Author in Focus— Anna Wilson**

**Title—Grandpa and the Kingfisher**

Over the course of a year, a young child and their dog watch kingfishers by the river with

Grandpa. As spring turns to summer and autumn to winter, the kingfishers raise a family, while Grandpa teaches his grandchild about the power of nature and the circle of life.



**KS2 Author in Focus— Kevin Crossley-Holland**

**Title—Short (BL4.0)**

A collection of stories where even the longest story is very short- none longer than two pages. A wonderful mix of the best short stories. Some are old, some are new, some are scary, some are funny, but all the stories in this book will make you think. There are stories about ghosts, supermarkets, animals, adventures, and more. Children will discover fun, quick reads in this enjoyable collection.

## Maths Whizz Winners

Below is our weekly progression for each class!

**Jellyfish: 2.3**

**Narwhals: 2.5**

**Swordfish: 2.2**

**Manta Rays: 2.5**

**Dolphins: 2.7**

Well done to Dolphins for winning the Maths Whizz trophy this week!



**Maths-Whizz®**  
by whizz EDUCATION



# Celebrate World Book Day

Thursday 7th March 2024

## Home Learning Challenge

We would like you to take a photo of yourself reading for enjoyment in an unusual place. Please send your photo via email to [porthlevenesecretary@croftymat.org](mailto:porthlevenesecretary@croftymat.org) by Monday 4th March for a chance to win a book

## Book Fair

Pop along to our school book fair on  
Wednesday 28th Feb 3.00pm - 3.30pm  
Tuesday 5th March 8.30am - 8.45am  
Wednesday 6th March 8.30am - 8.45am & 3pm - 3.30pm  
Thursday 7th March 8.30am - 8.45am

## WORLD BOOK day

### MAINS

#### Toad in the Hole

(Yorkshire Pudding with Mashed Potato,  
Pork Sausages or Veggie Sausage  
and Onion Gravy)

### SIDES

Peas and Carrots

### DESSERT

Buried Jelly Treasure

*Menus may be subject to change*



Come to school  
dressed as your  
favourite book  
character

## EYFS & KS1 TEAM

This week we hear from Mrs. Wood.

This week the children in Jellyfish Class have loved the introduction to our new history topic. Our big question is 'Why were so many ships

wrecked on the Cornish Coast?'

On Monday we learnt about 3 different shipwrecks, The Mohegan, the Cita and the Bencoolen. We identified whether each wreck happened due to bad weather, human error or mechanical failure. The class were shocked to learn that the Cita crashed into the Isles of Scilly because the first mate fell asleep when he should have been steering. I wonder if they can tell you anything else about the 3 ships. There has been a lot of interest in this topic at home too since our Spring 1 homework grid and families have shared some lovely photos of the children exploring different shipwrecks and lighthouses



nearby. Eliza found the **RMS Mulheim** at Lands end. (see photos)

Next week we will be learning about the **HMS Anson** that was wrecked at Loe Bar.



This week we hear from Mrs Power

Here is what has been happening in year 3 recently. In our history lessons, we've been diving into the fascinating world of Ancient Egypt! So far, we have been learning about the River Nile and its importance to the Egyptians and built a timeline of the Pharaohs. We will go on to look at Egyptian artifacts and hieroglyphic messages.

In Art, they are channelling their artistic talents into making Egyptian Scrolls. They have been learning about Egyptian symbols, beliefs and writing. They are now in the process of designing our own Egyptian story which we will later put on our hand made scrolls.

In Science, we have continued to focus on the human body, specifically on muscles. Children have been learning about the different types of muscles in our bodies and their functions. Through practical activities and demonstrations, they have explored how muscles work together to help us to move and perform various tasks.

We will go on to discuss the importance of exercise and healthy eating habits needed to keep our muscles strong and healthy.

You should have now received a letter detailing your child's reading age based on the latest AR assessment. Please continue to encourage your child to read at home and hit their AR target. Thank you .

## KS2 TEAM



# Important Messages

## Information sent home this week:

- Reception and nursery spring 2 letters
- Camp consent forms year 3 & 4 please return by Friday 8th March.
- 

## Sleep Wise

Please find attached an invitation to our brand-new Parent/Carer workshops on supporting children with Sleep delivered by Hunrosa with support from the MHST.

These workshops are taking place on: Tuesday 12th March at 10am and Wednesday 13th March at 4:30pm.

These are a 1.5 hr-2hr online workshop whereby places are limited. We recommended signing up **ASAP** to avoid disappointment.

We hope to see lots of Parents and Carers in attendance at the online workshops. There will be lots of helpful tips and tricks shared to support children with their sleep.



