

PORTHLEVEN SCHOOL

Friday 13th March 2026

Sunday we would like to say a big thank you to all the special people in our children's lives.

Each child went home with a beautiful bunch of daffodils, kindly delivered to the school by Matt Penrose from Varfell Farms, to give to someone special at home.

We hope these bright flowers help show just how much those important people are appreciated today. Thank you for all the love, care and support you give our children every day.



INSET Day

Friday 8th May

School closed to children.



DAILY THINGS TO REMEMBER

- Water Bottle
- Coat
- Reading book and diary

PE Days From January

Please note year 3 change

Reception - Monday

Year 1 - Thursday

Year 2 - Thursday

Year 3 - Friday (Swimming)

Year 4 - Friday

Year 5 - Friday

Year 6 - Friday



NARWHALS

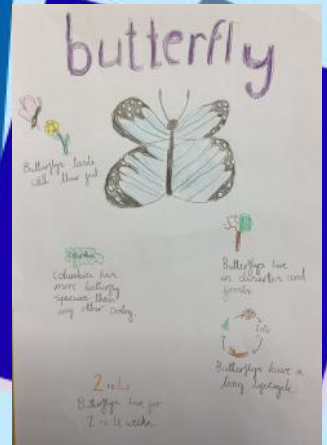


A+ NARWHAL NEWS



In Year 3, we have been busy this week with science week! Following the theme of curiosity we have been entomologists (a scientist who studies insects) and spent a day learning about insects, researching a chosen insect and presenting our research in a poster. I also challenge the children to make an observation box where we could collect insects and minibeasts inside of and observe them carefully. They had to make sure they were secure, able to see into, had air holes and had waterproof elements. And they showed great creativity and teamwork We are hoping for better weather next week so we can take them outside and try them out!

In our literacy, we have been writing instructions on how to catch something linked to our story from last half term and catching a polar bear. We've had some great instructions for catching many animals, as well as mermaids and the grinch! In computing this term, we have been learning about how a computer works and the parts inside of a laptop. Our history topic this half term is the ancient Egyptians and so far we have looked at when they lived placing events on a timeline and learning about artefacts discovered in Tutankhamen's tomb and what they tell us.



Porthleven Notices & Reminders

Coose Trannack Cross Country - Saturday 21st March 2026

This year, Porthleven School will not be entering a school team in the Coose Trannack Cross Country event. However, children are very welcome to take part as individual entrants. Families can register directly with the event organisers (entry fee £4 per child). Please see the event information for full details, including race times and distances.

Lego League

Wow, what an incredible day at the Cornwall First LEGO League Regionals!

It was a busy and exciting day full of fun, teamwork and innovation. The ArchaeLEGOgists delivered a strong presentation and showed fantastic enthusiasm throughout the competition. They had a few small problems with their robot during the runs, but they kept cheering each other on and supporting one another the whole time.

We are absolutely over the moon to have come away with the Champions Trophy— what an amazing achievement for the team! Now we're looking forward to heading to the National Finals on Saturday 25th April. Wish us luck!

We are currently looking for local sponsors to help support the team's journey to the National Finals. If you or your business would like to help our young engineers take part in this fantastic opportunity, please get in touch with the Porthleven School office to find out more.



As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.



Easter Holiday Club



Carwynnen, Camborne

Thursday 9th April


Thursday 16th April

9:30 - 3:30

£35 per child

Join us on  

@cornwallsnatureplayground

 naturesplayground@hotmail.com

-  campfire snack
-  den building
-  flora and fauna ID
-  real tool use
-  woodland craft
-  child led play



