

# PORTHLEVEN SCHOOL

Friday 27th March 2026

## Easter Service

We are looking forward to welcoming you to our Easter Service next Monday at 1:30pm at St Bart's Church.

The Easter story will be shared in sections, introduced by readers from Year 6 and Year 5. Each class will also take part by standing and reciting a short stanza within the service.

Please note that the children will walk down to the church and return to school after the service. Please do not take your child after the service. Children are to be collected at the usual time of 3.15pm from school.

We do hope you are able to join us for this special occasion as we come together to celebrate Easter.



## INSET Day

Friday 8th May  
School closed.



## **DAILY THINGS TO REMEMBER**

- Water Bottle
- Coat
- Reading book and diary

## PE Days From January

Please note year 3 change

Reception - Monday

Year 1 - Thursday

Year 2 - Thursday

**Year 3 - Friday (Swimming)**

Year 4 - Friday

Year 5 - Friday

Year 6 - Friday



# SEAHORSES



## A<sup>+</sup> SEAHORSE NEWS

This week, the children have been reading *The Queen's Hat* by Steve Antony. They have enjoyed creating their own versions of the story, using a range of adjectives and past-tense verbs to bring their writing to life. As part of this work, the class explored different parts of London and learned about several well-known landmarks that appear in the story.

In Science, the children have been using their senses to investigate the world around them. This linked to our discussions about how animals rely on their senses to understand their environment and stay safe. The children showed good curiosity as they compared how humans and animals gather information about the world.



# MANTA RAYS



## MANTA RAYS NEWS



As always, Manta Rays have had a fantastic half term. Our World War I topic has sparked great curiosity about global conflicts, and learning about inspiring figures such as Walter Tull and Timothy McCarthy has been meaningful for us all. This half term, we have also been out and about, including a visit to 'Light and Life', where the children explored Bible stories. Once again, they were a credit to the school, demonstrating excellent behaviour alongside thoughtful curiosity and questioning.

We also visited 'Cast' this week for an art lesson. The children learned about the history of intaglio printing (ink and line) before developing their own drawing and printing skills. This resulted in some wonderful prints of the Helston skyline. In DT, the children are now coming to the end of creating their own 'pop-up' nursery rhyme books. They have thoroughly enjoyed constructing their books using pivot and slider mechanisms and are excited to share their finished work with parents over Easter.



# Porthleven Notices & Reminders

## Parking Reminder – Keeping Our Children Safe

We kindly ask all parents and carers to avoid parking on the yellow lines or zig-zag markings outside the school. These restrictions are in place to ensure clear visibility and safe crossing for our children at the start and end of the school day.

Parking in these areas can put pupils at risk by blocking sightlines and creating unsafe conditions near the entrance. We appreciate your cooperation in helping us keep everyone safe.



Thank you for completing a parent survey for Ofsted this year. Unfortunately, only limited feedback is shared with us, so we would really appreciate it if you could complete our survey as well. It's a quick and easy way to share what's working well and where we can continue to improve for everyone.

We really value your thoughts, and your feedback helps us make informed decisions for the whole school community. Thank you for taking the time to have your say!

Parent Survey - Porthleven 2026



[Parent Survey - Porthleven 2026 – Fill in form](#)

## As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.



# *Porthleven Notices & Reminders*

## **Food Festival**

We're thrilled to be opening the Porthleven Food Festival once again on Friday 24th April 2026!

This year, the parade route will be slightly different due to the absence of the harbour bridge. We'll be setting off from school at 9.30am in full spirit, with flags flying and drums beating, making our way down to The Ship and back to the marquee on the seafront.

The celebrations continue at the marquee, where the winning dish from our school competition will be brought to life live on stage by Jude - a moment not to be missed! This will be followed by a performance from the whole school, before the official opening at 11:00am.



Come along, cheer us on, and be part of the excitement!

## **Break The Rule Day**

Last day of term, we're having a *Break the Rules Day*! Please check the poster for all the fun rules you can (and can't!) break.

- >Costumes are welcome, but must be suitable for school
- >No scary masks, frightening costumes, or dangerous props
- >Non-scary face painting is absolutely fine

Let's make it a fun and safe day for everyone!

## **Donations of Old Uniform**

We are currently looking for donations of school uniform to use as spare clothing for our Reception class. We are also in need of spare pants and socks.

If your child has borrowed any spare pants, socks, or uniform from school, please ensure these items are washed and returned as soon as possible.

Thank you for your continued support.

# Lego Team

The Porthleven Lego Team, *The ArchaeLEGOgists*, would like to say a huge **THANK YOU** to everyone for your incredibly generous support. From your donations, to all the delicious cake you've enjoyed, and every single raffle ticket you've bought for our Easter Raffle - it truly means so much to the team!

