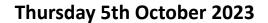


## Porthleven School & Pre-School

## Newsletter





Dear Parents / Carers,

Thank you to all of the parents who attended our Harvest Festival service yesterday at St. Bartholomew's Church. I am sure you will join me in saying 'well done' to the children for their beautiful singing and confident delivery of the prayers in the service. Our Year 6 Dolphin's Class also performed a Harvest song to music of George Ezra's 'Riding Shotgun', which sang with great enthusiasm. Thank you also for your generous contribution of food produce. We will be dropping off the items to the Helston and Lizard Foodbank, hopefully with some children representatives from our school to find out how they

process and offer the donations.

With very best wishes Mr D Clayden Acting Head of School



## Attendance

Class	Attendance This week	Late Marks	
Rainbowfish—YR	96.11	2	
Seahorses—Y1	89.16	5	
Jellyfish—Y2	95.71	0	
Narwhals—Y3	99.5	1	
Swordfish—Y4	94.18	0	
Manta Rays—Y5	100	0	
Dolphins—Y6	95.92	0	
WHOLE SCHOOL	96.75	8	

Well done to **Manta Ray** class for the best attendance this week!

## House Points



**Running Totals This Term** 

**Cookworthy: 13** 

Penrose: 17

<u> Gibson: 11</u>

Methleigh: 9

Our winners this week are the

**GIBSON TEAM!** 

Well done!

## This week we hear from Mrs Penrose in Year 1!



This week the Seahorses have been busy learning about maps in Geography. We have been learning to use a key on a map and understand the symbols to tell us where

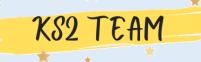
things are. We focussed on Porthleven, locating physical features such as trees and the beach as well as human features such as the church and the carpark. Together we then mapped out the route for our school trip to the Harvest Festival. Then on Wednesday afternoon we used our maps to navigate the whole school to the church. We looked at the road names and whether we needed to turn left or right.

We have also started a new genre of writing this week, poetry. The children have enjoyed writing metaphors about themselves including them being 'a bright rainbow' or 'a sweet cherry pie' or 'a glistening bright star'. In maths we are learning to use the part – whole method to help us write addition number sentences and the children are growing in confidence using the plus and equals symbol. It is wonderful to see the children starting to become resilient, independent learners.



## This week we hear from Mrs Powers in Year 3!

This term Narwhals have been studying Europe. They are able to name and locate major European countries and cities. They have shown an understanding of the human

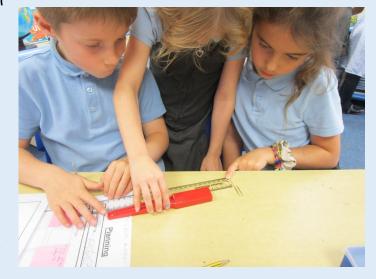


and physical geography in many European countries. This week and next, the children have been using their computer skills to research three European countries, the United Kingdom, Norway and Greece. They have already found out some interesting facts. In Science, we have been learning about forces and magnets. Following our work on magnetic and non-magnetic materials, the children discovered how far a magnet needed to be from an object

to exert a force. They experimented with different objects and different sized magnets.

In Art, the children have enjoyed experimenting with charcoal as a drawing medium and in PE we are learning football skills.

This week letters have gone out for year 3 camp. It is a great opportunity for the children to enjoy many outdoor activities. If you are interested, please let the secretary know by Monday 9th October.



## Accelerated Reader Champions!



Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins	
Class Weekly Word Count					
12,733	85,444	93,733	45,708	161,794	
Highest Pupil Weekly Word Count					
Ben	Rupert	Ella	Toby	Annabelle	
1,980	22,840	31,767	13,199	69,192	
100% achievers - Who has achieved their target?					
Ben	Evie, Gracie, Lottie, Kiera, Eden, Sasha	Sophia, Ezra, Sienna, Merryn	Joe, Ava,	Annabelle	

## Recommened reads

KS1 Book of the week—Hospital Dog



Author: Julia Donaldson
AR Book Level: 2.7

Dot loves visiting the children of Wallaby Ward, and they're always pleased to see her too! But the work of the hospital dog doesn't stop there and when one of her patients is in trouble, it's up to Dot to save the day!