This event is not run by the school

BACK TO (the old) SCHOOL DISCO

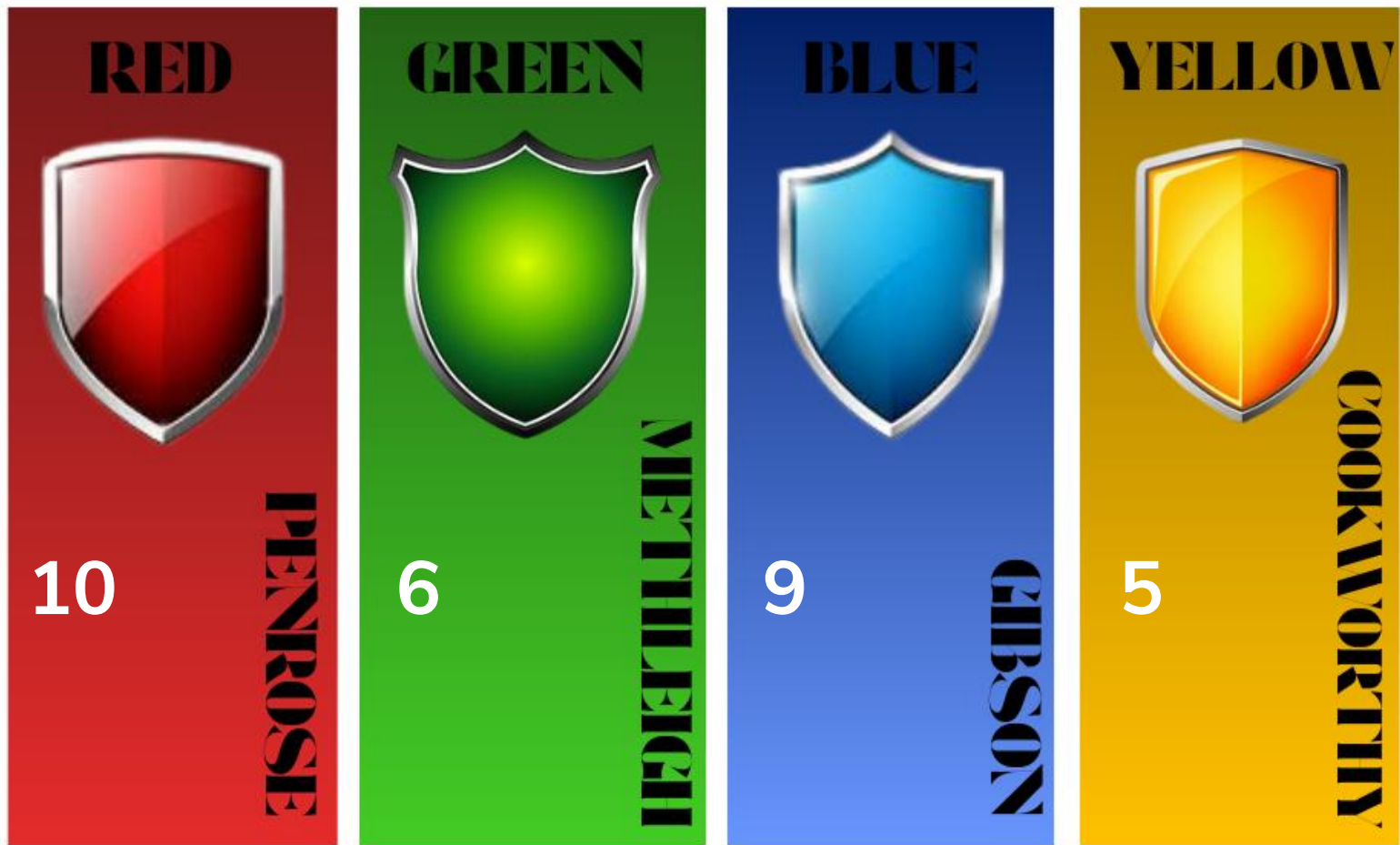


8pm-11pm Friday 13th March
Porthleven Public Hall



OVER 18s Only - Cash/Card Bar
Fancy Dress is encouraged
Tickets £10 from Bolla & Ship Inn
Raising funds for the Moors Park Play Area

PORTHLEVEN HOUSE POINTS RUNNING TOTALS



WELL DONE TO THIS WEEKS WINNERS – Penrose

ATTENDANCE THIS WEEK

Reception	97.6
Year 1	99.1
Year 2	96
Year 3	95.2
Year 4	99.3
Year 5	100
Year 6	97.9

This weeks winning class for attendance is
(Year 5)
Manta Rays

This weeks whole school attendance is 97.95%

THE PARENTING EXPEDITION

NAVIGATING LIFE'S JOURNEY
AS A SEND PARENT CARER

www.kynde.co.uk



A UNIQUE JOURNEY

Parenting a child with SEND comes with its challenges and rewards. It can sometimes feel overwhelming or isolating, but you don't have to navigate it alone.