There's still time to get involved! Team members will be selling tickets throughout the week, or you can pop into the school office and see Mrs Blight to get yours. The raffle draw will take place on Thursday during school, so don't miss your chance to win.

We've been overwhelmed by the kindness of our community, with fantastic Easter egg prizes generously donated by Tesco, Pengelly's, and the families of our Lego Team - there are *lots* of prizes up for grabs!

Excitement is building as the team prepares for their competition... On Friday 24th April, they will travel to Harrogate to compete in the National Finals on Saturday 25th April, going head-to-head with the very best teams from across the UK. Reaching this stage is an incredible achievement and a true reflection of their hard work, creativity, and teamwork.

We are so proud of them and can't wait to see how they get on  
good luck, ArchaeLEGOgists!



# PORTHLEVEN HOUSE POINTS RUNNING TOTALS



WELL DONE TO THIS WEEKS WINNERS – Penrose

## ATTENDANCE THIS WEEK

Reception	96.5
Year 1	97.4
Year 2	93.6
Year 3	95.6
Year 4	100
Year 5	100
Year 6	97.2

This weeks winning  
class for attendance  
is

(Year 4 & 5)

Swordfish  
Manta Rays

This weeks whole school attendance is **97.33%**

# Diary Dates

Date	Event
Thursday 2nd April	Break the Rules Day for the Lego
Thursday 2nd April	Last day of term
Monday 27th April	Year 1 Parents Meeting For Phonics Screening
Tuesday 28th April	Cross country race 5—All year groups—Mullion
Friday 8th May	INSET Day
Tuesday 12th May	Cross Country race 6—All Years—Helston South
Tuesday 2nd June	Year 4 trip
Friday 5th June	INSET Day
Tuesday 9th June	Cross Country Fun Run—All year Groups—Mullion
Wednesday 17th—19th June	Year 4 School Camp
Wednesday 24th June	Class Photos
Thursday 25th—26th June	Year 3 School Camp
Monday 29th June	Year 1 trip
Monday 13th –17th July	Year 6 School Camp
Wednesday 22nd July	Last day of Term
Thursday 23rd July	INSET Day

# BREAK THE RULES

## DAY!

For one day only, children at Porthleven school will be allowed to break any of the rules below on Thursday 2nd April!

Each rule costs 50p to break.

Please tick the rules you break and return with your donation to your teacher on the day.

#1

You must wear school uniform!

#2

You must NOT have crazy hair!

#3

You must NOT wear face paint or glitter!

#4

You must NOT paint your nails!

#5

You must NOT wear temporary tattoos!

#6

You must NOT have Chocolate for break!



# **ST BART'S EASTER PARTY**

## **FREE FAMILY EVENT**

**Wednesday 8 April 12 - 3pm**

**CRAFTS, PRIZES, LUNCH  
EASTER QUIZ CHALLENGE AND  
PARTY BAG PRIZE**



*All children must be accompanied by a responsible adult, thank you!*

# EASTER HOLIDAY ACTIVITY SCHEDULE

APRIL 2026

Sat 4 <sup>th</sup>	Comic-Con
Tues 7 <sup>th</sup>	Multi Sport Activity Camp
Wed 8 <sup>th</sup>	Multi Sport Activity Camp
Thurs 9 <sup>th</sup>	Bushcraft at Truro <b>PREP</b> Drama 2 Day Camp
Fri 10 <sup>th</sup>	Drama 2 Day Camp Bounce Park
Mon 13 <sup>th</sup>	Multi Sport Activity Camp
Tue 14 <sup>th</sup>	Multi Sport Activity Camp,
Wed 15 <sup>th</sup>	Multi Sport Activity Camp
Thur 16 <sup>th</sup>	Multi Sport Activity Camp Space
Fri 17 <sup>th</sup>	Bounce Park

SIR BEN  
AINSLIE  
**SPORTS  
CENTRE**

[www.sirbenainsliesportscentre.com](http://www.sirbenainsliesportscentre.com)



**PORTHLEVEN SCHOOL**  
**SUMMER**  
**SURF CLUB**



**Starting Thursday 23rd April**

**Thursday after school**  
**From Praa Sands**

**With Global Boarders!**



**SURFING**  
**ENGLAND**

**Lifeguards**



# THE PARENTING EXPEDITION

NAVIGATING LIFE'S JOURNEY  
AS A SEND PARENT CARER

[www.kynde.co.uk](http://www.kynde.co.uk)



## A UNIQUE JOURNEY

Parenting a child with SEND comes with its challenges and rewards. It can sometimes feel overwhelming or isolating, but you don't have to navigate it alone.

