

### Porthleven School & Pre-School

#### Newsletter





Dear Parents / Carers,

The school will be celebrating Harvest at St. Bartholomew's Church next Wednesday at 1.30pm. The children have been practising their singing with great enthusiasm and year 6 will be performing a song of their own. Like previous years we would like to make food donations to the Helston Lizard Foodbank. Donations can be brought to school and we ask that they are items listed on the food banks page which currently is, Custard, tins of fruit, tins of tomatoes, sponge puddings, long life juice. Any contribution would greatly appreciated. Parents and carers are very welcome to join us for the service and I hope many of you will be able to attend.

On the Thursday 19<sup>th</sup> October the school will be holding a 'Break the Rules Day' and a Halloween disco in the evening to raise money for the Pantomime visit and reduce the cost of tickets to parents. The list of the rules that can be broken for a small fee are listed in the newsletter. The school is looking to raise further funds next half term with a sponsored walk.

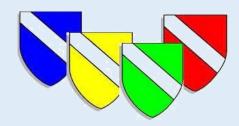
With very best wishes Mr D Clayden Acting Head of School

## Attendance

Class	Attendance This week	Late Marks	
Rainbowfish—YR	97.27%	0	
Seahorses—Y1	91.57%	2	
Jellyfish—Y2	95.96%	4	
Narwhals—Y3	100%	0	
Swordfish—Y4	97.94%	1	
Manta Rays—Y5	99.52%	0	
Dolphins—Y6	93.12%	2	
WHOLE SCHOOL	97.08%	9	

Well done to **NARWHALS** class for the best attendance this week!

# House Points



**Running Totals This Term** 

**Cookworthy: 10** 

Penrose: 15

Gibson: 7

Methleigh: 8

Our winners this week are the

PENROSE TEAM!

Well done!

# EYFS & XS1 TEAM

#### This week we hear from Mrs Trounson!

This week we have been busy, the children have enjoyed the car wash outside, moving water and making sure the cars got a good clean!

In Forest school we talked about signs of Autumn and in our maths sessions in Rainbowfish class we have explored size and weight of matching items for a

small bear and big bear and finding objects that are heavy and light in the classroom.

The children in Angelfish have been counting and singing number songs. They especially enjoyed eating fruit and snacks from the Hungry Caterpillar story.

Thank you to all the parents and grandparents that attended our Family session on Thursday. The children really enjoyed sharing their learning with you.



#### This week we hear from Mrs Figgins!



This week, the children in key stage 2 had the opportunity to listen to Sufiya Ahmed, who in charact in our p

listen to Sufiya Ahmed, who introduced her new book. Sufiya spoke her own interest in our place in the past and her love for history.

Rosie Raja: Mission to Cairo is an adventure-packed historical fiction novel about a girl who finds herself working as a spy in wartime Cairo. Being half English and half Indian gives Rosie a

unique aspect on the war, which could help her uncover who is betraying the allies.

In Geography, Year 6 have been creating a sustainable city, which needed to include plans to produce energy, provide inhabitants with food, handle waste efficiently, transport people and produce around the city, whilst ensuring that nature is welcomed and supported. They have researched global inspirational ideas, planned a 2d plan and are ready to build

their 3d cities next week, working collaboratively to bring their ideas together. In addition to this, the children are collecting ideas that they will be sharing with home at the end of this half term, on how we can all become more sustainable in everyday living.



KS2 TEAM

# Accelerated Reader Champions!



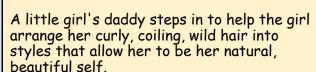
Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins		
Class Weekly Word Count						
10,910	66,435	130,436	55,932	250,448		
	Highest Pupil Weekly Word Count					
Arlo 2,605	Lottie 13,921	Sophia 47,529	Joe 36,023	Annabelle 106,047		
100% achievers - Who has achieved their target?						
	Evie, Gracie,	Sophia, Ezra, Sienna,	Joe, Ava	Annabelle		

## Recommened reads

\*All books found in school.

KS1 Book of the week -Hair Love

Author: Mathew Cherry AR Book Level: 2.1



KS2 Book of the week -The Elemental Detectives Author: Patrice Lawrence AR Book Level: 4.4



Marisee and Robert are the Elemental Detectives chasing the clues to avoid catastrophe: they must face the ghosts of Hyde Park, the monstrous coiled snake of the Serpentine, and a whole host of other fantastical creatures in their mission to stop the Shepherdess and prevent London slumbering for all eternity...

## Maths Whizz Winners

Below is our weekly progression for each class!

