

A huge well done to our amazing Year 6 pupils on completing their SATs! We are incredibly proud of each and every one of you—not just for how hard you worked during the tests, but for the commitment, resilience, and positivity you showed throughout the entire lead-up. SATs are just one part of your journey, and while we know you tried your very best, we also know that you are so much more than a score. A test can't measure your creativity, your kindness, and your individuality. It doesn't reflect the times you've encouraged one another, acted as role models, or shown the Porthleven Way within the community. You have grown in confidence so much this year. Well done!

Thank you, to the staff and families who supported you along the way.

Best Wishes Mrs Figgins

Assistant Head Teacher

#### **DAILY THINGS TO REMEMBER**

Water Bottle

Applied Sun Cream Before School

Reading book and diary

#### **PE Days**

YR Rainbowfish - Monday

Y1 Seahorses - Tuesday

Y2 Jellyfish - Thursday

Y3 Narwhals - Monday

Y4 Swordfish - Wednesday

Y5 Manta rays - Thursday

Y6 Dolphins - Friday





# Attendance

Class	Attendance this week
Rainbowfish — YR	84.6
Seahorses — Y1	95.3
Jellyfish — Y2	97.1
Narwhals — Y3	95.2
Swordfish — Y4	97.8
Manta Rays — Y5	91
Dolphins — Y6	98.8
WHOLE SCHOOL	94.4

Well done to the

# Dolphins Class

for the best attendance this week!

# **Team Points**



Running totals

Penrose: 8

Gibson: 11

Methleigh: 15

Cookworthy: 6

Our winners this week are the

**Methleigh Team!** 

Well done!

# News

#### Camps/residentials for 2026

Thank you for taking the time to complete our recent parent survey. Your feedback is incredibly valuable to us and is greatly appreciated.

One area highlighted in your responses was the affordability of our annual residential trip programme. We believe residential trips offer a fantastic opportunity to build confidence, resilience, and deepen curriculum understanding. However, we also understand the importance of ensuring our provision remains accessible and meets the needs of all families in our community.

With this in mind, we would like to gather your views on the following potential options for our residential and enrichment programme for 2026.

Please click the link below to select your preferred option by Monday 19th May.

https://forms.cloud.microsoft/e/2584ihtbpP

#### **Sports Day Pasty Lunch Order**

Children will have the option of ordering either steak or cheese pasty for lunch for Sports Day. KS1 and EYFS will order their lunch with their teacher please can KS2 and Nursery order on the link below.

https://forms.office.com/e/wJ7yY0ej1x

#### As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.





#### Year 2

I am delighted to share what a fantastic term it has been for Jellyfish Class! The children have been working incredibly hard across all areas of the curriculum and should be proud of all they have achieved.

In Literacy, the class has been busy rewriting the Cornish tale of St Michael's Mount, bringing the story to life with their own creative twists. In Maths, we've been exploring fractions by learning how to split shapes and objects into equal parts, focusing on halves and quarters. The children have shown great understanding through practical activities and problem-solving tasks.

Art has been a hands-on experience this term as the children made their own pinch pots and tiles from clay. They've learned how to use slip and score techniques, as well as experimenting with different tools to create textures and patterns.

In Science, we've been investigating plants. The children have enjoyed discovering the differences between seeds and bulbs and learning what a plant needs in order to grow and stay healthy.

It's been a joy to see how much progress the children have made this term, both academically and personally. We're very proud of all their efforts and look forward to more exciting learning next term!









#### Reception

This half term our topic has been 'Wildlife Wonders' which the children have really enjoyed. They have learned about animal's habitats and made their own for animals in the schools outside area, testing whether they are waterproof or windproof. This week they have been researching what their favourite animals eat and where they live. They then wrote a fact file about it. The children's letter formation is showing good progress but please continue to practice this at home to avoid any bad habits sneaking it.

In maths the children have been learning to add and takeaway. Next half term we will have a focus on securing number bonds to 5 and beginning to extend this to number bonds to 10 in preparation for Year 1.

Last week we decided to celebrate VE day together with Angelfish as it was the 80<sup>th</sup> year. The children loved preparing all the food for our garden party and creating the decorations as a team. They also really enjoyed playing games from the 1940s and were surprised when they realised they enjoy the same games today such as Grandma's Footsteps.

This week during 'Welly Wednesday' was a magical moment when the children had made their magic sticks like Max from our story of the week – Where the Wild Things Are and we made our own rumpus in the "jungle". They have such wonderful imaginations.

Finally to finish off this half term, we are looking forward to our class visit to Methleigh Farm next week where we will see the calves and lambs and enjoy a milkshake fresh from the farm!





#### Year 4

Year 4's sailing has continued to be one of the most exciting parts of the year and something the children are really excelling at. The team at Trevassick are fantastic, splitting the class into two teams so that half the afternoon is out on canoes/kayaks and the other half is on the sail boats. Seeing the children adapt to the sails, steering and turning their boats around the lake, was very impressive. They can get some real speed on those turns!