## THE PARENTING EXPEDITION

The Parenting Expedition is a supportive programme created by parents with lived experience. It offers a space to reflect, connect, and develop practical strategies alongside others who understand.

## THE PROGRAMME:

Small group setting to encourage meaningful discussion and support. Venue: Porthleven

Tues 5<sup>th</sup> May : 12:00 - 14:45    Tues 2nd June: 12:00 - 14:45  
Tues 12<sup>th</sup> May: 12:00 - 14:45    Tues 9<sup>th</sup> June: 12:00 - 14:45  
Tues 19<sup>th</sup> May : 12:00 - 14:45    Tues 16th June: 12:00 - 14:45

## Self Discovery

Explore your own strengths and needs to create a supportive environment where your child can thrive.

## Practical Strategies

Learn approaches to managing daily challenges and strengthening your connection with your child.

## Emotional Support

Build confidence and resilience within a like-minded community.

*"This has been a very **enjoyable, enlightening and heart-warming** experience. I have learned a lot about myself, gained skills to help my daughter and made connections with lovely people. I have been made to **feel accepted** and welcome.*

*"I really enjoyed the course. I feel I met lovely people that I **really connected** with and learnt a lot in a **supportive space.**"*

*"Both Sharon & Helen created a **unique experience.** It really made me feel much **more positive** about my really challenging home life."*

*"The course far **exceeded** any expectation or pre-conceived idea. An **incredibly empowering** course held among a really **empathetic and encouraging group.** It was so good to realise I no longer need to feel or be isolated."*

## FIND OUT MORE

If you are interested in joining or finding out more, please contact:

**Helen Girvan**

[helen@kynde.co.uk](mailto:helen@kynde.co.uk)

**Sharon Wilson**

[sharon@kynde.co.uk](mailto:sharon@kynde.co.uk)

# THE PARENTING EXPEDITION

NAVIGATING LIFE'S JOURNEY AS A SEND PARENT CARER

[www.kynde.co.uk](http://www.kynde.co.uk)



## THE PROGRAMME:

Sessions are designed to meet the individual needs of parents in the group. They follow the framework below:

- Session 1:** Discovering the map
- Session 2:** Leading the expedition
- Session 3:** Packing your backpack
- Session 4:** Challenging Terrain
- Session 5:** The new route
- Session 6:** Returning home

## HOW PARENTS HAVE REPORTED CHANGE IN THEIR PARENTING OUTLOOK:

Theme	Before	After
<b>Emotional State</b>	Overwhelmed, anxious, stressed	Empowered, hopeful, positive
<b>Sense of Support</b>	Unsupported, isolated	Connected, supported, empathetic
<b>Confidence</b>	Worn down, unsure, exhausted	Equipped, strong, powerful
<b>Outlook</b>	Uncertain, concerned	Informed, optimistic, brighter

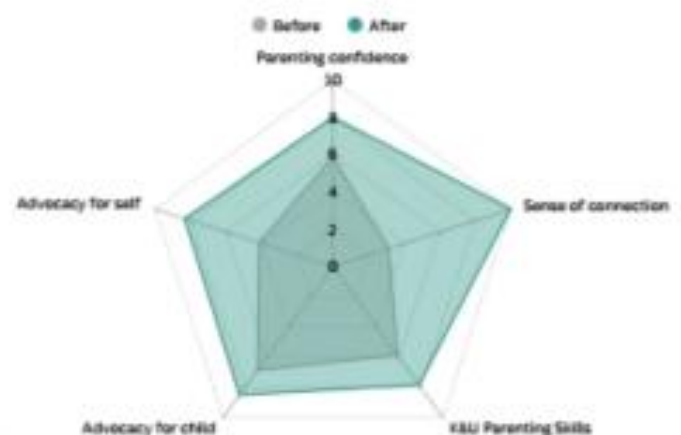
## COSTS:

Thanks to a generous National Lottery Grant, there is no cost to attend the programme (which includes 15-hours of workshop time, refreshments and course materials). We open up an opportunity for parent-carers to 'pay it forward' by donating to our Crowdfunder:

[The Parenting Expedition Crowdfunder](#)



## PROGRAMME IMPACT



*"This programme **exceeded** my expectations; I now have strength in my own convictions as a parent, compassion for others on the same journey, **understanding** of the young people we are trying to guide in this world, and confirmation or validation of how important it is to **look after myself better** - it begins with us!!"*

## FIND OUT MORE

To find out more and reserve your space please contact Helen or Sharon:

