

PORTHLEVEN SCHOOL

Friday 29th November 2025

Message from Cornwall and Devon Police

As children are now writing their Christmas lists to Santa, we would like to inform parents that E-scooters are illegal in public places and can only be ridden on private land with the landowner's permission. Therefore, we are trying to discourage these as a Christmas present idea.

[Advice on e-scooter usage | Devon & Cornwall Police](#)

There are also limitations on E-bikes.

[What you need to know: electric bikes | Devon & Cornwall Police](#)



INSET Day

Monday 5th January
school closed to children.



DAILY THINGS TO REMEMBER

- Water Bottle
- Coat
- Reading book and diary

PE Days From November

Please note year 4 change

Reception - Monday

Year 1 - Thursday

Year 2 - Thursday

Year 3 - Wednesday

Year 4 - Thursday

Year 5 - Friday

Year 6 - Friday (swimming)



RAINBOWFISH



RAINBOWFISH NEWS

This half term, the children have greatly enjoyed exploring old photographs of Porthleven and comparing them with the present day. Using a variety of images, they engaged in thoughtful discussions and confidently identified many similarities and differences.

In maths, the children have been learning numbers to 5, exploring number composition, and practising their subitising skills. They are becoming very speedy at recognising patterns of 4 and 5 and love challenging each other. This week, they have also been identifying 4-sided shapes—squares and rectangles—and using loose parts to build their own.

Our half-termly books have been a big hit, with *The Gingerbread Man* emerging as a firm favourite. The children worked brilliantly as a team to bake gingerbread men, which they then shared with younger children from First Steps around the campfire during Welly Wednesday.

Excitement is building for our upcoming Christmas play. The children have been learning the Nativity Story in class and frequently enjoy acting it out together.

We are now looking forward to the start of winter and all the festive celebrations to come!



SWORDFISH



A⁺ SWORDFISH NEWS

This week in Swordfish Class, we have been working towards our DT final project of creating biscuits/cookies with a variety of flavours. (Some of the ingredient ideas might be a little too expensive for our budget, unfortunately!)

The children are creating their own packaging, using American cereal boxes as our inspiration. Think bright colours bold writing and competitions! The class have come up with their preliminary designs and we will continue to work on these over the next few weeks before the big baking day.



Porthleven Notices & Reminders

Trip to the Hall for Cornwall – Aladdin - Friday 12th December

We are delighted to share that the children will be heading to the Hall for Cornwall to watch the magical pantomime *Aladdin*. This fantastic production promises plenty of laughter, music, and festive fun!

The children will travel by coach and will return to school by the end of the day.

Lunch & Snacks

Please ensure your child brings a packed lunch and a water bottle.

- Reception, Year 1, Year 2 and children eligible for Free School Meals will be provided with a Ham or Cheese packed lunch to take with them.
- A small snack may also be sent for your child to enjoy during the show.

Cost of the Trip

- £4.70 per child
- £2.00 for pupil premium children

This reduced cost has been made possible through school fundraising and a generous donation from the PTA.

Payment Information

Payments can be made via ParentPay or in cash at the school office by Wednesday 10th December.

If you have any questions or difficulties with payment, please contact the school on 562249 or email Mrs Blight at porthlevensecretary@croftymat.org.

We are looking forward to a magical day!

Facebook

Follow us on Facebook to see what we've been up to at school!

This month, we'll be counting down to Christmas and wishing you a season filled with magic, connection, and joyful moments.

We'd love for you to share your photos or favourite activities below each daily post!



Winning House Teams – Non-Uniform Day

On **Friday 5th December**, two house teams will enjoy a **non-uniform day** in recognition of their achievements:

- **Blue Team (Gibson):** Winners of last half term's house points
- **Red Team (Penrose):** Winners at the end of the summer term

Congratulations to both teams for their hard work and dedication!



Porthleven Notices & Reminders

Christmas competitions

1. HarvCore3D – Design Your Own Christmas Decoration Competition

HarvCore3D is running a Design Your Own Christmas Decoration competition, and every child is invited to take part. Pupils can design a unique Christmas tree decoration using **any three colours plus white**—please note that white paper counts as the colour white if included in their design.

Prize: One winning design from each class will be 3D-printed and given to the winning child to take home and hang proudly on their Christmas tree.

Optional: If you would like your child's design to be 3D-printed regardless of the competition outcome, you may order **5 decorations for £10**.

Please send £10 in a **named envelope** along with your child's design to the school office.