KS2 Book of the week

**Robot Revolution** 





Sammy's underappreciated mechanical helpers are causing chaos. It is up to Sammy and his disabled sister Maddie to keep the peace until his mum reveals her secret project.

\*All books found in school.

## Maths Whizz Winners

Below is our weekly progression for each class!

Jellyfish: 3.7

Narwhals: 0.7

Swordfish: 0.7

Manta Rays: 3.3

Dolphins: 2.3

Well done to the Jellyfish class for winning the Maths Whizz trophy this week!



## Important Messages

### Attendance and late arrival

As a reminder, the expected attendance for a child is 95% or above.

### **Tapestry**

Year 1 & 2 don't forget to download your journals on tapestry, to allow us to set up our new children's accounts in school.

#### Information sent home this week:

- Football letters
- School camp year 3
- School camp year 4
- Update info for year 5 & 6

### National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see Reception and Year 6 to take their measurements.

Please find information below for each year group including how to opt out.

**Reception:** <a href="https://www.healthycornwall.org.uk/make-a-change/child-health-programme-reception-year/">https://www.healthycornwall.org.uk/make-a-change/child-health-programme-reception-year/</a>

**Year 6:** <a href="https://www.healthycornwall.org.uk/make-a-change/child-health-programme-year-6/">https://www.healthycornwall.org.uk/make-a-change/child-health-programme-year-6/</a>



### **Cornish Cottage Holidays**

Christmas card competition - One lucky competition winner will win art supplies worth £50 and a bundle of Christmas cards in their design, plus our school will receive £200 for its art department!

To enter please see the information attached, if you would like an entry form printed please let the school office know.

We will be collecting entries in school to submit, so if you would like us to scan your child's entry please sent the completed form to the school office.

### Friday 15th December

Stalls and volunteers needed for your School Christmas Fair!
Stall are £10 a table. If you know of anyone or would like a table, please 
let the school office know by emailing

secretary@porthleven.cornwall.sch.uk

Also if you can spare an hour or two to help set up or run a stall for part of the event, please let the school office know. We can't run these events without our amazing volunteers.



# Diary Dates (additions in red)

Date	Event
Friday 6th October	INSET Day
Thursday 12th October	Year 1 hearing screening
Thursday 19th October	Break the rules day
Thursday 19th October	School Disco
Friday 20th October	Last day of term
Monday 30th October	First day of term
Tuesday 7th November	Cross Country race 3 - Mullion 4pm
Wednesday 15th November	Anti-Bullying awareness event at HCC 2.30-3.30pm
Thursday 16th November	Nasal Flu Immunisations year R – year 6
Friday 8th December	Whole school trip to the Hall for Cornwall
Thursday 14th December	Christmas school Lunch
Friday 15th December	Christmas Fair - Volunteers needed
Tuesday 19th December	Last day of school
Thursday 4th January	INSET Day
Friday 5th January	First day of the Spring term
Monday 19th February	INSET Day
Wednesday 8th May	INSET Day



## **Cross Country**

This week, the second Cross Country event took place, this time over at HCC. It was a new venue and a tricky course, however our children were, as ever, fantastic with their perseverance and ran their hearts out to bring home some fantastic results! Well done to all those who took part and we look forward to the next event.



## Fitter Futures!

At Porthleven we are working hard towards having a 'Fitter Future'! To do this, we have introduced an extra 10 minutes of fitness time into our daily routine. Classes have been improving their fitness with dances, workouts and stretches.

We know that daily exercise, alongside a balanced diet, will help our bodies and minds stay healthy. Miss Morris-Marsham had the pleasure of joining in with the Year 1s during their Fitter Future time on Tuesday this week and was thrilled to see the determination and HUGE smiles on their faces!

## The state of the s

## THINK

about where you should cross.



## STOP

in a safe place at the side of the road.



## USE YOUR

to see and hear any approaching vehicles.



## WAIT

until all the vehicles have passed.



## LOOK AND

again to make sure all is clear.