**Helen Girvan**  
**Sharon Wilson**

[helen@kynde.co.uk](mailto:helen@kynde.co.uk)  
[sharon@kynde.co.uk](mailto:sharon@kynde.co.uk)



# MHST

**NHS**  
Cornwall Partnership  
NHS Foundation Trust

# RESILIENCE

*Bounce Back, Stay Strong!*

- ✓ *Overcome Challenges*
- ✓ *Adapt & Grow*
- ✓ *Keep Moving Forward*

**Tuesday 12 May 2026  
10.30am or 12pm**

To request a place, fill out the online form or scan the QR code: To request a place, fill out the online form or scan the QR code:

<https://forms.office.com/e/sQk8MJDOmJ>



# MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Each session will last approx. 2 hours

## Locations and dates:

07 April - Golitha Falls

07 April - The Gardeners House, Penzance

14 & 15 April - Penrose Estate

16 April - St Ives Community Orchard

More sites and dates may be added so keep checking!

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, complete the online form

<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:  
[Cornwall Mental Health Support Team \(MHST\)](#)



# MHST Managing Worries

TIPS AND SUPPORT WITH MANAGING YOUR CHILD'S WORRIES



Take Deep Breaths



Write it Down



Talk to Someone



Do Something You Enjoy

To request a place, fill out the online form or scan the QR code: To request a place, fill out the online form or scan the QR code:  
<https://forms.office.com/e/SiqzWJJAdP>

Tuesday 12  
May 2026  
9.30am or  
1.30pm



**NHS**  
Cornwall Partnership  
NHS Foundation Trust

# MHST SLEEP

*Rest, Recharge, Reset!*



Get Plenty of rest



Feel better & think clearly



Boost your health

**Monday 11 May 2026**  
**9.30am or 1.30pm**

To request a place, fill out the online form or scan the QR code: To request a place, fill out the online form or scan the QR code:

<https://forms.office.com/e/M3QjqQqgLT>



# Weekly Menus

## Please order on ParentPay

### WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	<b>OPTION 1</b>	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognese with Wholewheat Pasta	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
	<b>OPTION 2</b>	BBQ Vegetable Wrap with Potato Wedges	Vegetarian Bolognese with Wholewheat Pasta	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips
	<b>OPTION 3</b>	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	<b>OPTION 4</b>	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	<b>OPTION 5</b>	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Crunchy Apple Slice	Strawberry Shortcake Mousse	Oat Cookie	Apple Crumble with Custard	Berry Blondie	



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice  
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

### WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	<b>OPTION 1</b>	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	<b>OPTION 2</b>	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips
	<b>OPTION 3</b>	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	<b>OPTION 4</b>	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	<b>OPTION 5</b>	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Caramel Crunch	Flapjack	Chocolate Brownie	Apple and Golden Syrup Sponge with Custard	Chocolate Cookie	



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice  
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

### WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	<b>OPTION 1</b>	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcorn Pasta Bake	Battered Pollock with Chips
	<b>OPTION 2</b>	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potatoes and Gravy	Macaroni Cheese	Veggie Fingers with Chips
	<b>OPTION 3</b>	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	<b>OPTION 4</b>	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	<b>OPTION 5</b>	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Marble Cake	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice  
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

# Looking After Your WELLBEING ONLINE

We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days that it's also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the internet.

TAKE CARE  
WHAT YOU  
SHARE

CHECK YOUR  
PRIVACY  
SETTINGS

AVOID  
COMPARING  
YOURSELF TO  
OTHERS

TRACK YOUR  
SCREEN TIME

TAKE  
BREAKS

REPORT  
INAPPROPRIATE  
CONTENT

24

BLOCK  
BULLIES

PAUSE  
BEFORE  
YOU POST

SPEAK UP AGAINST  
HARMFUL BEHAVIOUR

BE KIND &  
BE CAREFUL

GO TECH FREE  
BEFORE BED

STAY  
ACTIVE  
OFFLINE



National  
Online  
Safety®

#WakeUpWednesday

LOOK FOR POSITIVE COMMUNITIES

# COMMUNICATION AT PORTHLEVEN SCHOOL



## BY PHONE

Ring 01326 562249 between 8.15am & 3.30pm to speak to Mrs Blight out side these hours please leave a message.



## BY EMAIL

Email [porthlevensecretary@croftymat.org](mailto:porthlevensecretary@croftymat.org) anytime or your class email. Queries will be responded to between 8.30 and 4pm.



## ARBOR

Photo consent and communication from school will be from Arbor please download the app (pls contact the office for support setting up).

## OUR NEWSLETTER

Up coming dates for your diaries are shared on the newsletter along with some classroom news.

## OUR WEBSITE

Our website contains useful information about our school.