**Sleep Wise**

A WORKSHOP FOR TIRED FAMILIES  
presented by the Cornwall Mental Health Support Team

Sleep Wise – a short presentation by Hunrosa Sleep Consultants to help parents with sleep strategies for young people and families..

Tuesday 12th March 2024  
10:00 - 11:30 am  
Book [HERE](#)

OR

Wednesday 13th March 2024  
16:30 - 18:00 pm  
Book [HERE](#)

Hunrosa  
cpd  
Mental Health Support Team (MHST)

## Year 6

Today you should of received an email with your child's secondary place for September. Look out for more info from them over the next few months.

## Year 3 & 4 Camp

Just a reminder to continue paying for camp on ParentPay. The consent and medical form has gone home. Please ensure this is returned by Friday 8th March. If your child is not down for going to camp and would now like to go, please let Mrs Blight in the office know ASAP.

Tues 5th March

Thurs 7th March

### PE Days

Reception: Monday

Y1: Thursday

Y2: Tuesday

Y3: Friday

Y4: Wednesday (currently Friday due to swimming)

Y5: Thursday

Y6: Wednesday

### GOOL PERAN LOWEN!

### ST PIRAN'S DAY CELEBRATIONS

Menu

Traditional Steak Pasty or Cheese and Onion Pasty

Hevva Cake

Jacket Potato available on request

**GENUINELY CORNISH PASTRY**

Pasties were taken down the mines by the adults and children who worked there; the shape and size made them ideal for carrying. It's distinctive D shape with the crust acting as a handle, which was discarded to prevent contaminating the food with grubby, possibly arsenic-ridden hands.

All Proper Cornish we are passionate about quality pastry, filled with great tasting ingredients, made properly in Cornwall for people who love food.

We are passionate and honest about where our ingredients come from. At Proper Cornish, we believe in supporting our local farmers. Our steaks come from Hayle, courtesy of favor Goldworthy's family run farm, our potatoes come from their precision farmer Chris Quaker farm and our onions are grown by Anthony Reed of Sapotil. Cornwall grows some of the highest quality produce in the world, so why go anywhere else?

Chartwells

### WORLD BOOK day

### MAINS

Toad in the Hole  
(Yorkshire Pudding with Mashed Potato, Pork Sausages or Veggie Sausage and Onion Gravy)

### SIDES

Peas and Carrots

### DESSERT

Buried Jelly Treasure

Menus may be subject to change

# SPORTS AT PORTHLEVEN



## Cross Country

Cross country race 4 had a very wet start at Helston school this week. Nine children ran from year 3,4,5,& 6, all finishing with some amazing results!

This race was the qualifier to the Peninsula final at Pool School. Four children from our school qualified and will be heading to Pool on March 11th to compete against the top 8 children from other schools.

# Diary Dates

(additions in red)

Date	Event
Tuesday 5th March	Book Fair in the school hall 8.30am - 8.45am
Wednesday 6th March	Book Fair in the school hall 8.30am - 8.45am
Wednesday 6th March	Book Fair in the school hall 3 - 3.30pm
Thursday 7th March	Book Fair in the school hall 8.30am - 8.45am
Monday 15th April	Year 1 parent meeting 2.45pm on Phonic Screening
Wed 24th - Fri 25th April	Year 3 Camp
Wed 1st - Fri 3rd May	Year 4 Camp
Wednesday 8th May	INSET Day
Week Beginning 13th May	Year 6 SATS Week
Tuesday 14th May	Cross Country Race 5 - Reception/KS1 & KS2 Mullion 4pm
Tuesday 21st May	Cross Country Race 6 - KS2 Porthleven School
Monday 10th June	EYFS and KS1 Sports day 10-12pm
Tuesday 11th June	Fun Run Mullion 4pm
Tuesday 11th June	KS2 Sports day 10-3pm

# WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🌱 Served with Potato Wedges 🍷	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Chicken, Vegetable and Mash Pie</b> 🍷 Served with Gravy	<b>Beef Bolognese</b> 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Stir Fried Vegetable Rice</b> 🌱 🍷 🌱 🍷	<b>Vegetarian Burger</b> 🌱 Served with Potato Wedges	<b>Vegetable Pastry Roll</b> 🌱 Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> 🌱 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🌱 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Beetroot Brownie</b>	<b>Crispy Crackle Bar with Fruit</b> 🍌	<b>Banana Cake</b> 🍌	<b>Original Flapjack</b>	<b>Vanilla Ice Cream</b>

**PACKED LUNCH AVAILABLE**  
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day



# What Parents & Carers Need to Know about

# NETFLIX

Netflix is a subscription-based streaming service that allows users to watch TV shows and movies on any internet-enabled device that supports the software, such as smart TVs, phones and tablets. The pandemic saw a surge in children consuming on-demand content as many families relaxed their screen-time rules. Netflix's diverse range of programming caters for all age groups – so it's important for parents to recognise the potential risks of children using the service and the measures to help their child enjoy a safe streaming experience.