Jellyfish: 3.7

Narwhals: 0.7

Swordfish: 0.7

Manta Rays: 3.3

Dolphins: 2.3

Well done to the Jellyfish class for winning the Maths Whizz trophy this week!





#### **Attendance and late arrival**

As a reminder, the expected attendance for a child is 95% or above.

#### **INSET DAY**

Please don't forget our school is closed on Friday 6th October for teacher training.

#### Information sent home this week:

Football letters

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#### **Cross Country notification:**

Our Cross Country on October 3rd is on a NEW SITE. The normal field at Helston is out of use for construction. The event will start 15 minutes later to clear the bus bay at the North site. Arrival 3:50-4:00pm. Please do not arrive before 3:50. Races from 4:15pm on the Fire station pitch over the road at the north site.

Please sin up on the link below

https://forms.gle/89ts1ybbY1cDqTty7

#### National Childs Measurement Program Reception & Year 6

The school nursing team will be in school soon to see reception and year 6 to take their measurements.

Please find information below for each year group including how to opt out.

Reception: <a href="https://www.healthycornwall.org.uk/make-a-change/child-health-programme-reception-year/">https://www.healthycornwall.org.uk/make-a-change/child-health-programme-reception-year/</a>

Year 6: https://www.healthycornwall.org.uk/make-a-change/child-health-programme-year-6/

#### Friday 15th December

Stalls and volunteers needed for your School Christmas Fair!

Stall are £10 a table is you know of anyone or would like a table please let the school office know by emailing <a href="mailto:secretary@porthleven.cornwall.sch.uk">secretary@porthleven.cornwall.sch.uk</a>

Also if you can spare an hour or two to help set up or run a stall for part of the event please let the school office know. We can't run these events without our amazing volunteers.

#### This weeks lunch menu is week 1 with a change to Thursday

On Thursday 5th October 2023 we would be grateful if your child intends to take their free school entitlement at any time during the school year that, if possible they take a school lunch on this day. This is the day the government calculates the funding our school receives, based on the number of school meals taken on this day.

Menu change for Thursday is Fish fingers and chips, Veg dippers and chips, Tomato Pasta, Jacket Potato, Ham Sandwich or Cheese Sandwich.

# Diary Dates (additions in red)

Date	Event
Tuesday 3rd October	Cross country race 2 - 4.15pm North site HCC https://forms.gle/89ts1ybbY1cDqTty7
Wednesday 4th October	Harvest Festival 1.30pm in the church
Friday 6th October	INSET Day
Thursday 12th October	Year 1 hearing screening
Thursday 19th October	Break the rules day
Thursday 19th October	School Disco
Friday 20th October	Last day of term
Monday 30th October	First day of term
Tuesday 7th November	Cross Country race 3 - Mullion 4pm
Wednesday 15th November	Anti-Bullying awareness event at HCC 2.30-3.30pm
Thursday 16th November	Nasal Flu Immunisations year R – year 6
Friday 8th December	Whole school trip to the Hall for Cornwall
Thursday 14th December	Christmas school Lunch
Friday 15th December	Christmas Fair - Volunteers needed
Tuesday 19th December	Last day of school
Thursday 4th January	INSET Day
Friday 5th January	First day of the Spring term
Monday 19th February	INSET Day
Wednesday 8th May	INSET Day

# SPORTS AT PORTHLEVEN

#### Touch Rugby

This week, some Year 5 and 6 children took part in a touch rugby training event, getting ready for the Peninsular Finals which will take place in November. Mrs Ayotte, who ran the session, commented on how brilliant the children were throughout the session and their progress in just an hour was outstanding. Well done team and good luck in November!







### What Parents & Carers Need to Know about

Roblex is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

#### CONTACT WITH STRANGERS

Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect; players can still send harmful messages to others – such as general hostility – while predators can reach out to children directly.

#### PUBLIC SERVERS

WHAT ARE

THE RISKS?

#### ONLINE DATERS

These are also called 'ODers' and are quite common in Roblox. An ODer is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODers. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

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PEGIRATIN

#### IN-APP PURCHASES

## IZEE . Advice for Parents & Carers

#### SET PARENTAL CONTROLS

Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

#### DISABLE PRIVATE MESSAGING

Robiox's private messaging function raises the risk of children being contacted by people they may not want to speak with — potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

#### PRIVATE SERVERS

If your child has some genuine friends to play Robiox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Robiox fan, it's important to talk with their regularly about who they are playing the game with.

#### MONITOR SPENDING

If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

#### DEALING WITH STRANGERS

At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to – and what they should never tell a stranger online – will help understand how to communicate with other people online saf

#### Meet Our Expert

clare Godwin (a.k.a. Lunawolf) has worked as an editor and burnalist in the gaming industry since 2015, providing rebsites with event coverage, reviews and gaming guides. he is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including jame development and writing non-fiction books.