Looking ahead to Monday, Swordfish Class will be attending Porthcurno Museum for a trip readying them for the final half-term's history module of Cornish Communication. This module is all about how Cornwall connects to global communication, both with inventions and innovations to technology over the decades. The museum trip will give us a lot of knowledge ahead of the full topic, so that the children will remember things they've seen in person when I mention them again during lessons. I hope getting to learn about Cornwall's vital part in global communications will be an inspiring and informative day for everyone.



# Diary Dates

Date	Event
Monday 19th May	Year 4 Trip
Wednesday 21st May	Year 6 Trip
Wednesday 21st May	Reception & Nursery Trip
Friday 16th May	Break the Rules Day
Monday 26th - 30th May	Half Term
2nd - 4th June	Year 4 Residential
Friday 6th June	INSET DAY
Tuesday 10th June	Cross country Fun Run—4pm Mullion school
9th - 11th June	Year 5 Residential
Thursday 12th June	KS1 & EYFS Sports Day AM
Friday 13th June	KS2 Sports Day all day
18th - 20th June	Year 3 Residential
Tuesday 1st July	Year 6 Transition to Helston School
Wednesday 2nd July	Year 6 Transition to Helston School
Monday 7th July	INSET DAY
14th July - 18th July	Year 6 Residential
Wednesday 23rd July	Last day of School

# Next Week's Menu

# WEEK 2

#### W/C: 28/04/2025, 19/05/2025, 09/06/2025, 30/06/2025, 21/07/2025, 01/09/2025, 22/09/2025, 13/10/2025 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY OPTION **BBQ Chicken** Beef Bolognese Southern Fried Roast Gammon Macaroni Cheese Chicken Pizza Served with Served with Mashed 0 4 Served with Potato Wholewheat Pasta Served with Chips Potato and Gravy Wedges ₩ ₩ œ œ HOT DISHES œ Sweet and Sour Sweet Potato, OPTION Meatless Feast Tex Mex Vegetables Veggie Fingers Chickpea and Cheesy Pizza Vegetable Fajita Served with Herb Roast Served with Chips Wrap Served with Potato 0 0 0 Wholegrain Rice (0) Served with Gravy O 10 00 \*\*\* 0 OR) a æ OR OR OPTION Tomato Pasta Tomato Pasta Tomato Pasta Tomato Pasta Tomato Pasta Fresh, Homemade Fresh, Homemade Fresh, Homemade Fresh, Homemade Fresh, Homemade Tomato Sauce with Pasta 📦 Pasta 🔘 🐞 Pasta 🔘 🍿 Pasta 💮 🐲 Pasta 🚳 HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD OPTION DISHES Cheese Wrap Ham Baguette Ham Wrap Ham Baguette Ham Baguette OR) OR OR OPTION Cream Cheese Egg Mayo Tuna and Cheese Wrap and Cucumber Cheese Baguette Sweetcorn Wrap Baquette Wrap Ø 0 **DELI DISHES ARE SERVED WITH MIXED SALAD** Flapjack Lemon Emerald Chocolate Ice Chocolate Caramel Mousse DESSERT Brownie Served with Fruit or Cake Cream Apple Wedges 5 BAKED POTATOES SERVED DAILY **AVAILABLE DAILY** Fresh fruit, salad, yoghurt and water Vegetarian U Vegan 🚵 Oily Fish 🐲 Wholegrain 🍈 Fruity! 🐠 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

# 10 Top Tips for Parents and Educators FOSTERING A SENSE OF BELONGING

Feeling a genuine sense of belonging is essential for the emotional and social development of children and young people. Belonging significantly boosts self-esteem, resilience, and mental wellbeing, reducing feelings of isolation and anxiety. This guide provides practical strategies to help parents and educators cultivate inclusive environments, enhancing both academic outcomes and overall happiness among young people.

# CELEBRATE INDIVIDUAL DIFFERENCES

Acknowledge and celebrate the uniqueness of every child. Promoting diversity and inclusion creates an environment where differences are valued rather than stigmatised. This acceptance empowers children to confidently express their identities and feel genuinely included, fostering a robust sense of belonging within both school and home settings.

#### CONSISTENT COMMUNICATION

Regularly communicate and actively listen to children, showing genuine interest in their thoughts and experiences. Creating open communication channels helps young people feel heard and valued. This approach not only builds trust but also reinforces children's perception of themselves as a vital part of their family, school and community.

#### MEANINGFUL **PARTICIPATION**

Give children opportunities to actively participate and contribute, whether in classrooms, at home, or in community activities. Meaningful participation helps children feel their input matters, reinforcing a sense of purpose and value. Including them in decisions and responsibilities enhances their self-worth, promoting a deeper sense of belonging and inclusion.

#### **FOSTER STRONG** RELATIONSHIPS

Support and encourage positive relationships between peers, educators, and families. Strong, healthy relationships significantly impact a child's sense of belonging, providing emotional support and reducing feelings of loneliness. Facilitate social interactions through group activities, teamwork, and collaborative learning to strengthen these vital connections.