THE PARENTING EXPEDITION

The Parenting Expedition is a supportive programme created by parents with lived experience. It offers a space to reflect, connect, and develop practical strategies alongside others who understand.

THE PROGRAMME:

Small group setting to encourage meaningful discussion and support. Venue: Porthleven

Tues 5th May : 12:00 - 14:45 Tues 2nd June: 12:00 - 14:45
Tues 12th May: 12:00 - 14:45 Tues 9th June: 12:00 - 14:45
Tues 19th May : 12:00 - 14:45 Tues 16th June: 12:00 - 14:45

Self Discovery

Explore your own strengths and needs to create a supportive environment where your child can thrive.

Practical Strategies

Learn approaches to managing daily challenges and strengthening your connection with your child.

Emotional Support

Build confidence and resilience within a like-minded community.

*"This has been a very **enjoyable, enlightening and heart-warming** experience. I have learned a lot about myself, gained skills to help my daughter and made connections with lovely people. I have been made to **feel accepted** and welcome.*

*"I really enjoyed the course. I feel I met lovely people that I **really connected** with and learnt a lot in a **supportive space.**"*

*"Both Sharon & Helen created a **unique experience.** It really made me feel much **more positive** about my really challenging home life."*

*"The course far **exceeded** any expectation or pre-conceived idea. An **incredibly empowering** course held among a really **empathetic and encouraging group.** It was so good to realise I no longer need to feel or be isolated."*

FIND OUT MORE

If you are interested in joining or finding out more, please contact:

Helen Girvan

helen@kynde.co.uk

Sharon Wilson

sharon@kynde.co.uk

THE PARENTING EXPEDITION

NAVIGATING LIFE'S JOURNEY AS A SEND PARENT CARER

www.kynde.co.uk



THE PROGRAMME:

Sessions are designed to meet the individual needs of parents in the group. They follow the framework below:

- Session 1:** Discovering the map
- Session 2:** Leading the expedition
- Session 3:** Packing your backpack
- Session 4:** Challenging Terrain
- Session 5:** The new route
- Session 6:** Returning home

HOW PARENTS HAVE REPORTED CHANGE IN THEIR PARENTING OUTLOOK:

Theme	Before	After
Emotional State	Overwhelmed, anxious, stressed	Empowered, hopeful, positive
Sense of Support	Unsupported, isolated	Connected, supported, empathetic
Confidence	Worn down, unsure, exhausted	Equipped, strong, powerful
Outlook	Uncertain, concerned	Informed, optimistic, brighter

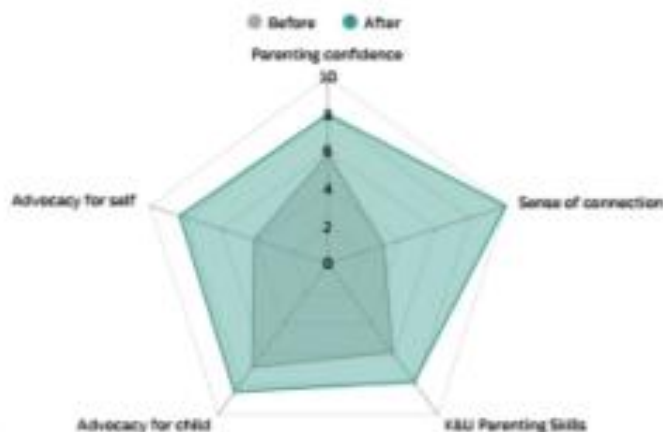
COSTS:

