

PORTHLEVEN SCHOOL

Dear Parents / Carers,

We hope this letter finds you well. As part of our ongoing commitment to both healthy eating and environmental responsibility, we would like to remind you about the importance of providing a healthy and compostable morning tuck for your child at breaktimes.

As you may know, our local authority has recently introduced a new rubbish collection scheme, requiring households to separate their food waste from recyclable and non-recyclable materials. It is now the turn of schools to ensure that all waste is sorted into these three main categories.

To comply with this new waste collection initiative and promote both health and environmental awareness, we kindly ask that all morning tuck items consist of fresh fruit, vegetables, or other nutritious snacks that do not come in wrappers. If necessary, morning snacks can be kept in reusable plastic containers that remain in your child's bag. Green waste bins will be available at break times to collect food waste such as apple cores and banana skins.

At lunchtime, any child with a packed lunch will need to put wrappers back into their lunchbox to ensure that food waste is not contaminated with non-compostable items.

Thank you for your support in making our school a greener and healthier place for everyone. If you have any questions or need further guidance on suitable tuck options, please do not hesitate to contact us.

Best regards,

Dan Clayden
Headteacher

DAILY THINGS TO REMEMBER

- ☒ Water Bottle
- ☒ Coat
- ☒ Reading book and diary





Classroom News



Year 1

We have been learning about Queen Elizabeth I and other monarchs throughout history. In maths, we've started exploring concepts such as mass, length, height, and weight. We're also writing about *Jack and the Beanstalk* and practicing using conjunctions to make our sentences longer and more engaging. Last week was Science Week, and the children thoroughly enjoyed discovering which biscuits were best for dunking! Over the past couple of weeks, Year 1 has been working on designing and creating puppets. Today, they brought their creations to life with plenty of glitter, sequins, and googly eyes.



Year 6

Here's what Year 6 have been up to and what's coming next in their learning!

Year 6 are taking on the exciting challenge of designing and building playpark equipment! They've been thinking about how to make their designs both fun and practical. Next week, they'll be exploring ways to improve the aesthetics of a park by considering the placement of bins, benches, and greenery to create an inviting space for all.



In gymnastics, pupils are working on creating movement sequences using skills such as mirrored balances, canon, and unison movements. These activities help them develop coordination, teamwork, and control in their performances. We can't wait to see their final routines!

This half-term, we are beginning our study of Islamic Civilisation, exploring the incredible innovations and discoveries that continue to shape the modern world. From mathematics and medicine to art and architecture, Year 6 will be learning how this fascinating civilisation has left a lasting impact on society today.





Attendance

Class	Attendance this week
Rainbowfish — YR	91.5
Seahorses — Y1	96.2
Jellyfish — Y2	94.5
Narwhals — Y3	99.3
Swordfish — Y4	97
Manta Rays — Y5	92.9
Dolphins — Y6	96.3
WHOLE SCHOOL	96.53

Well done to the
**Narwhals
Class**
for the best
attendance this
week!

Team Points

Running totals

Penrose: 7

Gibson: 6

Methleigh: 8

Cookworthy: 9

Our winners this half term are the

Penrose TEAM!

Well done!



ACCELERATED READER CHAMPIONS!

Jellyfish	Narwhals	Swordfish	Manta Rays	Dolphins
Class Weekly Word Count				
129,076	56,813	236,514	331,318	185,584
Highest Pupil Weekly Word Count				
Poppy	George	Evie	Fflur	Felix
100% achievers – Who has achieved their target?				
Charlie, Chloe, Chloe P, Elsie, Ocean		Lowen, Fern, Lottie, Jago, Rupert, Evie, Lydia	Ivy, Evelyn, Fflur, Ayva, Sienna, Daisy, Sophia, Ezmai, Rob- bie, Ezra, Coral, Fleur, Bertie, Evie, Robin, Merryn, Abigail, Kyla, Rose, Tommy	Tobias, Linnea,

$$y = mx + b$$

Maths Whizz

Below is our weekly progression for each class! ◆

Seahorse: 3/27

Jellyfish: 24/24

Narwhals: 18/27

Swordfish: 27/27

Manta Rays: 24/28

Dolphins: 14/24

Well done to Swordfish class for winning the Maths Whizz trophy this week!

$$-b \pm \sqrt{b^2 - 4ac}$$

$$ax^2 + bx + c = 0$$



News

Red Nose Day - Friday 21st March

Thank you to everyone that gave a donation for Red Nose Day we raised an amazing £115!