## CROSS

the road. Keep looking and listening.









## Should I keep my

# child off school?

## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over		
Diarrhoea and Vomiting	48 hours after their last episode		
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19		
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics		
Measles	4 days after the rash first appeared		
Mumps	5 days after the swelling started		
Scabies	they've had their first treatment		
Scarlet Fever	24 hours after they started taking antibiotics		
Whooping Cough	48 hours after they started taking antibiotics		

## No

## but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever	
Head lice	Tonsillitis	
Threadworms	Slapped cheek	





## Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://grco.de/minfec.

## What Parents & Carers Need to Know about

## TIKTOK

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TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

### AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone collissons. The videos from users someone collissons to the videos on a child's catsons. For You' feed will therefore be ight-hearted and amusing, but it could cotentially surface something unsuitable. TikTok's guidelines prohibit the sharing of liegal or inappropriate content, but the shear volume of uploads mean they aren't manually monitored and vetted.

### DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

#### CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-lês (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app: it also lets their videos be suggested to others and enables anyone to comment on them or download them.

### IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Cain bundles range from £8.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

#### ADDICTIVE NATURE

rikTok can be addictive, especially for roung people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per lay on the app.) but these restrictions

#### TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content

## **Advice for Parents & Carers**

### **ENABLE FAMILY PAIRING**

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

### MAKE ACCOUNTS PRIVATE

RAME

Although under-16s will have their TikTok account set to private by default, bypessing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

#### LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can after the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person - without realising what they're doing - to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

#### DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

#### READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homeony.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.

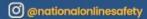


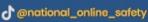












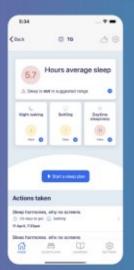
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza o w Served with Potato Wedges	Chinese Chicken and Vegetable Rice # #	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne  Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetable Pastry Roll o Served with Potato Wedges	Cauliflower Macaroni Cheese @ #	Sweet Potato and Chickpea Roast o Served with Roast Potatoes and Gravy	Vegetable Lasagne • • Served with Garlic and Herb Bread	Vegetarian Dippers o Served with Chips
JACKET	Jacket Potatoes  ©   with a choice of hot and cold fillings	Jacket Potatoes  @ o with a choice of hot and cold fillings	Jacket Potatoes	Jacket Potatoes  ©   with a choice of hot and cold fillings	Jacket Potatoes  © ©  with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 💟 🤯					
All main meals are served with two vegetables					
DESSERT	Oat Chocolate Cookie with Fruit à	Orange Jelly	Chocolate and Banana Marble Cake	Banana and Apricot Flapjack with Fruit &	Strawberry Ice Cream

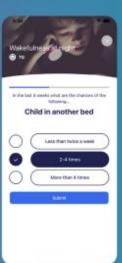


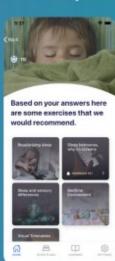
## The Sleep Wise App

Quality sleep is a critical part of any person's overall well-being. The App now includes a sleep diary facility and a free 7 day trial via the app stores. Contact us for bulk licence purchases.

NEW Improved Version











www.hunrosa.co.uk/sleep-wise-app

The Sleep Wise App has been designed to help children and young people who have trouble with sleep. This is an effective tool with tried and tested content in clinical settings using real families. Easy to use with friendly language. Effective results.



Scan to learn more

### WHO WILL BENEFIT FROM THIS APP.

- · Parents of children or young people
- Educators
- · Health and care professionals
- Includes information about sleep and special needs

Our App does not gather data about your child and no health data is stored.







Jointly developed by Hunrosa Sleep Consultancy and NASS (National Association of Independent Schools and Non-Maintained Special Schools).









## SPOCKY DISCO



## A SPOOKY-THEMED DISCO



THURSDAY OCT 19, 2023 | £2 PER CHILD

EYFS & KS1 5-5.45PM | KS2 6-7 PM

DISCO | GAMES | FANCY DRESS

50P SWEET BAGS WILL

BE AVAILABLE TO PURCHASE