A copy of the entry form is attached.

2. Zen Educate – Christmas Card Competition

Zen Educate are inviting pupils to take part in their festive Christmas card competition—an exciting opportunity for children to be creative and expressive!

Prizes:

- **1st place:** £150 Amazon voucher (£75 for the school + £75 for the student)
- **2nd place:** £100 Amazon voucher (£50 for the school + £50 for the student)
- **3rd place:** £50 Amazon voucher (£25 for the school + £25 for the student)

Please hand your Christmas cards into the school office by Tuesday 9th December.

Winners will be announced on **Friday 12th December**.



3. Christmas Party Hat Competition

As part of our Christmas celebrations, we will be holding a **Party Hat Competition**.

On **Wednesday 17th December**, children will enjoy their school Christmas meal and are invited to wear a festive party hat they have made themselves.

Please ensure hats are brought into school on **Tuesday 16th December**, when the kitchen team will select the winners.

Winners will be announced during lunchtime on Wednesday, and prizes will be awarded on the day.



We look forward to seeing the wonderful creativity our pupils bring to these festive activities. Thank you for your support and enthusiasm during this special time of year.

Porthleven Notices & Reminders

Christmas Raffle

We are currently gathering raffle prizes for our upcoming Christmas Fair and are inviting local businesses to support us through a prize donation. Any contribution, large or small, would make a meaningful difference.

Thank you for your time and consideration.



Porthleven Open Evening

Thursday 4th December 5.30pm

Welcoming applications for Reception Class
2026/2027 starters

A great opportunity to see the school
& meet the team!



Call: 01326 562249

Email: porthlevensecretary@croftymat.org

Arbor Consents

Thank you to everyone who has already completed the photo consents on Arbor. Going forward, we will be using Arbor for more of our school consent processes.

We have recently had additional consents added to Arbor, which you will now be able to review and update when you log in. This will replace the online form completed at the start of the year.

We would really appreciate it if you could complete the new consents on Arbor, as this will help reduce the admin involved in transferring information manually from the earlier forms.

PORTHLEVEN HOUSE POINTS RUNNING TOTALS



WELL DONE TO THIS WEEKS WINNERS – Methleigh

ATTENDANCE THIS WEEK

Reception	91.8
Year 1	99.1
Year 2	97.5
Year 3	98.4
Year 4	99.7
Year 5	90.7
Year 6	88.2

This weeks winning
class for attendance
is
(Year 4)
Swordfish

This weeks whole school attendance is 95.11%

Diary Dates

Date	Event
Friday 5th December	Red & Blue Team Non-uniform Day
Tuesday 9th December - 2pm	Reception, year 1 & Year 2 Christmas Play - Ticketed shows
Wednesday 10th December - 2pm	
Wednesday 10th December - 5pm	
Friday 12th December	Whole School Panto
Tuesday 16th December	Carol/Christingle service
Wednesday 17th December	Christmas meal day - create a party hat to wear at lunch
Friday 19th December	Rock concert—invite only
Friday 19th December	Christmas Fair 2 –4pm
Monday 5th January	INSET Day
Wednesday 4th—6th Feb	Year 5 School Camp
Monday 23rd February	INSET Day
Tuesday 3rd March	Year 1 Trip
Thursday 5th March	World Book Day
Friday 20th March	Reception Trip
Thursday 2nd April	Last day of term
Friday 8th May	INSET Day
Tuesday 2nd June	Year 4 trip
Friday 5th June	INSET Day
Wednesday 10th—12th June	Year 4 School Camp
Wednesday 24th June	Class Photos
Thursday 25th—26th June	Year 3 School Camp
Monday 13th –17th July TBC	Year 6 School Camp
Wednesday 22nd July	Last day of Term
Thursday 23rd July	INSET Day

PORTHLEVEN SCHOOL



CHRISTMAS



FAIR 2025



FOOD★GAME★GIFT

Dec 19
2-4PM

JOIN US FOR SOME FESTIVE FUN AND
FUNDRAISING! ALL FUNDS RAISED SUPPORT
OUR SCHOOL COMMUNITY ❤️

Weekly Menus

Please order on ParentPay

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Beef Bolognese with Wholewheat Pasta	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges	Vegetarian Bolognese with Wholewheat Pasta	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Crunchy Apple Slice	Strawberry Shortcake Mousse	Oat Cookie	Apple Crumble with Custard	Berry Blondie	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Caramel Crunch	Flapjack	Chocolate Brownie	Apple and Golden Syrup Sponge with Custard	Chocolate Cookie	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcorn Pasta Bake	Battered Pollock with Chips
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potatoes and Gravy	Macaroni Cheese	Veggie Fingers with Chips
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Chocolate Marble Cake	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly	



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! NutriMinder's Choice
Our menus are subject to change. Please be assured that all nutritional medical diets and allergy requirements will be safely catered for.

