



PORTHLEVEN NEWS

Friday 2nd May 2025

Porthleven Food Festival

We couldn't be prouder of the whole school for their fantastic parade through the village today. The children waved their flags with pride, performed their brilliant rap, and the Reception class melted hearts with their cheerful pasty song. It was a wonderful celebration of creativity, community, and Cornish culture!



Reminder

Days next week are as follows:

Monday 5th May - Bank Holiday (Closed)

Tuesday 6th May - Normal School Day

Wednesday 7th May - Normal School Day

Thursday 8th May - Flora Day (Closed)

Friday 9th May - Normal School Day



Important Reminder for Years 3, 4 & 5

Letters have gone home this week—please ensure all forms are completed and returned as soon as possible. Payments should also be made in full or nearly complete. Thank you for your cooperation!

PE Days

YR Rainbowfish - Monday

Y1 Seahorses - Tuesday

Y2 Jellyfish - Thursday

Y3 Narwhals - Monday

Y4 Swordfish - Wednesday

Y5 Manta rays - Thursday

Y6 Dolphins - Friday





Attendance

Class	Attendance this week
Rainbowfish — YR	95.4
Seahorses — Y1	95.6
Jellyfish — Y2	94.6
Narwhals — Y3	98.6
Swordfish — Y4	98.5
Manta Rays — Y5	94.1
Dolphins — Y6	96.7
WHOLE SCHOOL	96.35

Well done to the
**Narwhals
Class**
for the best
attendance this
week!

Team Points

Running totals

Penrose: 3

Gibson: 7

Methleigh: 7

Cookworthy: 3

Our winners this week are the
Methleigh Team!

Well done!



News

Congratulations to Rafi and Lewis!

A huge well done to Rafi and Lewis, whose dishes were chosen to be cooked live at the Porthleven Food Festival by Jude in front of the whole school today.

Rafi impressed everyone with his creative take on fish and chips, featuring grilled fish, new potatoes, samphire, peas, and local seaweed.

Lewis dish was a delicious pancake topped with fresh berries.

What a fantastic achievement—well done, both of you!



Year 6 SATs Reminder

A reminder that Year 6 SATs will begin the week starting Monday 12th May.

To help our pupils start the day right, Chartwells will be offering a selection of breakfast items in the school hall each morning before school (at no cost to the children/parents)

We encourage all children to attend so they're well-fuelled and ready to do their best on their SATs.

Cross Country Race 5 Date Change

Race 5 date has changed and will now be on Tuesday 6th May due to parking limitations this race will still be at Helston School North site at 4pm. This race is for all year groups.

Cookworthy Non-Uniform Day – Friday 9th May

Congratulations to Cookworthy House for winning the most House Points last half term! As a reward, Cookworthy students can enjoy a non-uniform day on Friday 9th May. Well done

Break the Rules Day – Friday 16th May

On Friday 16th May, we'll be holding a Break the Rules Day.

Each rule broken will cost 50p, and all proceeds will go towards supporting school activities.

More information on the rules you can break will be shared soon — stay tuned!

As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.



Diary Dates

Date	Event
Tuesday 6th May	Cross Country race 5 - Helston North Site
Thursday 8th May	INSET DAY
Friday 9th May	Yellow team non-uniform day
Monday 12-Thursday 15th May	SATS
Friday 16th May	Break the Rules Day
Monday 26th - 30th May	Half Term
2nd - 4th June	Year 4 Residential
Friday 6th June	INSET DAY
9th - 11th June	Year 5 Residential
Thursday 12th June	KS1 & EYFS Sports Day AM
Friday 13th June	KS2 Sports Day all day
18th - 20th June	Year 3 Residential
Tuesday 1st July	Year 6 Transition to Helston School
Wednesday 2nd July	Year 6 Transition to Helston School
Monday 7th July	INSET DAY
14th July - 18th July	Year 6 Residential
Wednesday 23rd July	Last day of School

Next Week's Menu

WEEK 3

W/C: 05/05/2025, 16/06/2025, 07/07/2025, 08/09/2025, 29/09/2025, 20/10/2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🌱	Sausage Hot Dog Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Oat Crusted Chicken Served with Wholegrain Rice 🌱	Battered Pollock Served with Chips 🌱
		OR	OR	OR	OR	OR
	OPTION 2	Veggie Supreme Pizza Served with Garlic and Herb Bread 🌱	Veggie Sausage Hot Dog Served with Potato Wedges 🌱 🌱	Roast Quorn Served with Roast Potatoes and Gravy 🌱	Meatless Shepherd's Pie Served with Gravy 🌱 🌱	Quorn Dippers Served with Chips 🌱 🌱
		OR	OR	OR	OR	OR
	OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🌱

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES	OPTION 4	Ham Wrap	Ham Baguette	Cheese Wrap 🌱	Ham Baguette	Ham Wrap
		OR	OR	OR	OR	OR
	OPTION 5	Cheese Baguette 🌱	Tuna and Sweetcorn Wrap	Egg Mayo Baguette 🌱	Cream Cheese and Cucumber Wrap 🌱	Cheese Baguette 🌱

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Flapjack 🌱 🌱	Chocolate Brownie 🌱	Lemon Cookie Served with Fruit 🌱	Crunchy Chocolate Mousse	Cornflake Tart
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BAKED POTATOES SERVED DAILY

With a choice of toppings 🌱 🌱



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

CAST

SATURDAY ART CLUB AT CAST



Our popular Saturday art club for young people is open to new members.

Age 11-16? Join us on Saturdays at CAST to work with artists, explore your creativity, learn new skills, and develop creative projects!

All sessions are free with materials provided and you don't need any previous experience to take part.

Our Saturday Art Club enjoys a variety of workshops and projects including printmaking, textiles, stone carving, darkroom photography, ceramics, sculpture, zine-making, badge-making, painting, drawing and more! Join us to make art, experiment with materials and relax in a welcoming studio space supported by professional artists <https://castcornwall.art/learning/programme/saturday-club/>

We have 2 Saturday Art Club groups. The morning group meets from 10.30-13.00 and the afternoon group from 14.00-16.30. Summer term sessions will take place on the following dates and then resume in the autumn term.

3rd, 10th and 17th May

7th, 14th and 21st June

HOW TO TAKE PART

We recommend registering as soon as possible to avoid disappointment.

To take part, or to find out more please contact Kate@castcornwall.art.

ABOUT CAST

CAST is a visual arts organisation, based in Helston, Cornwall. Our programme includes exhibitions of artist's film, talks, screening events and workshops. We provide learning programmes for schools and creative activities for children, families, and young people. CAST is also home to artists' studios, an open-access ceramics studio and a Café. For more information, please see our website: <https://castcornwall.art/>

SPORTS DAYS 2025



EYFS/KS1

Thursday 12th June 10-12pm

(reserve date: Thursday 26th June)

KS2

Friday 13th June 10am-3pm

(reserve date: Wednesday 25th June)

More details to follow soon!

10 Top Tips for Parents and Educators

SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.

7 CROSS SAFELY

Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view, instead moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

9 REVERSING VEHICLES

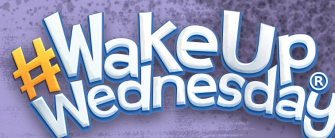
Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



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