ARE YOU INTERESTED IN SCHOOL CATERING THAT FITS AROUND YOUR HOME LIFE.
NO WEEKENDS OR EVENINGS.

CHARTWELLS HAS A VACANCY IN YOUR SCHOOL.

Unit manager 30hrs a week Porthleven School – catering background advisable

POSITION IS TERM TIME ONLY WITH SALARY SPREAD OVER THE WHOLE YEAR.

IF YOU ARE INTERESTED, PLEASE CALL OR EMAIL

KAREN – 07760172002

Karen.wallens@compass-group.co.uk

School Communications

We are now ready to start using the Arbor Parent Portal and Parent App. Initially, we will use this for communicating with you through in-app messages and emails. You will also be able to update the data we hold on you through the App instead of having to communicate directly to the school office. In the future, we will look at other areas that we can use e.g. booking parental consultations.

Your accounts have already been created for this system. To finish creating your account, you just need to set a password. Your username is the email address we've sent this email to.

Go to <https://porthleven-school.uk.arbor.sc/> and click **Forgot your password?** to finish setting up your account.

The Parent App can be downloaded from either the Playstore on android phones or the Apple Store on iPhones. Arbor have a 'Getting started' page on their website for the Parent Portal that will help you familiarise yourself with the app here:

[Getting started - Log into the Parent Portal and the Parent App](#)

If you have any queries, please contact the school office.

As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.



Diary Dates

[illegible]

Next Week's Menu

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Macaroni Cheese 	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Fish Fingers Served with Chips
	BBQ Quorn Fillet Served with Wholegrain Rice	Quorn Sausages Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta 	Cheese and Sweetcorn Omelette Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Beet Brownie with Orange Slices	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

PACKED LUNCH

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

What Parents & Educators Need to Know about STREAMERS

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

Some gaming streamers will stick to family-friendly titles, but others will play more violent games that tend to be more popular. Non-gaming streamers could, in theory, discuss just about anything, and some streamers will often stream in revealing outfits.



NEGATIVE INFLUENCES

While things have improved, streamers are often paid by companies to promote products, and this isn't always stated explicitly. While it's unlikely these goods will be harmful to your child, some streamers and influencers have engaged (knowingly or not) in scams in the past.



FINANCIAL HARM

Streamers will often have donation buttons on their screens for users to submit money. What can start as small amounts can quickly spiral as streamers engage with paying viewers more often, potentially leading to financial issues.



UNREALISTIC EXPECTATIONS

Influencers often showcase how glamorous their lives are, making some users feel as though they are lesser. However, it's important to stress that, in many ways, this is an act, or at the very least, not common. Logan Paul, who has been successful as a streamer and influencer, has a Pokemon card worth \$5 million, but this is atypical of anyone working in the medium.



MISINFORMATION

Streamers are, in many ways, just like us - and they can get things wrong or reel off an opinion without having thought about it. Some can simply say awful things to get a rise out of viewers or to sway them to their side of a hot topic.



ADDICTION AND SCREEN TIME

If your child is watching a lot of a particular streamer, it can be just as damaging to their social life as playing too many video games.



Advice for Parents & Educators

EXPLAIN HOW STREAMING WORKS

For a younger viewer, being a streamer or influencer seems aspirational, but it involves a lot of work and no small degree of good fortune. Streamers are often managed and unable to speak freely due to sponsors, and influencers are just that - influencing young minds, for better or for worse.



CHECK OUT STREAMING PLATFORMS

While Twitch was the de facto streaming service for years, YouTube has gained popularity, too. Then there are Kick and Rumble, which have grown in popularity with moves for big-name streamers - despite many being dogged by controversy.



DO NOT LOG PAYMENT INFORMATION

Streamers can reward donations with additional content, on-camera "shout outs" and more. If you're unsure about who or what your child is watching, consider avoiding linking payment information. This is especially notable with Twitch, which is owned by Amazon and therefore has some crossover.



SET SCREEN TIME LIMITS

You can set screentime limits for mobile apps on iOS and Google, but with other platforms like a PC it may be more difficult to keep tabs. Consider checking in regularly to ensure your children aren't watching content they shouldn't be.



Meet Our Expert

Lloyd Coombes is the Games Editor of the Daily Star, and has been working in the gaming and tech industry for five years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.



#WakeUpWednesday

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/streamers>



UK Health
Security
Agency

NHS

Should I keep my child off school?



Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.