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www.nationalonlinesafety.com



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# SPOCKY DISCO



#### A SPOOKY-THEMED DISCO



THURSDAY OCT 19, 2023 | £2 PER CHILD

EYFS & KS1 5-5.45PM | KS2 6-7 PM

DISCO | GAMES | FANCY DRESS

50P SWEET BAGS WILL

BE AVAILABLE TO PURCHASE



# BREAK THE RULES MAY! MAY!

For one day only, children at Porthleven school will be allowed to break any of the rules below on Thursday 19th October!

Each rule costs 50p to break.

Please tick the rules you break and return with your donation to your teacher on the day.

#1	You must wear school uniform fancy dress is not allowed	
#2	You must NOT have crazy hair!	
#3	You must NOT wear face paint or glitter!	
#4	You must NOT paint your nails!	
#5	You must NOT wear temporary tattoos!	
#6	You must NOT have squash/ juice in your drinks bottles!	

All funds raised will go towards our whole school Peter Pan trip

## WEEK 1 W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza o Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Turkey & Served with Roast Potatoes and Gravy	Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetable Pesto Pasta Bake @	Macaroni Cheese @	Roasted Vegetable Butterbean Crumble o & Served with Roast Potatoes and Gravy	Vegetarian Bolognese o s Served with Wholemeal Pasta	Vegetarian Dippers o Served with Chips
JACKET POTATO	Jacket Potatoes  @ o  with a choice of hot and cold fillings	Jacket Potatoes  @ o  with a choice of hot and cold fillings, including Salmon Mayonnaise *	Jacket Potatoes  © ©  with a choice of hot and cold fillings	Jacket Potatoes  © ©  with a choice of hot and cold fillings	Jacket Potatoes  © ©  with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 💖					
All main meals are served with two vegetables					
DESSERT	Vanilla ke Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit è	Fruity Picnic Bar	Chocolate Ice Cream



## Healthy Cornwall

#### Welcome to Healthy Cornwall

#### Make a change

No matter what your age or ability, we can help you to lead a happier, healthier lifestyle. Please see below for some of our currents programmes happening in your area.

To see more courses and to register please go to www.healthycornwall.org.uk or call our office on 01209 615600.

#### What's on-Adults...

- Weight Loss Swim Group at Carn Brea Leisure Centre Tuesdays from 11:00 -12:00 (Bookings Essential)
- Health and Wellbeing Drop-ins at The Elms, Redruth Mondays between 14:00 & 16:00 (except Bank
- Argyle FIT at Cornwall College Tuesdays from 20:00 21:30 (Bookings Essential)
- Digital Weight Management Course (Delivered via Microsoft Teams) Thursday Lunchtimes in September,
  Thursday Lunchtimes in October or Monday Evenings in November.
- Slimming World vouchers for individuals with a BMI of 30 or over
- Root Training Walks Mondays at 2pm (designed for individuals with mobility problems) or Tuesdays at 10am (more active walk) - from Camborne Park, near CRFC. (Bookings Essential)
- Stop Smoking Service-helping you to quit with nicotine replacement therapy and quit advice (please call or go online to our website to register)

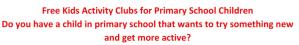
## What's on-Healthy Pregnancy and 0-5 years...

- Carn Brea Leisure Centre 0-5 swim Tuesdays
   9.30-10am (Booking Essential)
- Penzance Leisure Centre 0-5 swim Wednesdays
   11.30-12pm (Booking Essential)
- Ready, Steady, Eat We offer FREE digital and face-to-face based sessions for parents and babies across Cornwall. In these sessions we will talk about when and how to introduce solid food to your baby and appropriate foods to try. To book onto one of these sessions, please complete the online booking form on our website or call us on 01209 615600.

## What's on-Children and Young People...

Bitesize Healthy Families Digital Programme

Our FREE Bitesize Healthy Families programme is designed to help parents and carers support children, young people and their the whole family to make healthy lifestyle changes, sessions are delivered via Microsoft teams (booking Essential)



Our FREE activity clubs are all about encouraging primary school aged children to be more active.

We believe that activity should be FUN! So we've partnered up with with DT Coaching, to deliver a range of fun, different and exciting activities every week during term time. Including archery, kin ball, NERF battles, laser tag, ultimate frisbee, multi-sports and much more!

- Wednesdays at Redruth School 5-6pm
- Thursdays at Humphry Davy School 5-6pm
- Fridays at St. Meriadoc Juniors School 3.45-4.45pm

#### **Booking essential**

(call or see website for details)