#### INCLUSINE SPACES

Design environments that reflect diversity and are welcoming for everyone. Inclusive spaces where all children see themselves represented can dramatically improve their feelings of safety and acceptance. Consider classroom displays, books, and resources that celebrate various cultures, abilities, and backgrounds to visibly reinforce inclusivity and belonging.

# MODEL POSITIVE BEHAVIOUR

Adults play a crucial role by demonstrating inclusive, empathetic, and respectful behaviours. Modelling positive interactions and attitudes sets a clear standard for children to follow. Children are likely to replicate inclusive behaviour, creating a supportive community atmosphere where everyone feels accepted and valued for who they are.

### BUILD EMOTIONAL LITERACY

Teach and encourage emotional expression and understanding among children. Developing emotional literacy enables young people to articulate their feelings and empathise with others. An emotionally intelligent environment cultivates mutual respect and compassion, fostering a deeper sense of belonging and interpersonal connection within groups.

# SUPPORT PEER MENTORSHIP

Encourage peer mentorship or buddy systems within educational settings. Peer support enhances feelings of connectedness and security, reducing feelings of isolation. When children support one another, they naturally build community bonds, nurturing a supportive culture where belonging and friendship thrive.

#### **RECOGNISE EFFORTS** REGULARLY

Consistently acknowledge children's contributions and achievements, how small. Recognition reinforces a child's understanding that their presence and efforts are important. Celebrating individual and collective successes helps cultivate a positive environment where children feel acknowledged, motivated, and deeply connected to peers and adults around them.

# ADDRESS BULLYING PROMPTLY

Quickly address any incidents of bullying. Promptly intervening demonstrates a clear commitment to an inclusive and safe environment. Creating a culture where incidents are swiftly and effectively addressed reinforces trust, security, and a sense of belonging for

#### Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd and Director for Wellbeing and Family Services at Leigh Trust. With extensive experience in systemic mental health in schools, she supports educational leaders across the UK to develop inclusive, resilient, and supportive learning environments. Anna is also the lead expert for mental health at The National College.





**National** College

Source: See full reference list on guide page at: nationalcollege.com/guides/fostering-a-sense-of-belonging

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# Come, Play and Chat Catch an opportunity to explore Helston Family Hub

Helston Family Hub, Bulwark Road, Helston TR13 8J

Tuesday 20th May from 2PM

#### **Open Day at Helston Family Hub**

Discover the wide range of help and support services available for families! Meet local volunteers and maybe explore opportunities for volunteering yourself. Try your hand in arts and crafts activities, too.

- · Play, learn, grow with your child
- Dental Health
- Health and Wellbeing
- · Community and Voluntary Services
- Helpful Advice and Trusted Guidance
- Save money on your utility bills
- Learning, Jobs and Training Opportunities



• Helston Family Hub – Open to All! Let's connect, support, and grow together!

#### Where to find us:

Address: Helston Family Hub, Bulwark Road,

Helston TR13 8J

Email: Kerrier.FamilyHubs@cornwall.gov.uk

Call: 01326 560417







MENTAL HEALTH SUPPORT TEAM NHS Foundation

Parents and Carers - please join us for a 5 session online workshop where we will teach you practical strategies to support your child with their anxiety and worries



Various morning and afternoon sessions available starting week commencing 9 June 2025, please select when you sign up. Please note you will be signed up to the same day and time for the duration of the workshop.

To book a place please complete the online form HERE https://forms.office.com/e/0qRn KmCw1i or scan the QR code



This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall



NENTAL HEALTH SUPPORT TEAM.

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**Parents and Carers** Please join us for a 5 session online workshop for Behaviour as Communication Parent support

Various morning and afternoon sessions available starting week commencing 9 June 2025, please select when you sign up. Please note you will be signed up to the same day and time for the duration of the workshop.

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

TO BOOK A PLACE PLEASE COMPLETE THE ONLINE FORM HERE HTTPS://FORMS.OFFICE.COM/E/BVHDPYUCQA

OR SCAN THE QR CODE BELOW



This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall







#### We need live music for the

**FALMOUTH** 

Tickets £8 falmouth.ac.uk/arts-centre

01326 259 349

# **Helston Pride Picnic!**

Saturday June 28th 12pm - 4pm

Coronation Park, Helston, TR13 0RA

Live music from local school & community groups

LGBTQ+ support groups

Lovely people

Creating a safe space for everyone in our community, especially our Trans and Non-Binary friends,



**AMATA** 

# ATTENTION Young singers & players!

We are looking for groups or soloists, any age (up to 18) and any style to perform live at this years event.

Last year we had 300 attendees at our super friendly picnic, and we know that this year we will have more!

#### Please email

smarsden@helston.tpacademytrust.org if you are interested, or have any questions.

We will provide a PA and Sound Engineer to ensure you sound fabulous!