Crofty Community Awards

One of Crofty core values is community. We believe in the power of the group to overcome bigger challenges, the strength of equity—knowing that no one succeeds unless we all succeed, embracing collective responsibility, celebrating the success of others and making a positive contribution to the team.

This award is to celebrate the members of our Trust who go above and beyond. Those who are selfless and take positive action to make things happen. They go above and beyond the everyday expectations to impact positively on our school community, making a significant positive contribution.



Nominations

Do you know a pupil or member of staff who could be described in this way?

Please fill in the form and return it to vanessa.schreiber@croftymat.org if you would like to nominate someone to receive a Crofty Community Award.

Crofty Community Awards



Name of person nominated	Pupil or member of staff?
School	
<p>Why are you nominating this person? What have they done to demonstrate their commitment to the Crofty value of community?</p>	
Name	Date



TIME MOVE

Holiday Programme



CHRISTMAS 2025

Free Family Led Cycle Rides at:

- Bissoe Trail
- Seaton Country Park
- Pentewan Trail

Meet time is 1000
Bike check optional
For all ages & abilities

Rides are taking place
across Cornwall during
the Christmas holidays
between 22nd Dec and
2nd Jan

Scan here
to book!



www.activecornwall.org/T2MHolidayProgramme

Time2Move.HolidayProgramme@cornwall.gov.uk

active
CORNWALL





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See our Facebook Page

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Pre-Order Only – payment on the day

Last order 4 days prior to event

To guarantee your bundle please contact

Debbie on 07880 835 331

For £30, which helps to keep the charity running, you will receive a trolley load containing:

Tea or coffee
Pasta or rice
A selection of tins and cereal
Bag/box of Crisps
A box of pasties or pies
A bag of frozen items
A bag of fresh fruit/veg
A bag of household toiletries
Bread/rolls/cakes
Pet Food
Other extra items as available



All welcome. No referral needed
We look forward to seeing you there

Remember to bring a trolley or plenty of strong bags

Saturday 13th December 10:00 – 11:00

Please use the link to book or scan the QR code

<https://forms.office.com/e/MgmBfCGVaw>

Devon & Cornwall Food Action
PRE-ORDER Form



School aged vaccinations

Did you know children will be offered these routine vaccinations at school?

- ✓ **FLU** - Reception - Year 11
- ✓ **MMR** - Catch-up
- ✓ **HPV** - Year 8 - Year 11
- ✓ **Meningitis ACWY** - Year 9 - Year 11
- ✓ **Diphtheria, Tetanus, Polio (DTP)** - Year 9 - Year 11



FLU



MMR



HPV



**MENINGITIS
ACWY**



**DIPHTHERIA
TETANUS
POLIO (DTP)**

Did you miss us?

We also have community clinics across Cornwall for:

- ✓ Home educated children
- ✓ Anxious children
- ✓ Children who missed the session at school

Call us on

01872 221105

Kernowhealthcic.schoolimmunisation@nhs.net

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entralls young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.



2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: Involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Sources: <https://www.bbc.com/news/technology-63204805>
<https://sproutsocial.com/insights/social-media-usage-trends/>

NOS
National Online Safety®
#WakeUpWednesday

Want to play drums?



Learn your favourite songs!

**SCAN ME TO
SIGN UP!**



Fun lessons from beginner to pro!

Lessons available now!

More information visit: www.cmst.co.uk/music-lessons

COMMUNICATION AT PORTHLEVEN SCHOOL



BY PHONE

Ring 01326 562249 between 8.15am & 3.30pm to speak to Mrs Blight out side these hours please leave a message.



BY EMAIL

Email porthlevensecretary@croftymat.org anytime or your class email. Queries will be responded to between 8.30 and 4pm.



ARBOR

Photo consent and communication from school will be from Arbor please download the app (pls contact the office for support setting up).

OUR NEWSLETTER

Up coming dates for your diaries are shared on the newsletter along with some classroom news.

OUR WEBSITE

Our website contains useful information about our school.