## INAPPROPRIATE CONTENT

Netflix produces and curates an extensive catalogue of content that can provide hours of entertainment. If they share the same user account as an adult, this can potentially lead to children accidentally viewing all manner of inappropriate content, including nudity, profanity and extreme violence. This can happen easily on shared accounts, as Netflix cannot establish who's watching.

## BINGE-WATCHING

Netflix allows users to view shows and movies quickly and easily without adverts or interruptions, making excessive screen time a concern. Binge-watching has become more common during the pandemic, due to Netflix's regularly updated content and algorithms which recommend content very similar to what's previously been enjoyed. Marathon viewing sessions can lead to children staying up too late, affecting their mood and concentration the next day.

## SCREEN ADDICTION

From TVs and phones to consoles and tablets, Netflix is available on almost any device with an internet connection – making it extremely difficult to manage children's screen time. The service is now adding games to its mobile app, tempting users to spend even more time on the platform. Screen addiction can distract children from important activities like schoolwork and socialising, and can impact their health by reducing their exercise and sleep.

## HACKING ATTEMPTS

With millions of users worldwide, Netflix is often targeted by hackers who try to steal usernames and passwords to gain access to people's accounts. If successful, they can then steal payment details or try to sell stolen personal data on the dark web, providing other criminals with a profitable opportunity. Netflix also doesn't provide two-factor authentication, making the hackers' task that little bit easier.

## CONTACT FROM STRANGERS

Netflix's Teleparty feature became popular during lockdown periods as it allows users from different households (friends and relatives, for example) to synchronise when they watch content. It requires an access link to be sent to the people you wish to invite; the link, however, can also be distributed to people you don't know. A text chat feature enables interaction with the other users in real-time; this represents a risk to children if a stranger gains access to the Teleparty.

## Advice for Parents & Carers

### KEEP ACCOUNTS SECURE

Netflix doesn't use two-factor authentication, so a strong password is vital. Your child's Netflix password should be unique (not one they've used elsewhere) and a minimum of eight characters with a mix of letters, numbers and symbols. Emphasise not to share their login details with anyone and remind them to always log out after using the app – so their account remains inaccessible, even if their device is lost or stolen.

### SET UP PROFILE PINS

Netflix account holders can lock profiles using a four-digit PIN. Doing this can prevent your child from accessing the wrong account and viewing content that isn't appropriate for their age. Try setting a PIN for each account on your Netflix app – ideally avoiding numbers that would be easily guessed, such as dates of birth. Remember not to share these PINs with anyone, including family.

### CHECK MATURITY RATING

Netflix warns about content that includes violence, sex, profanity and nudity. These warnings form part of the show or movie's 'maturity rating'. Users can restrict age ratings to avoid children viewing age-inappropriate content. On their profile, open the Profile and Parental Control settings and choose the maturity level for the shows and movies you want to allow.

### SWITCH OFF AUTO-PLAY

When a show or movie concludes, Netflix's algorithms select content with similar themes that it thinks your child will enjoy next. This new content starts automatically after a 10-second countdown. Disabling this auto-play feature reduces the possibility of your child being shown something inappropriate and provides a natural break to help prevent them becoming too immersed in Netflix.

### CREATE A KIDS' PROFILE

Setting up a Netflix Kids experience profile means your child can only access content which is suitable for children aged up to 12 years. All other content is automatically blocked. This rating can be further restricted via the child's profile settings. Setting up a Netflix Kids experience profile will help to prevent your child from viewing age-inappropriate content.

### CHECK VIEWING HABITS

Netflix has tools which enable parents and carers to monitor what their child has been watching. Selecting 'Viewing Activity' in each profile's account settings displays a list of what content has been viewed (and when). This can reassure parents that their child is watching age-appropriate content and can open avenues for discussing your child's favourite shows and movies, and why they like them.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS** National Online Safety®  
#WakeUpWednesday

Sources: [www.help.netflix.com](http://www.help.netflix.com) | [www.about.netflix.com](http://www.about.netflix.com) | [www.ofcom.gov.uk](http://www.ofcom.gov.uk)



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.11.2021

# SPORTS DAYS



# 2024



## EYFS/KS1

**Monday 10th June 10-12pm**

**(reserve date: 15th July)**

## KS2

**Tuesday 11th June 10am-3pm**

**(reserve date: 16th July)**

**More details to follow soon!**