Thanks to a generous National Lottery Grant, there is no cost to attend the programme (which includes 15-hours of workshop time, refreshments and course materials). We open up an opportunity for parent-carers to 'pay it forward' by donating to our Crowdfunder:

[The Parenting Expedition Crowdfunder](#)



PROGRAMME IMPACT



*"This programme **exceeded** my expectations; I now have strength in my own convictions as a parent, compassion for others on the same journey, **understanding** of the young people we are trying to guide in this world, and confirmation or validation of how important it is to **look after myself better** - it begins with us!!"*

FIND OUT MORE

To find out more and reserve your space please contact Helen or Sharon:

Helen Girvan
Sharon Wilson

helen@kynde.co.uk
sharon@kynde.co.uk

MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Each session will last approx. 2 hours

Locations and dates:

07 April - Golitha Falls

07 April - The Gardeners House, Penzance

14 & 15 April - Penrose Estate

16 April - St Ives Community Orchard

More sites and dates may be added so keep checking!

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, complete the online form

<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:
[Cornwall Mental Health Support Team \(MHST\)](#)

Diary Dates

Date	Event
Friday 20th March	Reception Trip
Thursday 2nd April	Last day of term
Monday 27th April	Year 1 Parents Meeting For Phonics Screening
Tuesday 28th April	Cross country race 5—All year groups—Mullion
Friday 8th May	INSET Day
Tuesday 12th May	Cross Country race 6—All Years—Helston South
Tuesday 2nd June	Year 4 trip
Friday 5th June	INSET Day
Tuesday 9th June	Cross Country Fun Run—All year Groups—Mullion
Wednesday 10th—12th June	Year 4 School Camp
Wednesday 24th June	Class Photos
Thursday 25th—26th June	Year 3 School Camp
Monday 29th June	Year 1 trip
Monday 13th –17th July TBC	Year 6 School Camp
Wednesday 22nd July	Last day of Term
Thursday 23rd July	INSET Day

Weekly Menus

Please order on ParentPay

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognese with Wholewheat Pasta	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges	Vegetarian Bolognese with Wholewheat Pasta	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Crunchy Apple Slice	Strawberry Shortcake Mousse	Oat Cookie	Apple Crumble with Custard	Berry Blondie	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Caramel Crunch	Flapjack	Chocolate Brownie	Apple and Golden Syrup Sponge with Custard	Chocolate Cookie	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcorn Pasta Bake	Battered Pollock with Chips
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potatoes and Gravy	Macaroni Cheese	Veggie Fingers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Marble Cake	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
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The 2026 Helston Community
College Production of

Annie jr.



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Matinee 18th March 2.15pm

18, 19 and 20th of March
performances at 7pm
in South Site Hall.

BOOK TICKETS ONLINE



TICKETS ALSO AVAILABLE AT THE DOOR

Book by Thomas Meehan
Music by Charles Strouse

Lyrics by Martin Charnin

Presented on Broadway by Mike Nichols

Originally Produced by
Irwin Meyer
Stephen R. Friedman
Lewis Allen

Alvin Nederlander Associates Inc.
The John F. Kennedy Center for the Performing Arts
Icarus Productions

Based on "Little Orphan Annie" By Permission of The Tribune Media Services, Inc. This amateur production is presented by arrangement with Music Theatre International All authorised performance materials are also supplied by MTI www.mtishows.co.uk



MUSIC THEATRE
INTERNATIONAL

12 – 14 Mortimer Street, London, W1T 3JJ, United Kingdom
+44 (0)20 7580 2827 | www.mtishows.co.uk

COMMUNICATION AT PORTHLEVEN SCHOOL



BY PHONE

Ring 01326 562249 between 8.15am & 3.30pm to speak to Mrs Blight out side these hours please leave a message.



BY EMAIL

Email porthlevensecretary@croftymat.org anytime or your class email. Queries will be responded to between 8.30 and 4pm.



ARBOR

Photo consent and communication from school will be from Arbor please download the app (pls contact the office for support setting up).

OUR NEWSLETTER

Up coming dates for your diaries are shared on the newsletter along with some classroom news.

OUR WEBSITE

Our website contains useful information about our school.