



PORTHLEVEN SCHOOL

Friday 17th October 2025

Open Door Art Invitation

We would love to invite parents in to see some of the wonderful art work from **Year 1, 2, 3 & 5** next week at **2:50pm** in their classroom.

Please see your class day below:

- **Year 1:** Friday
-
- **Year 2:** Wednesday
-
- **Year 3:** Friday
-
- **Year 5:** Friday
-

We look forward to seeing you there and celebrating the creativity of our pupils!

DAILY THINGS TO REMEMBER



Water Bottle



Coat



Reading book and diary

PE Days After Half term



Reception - Monday

Year 1 - Thursday

Year 2 - Thursday

Year 3 - Wednesday

Year 4 - Wednesday

Year 5 - Friday

Year 6 - Friday (swimming)

INSET Day

Monday 3rd November
school closed to children.



SEAHORSES



A⁺ SEAHORSES NEWS

This week the children have had a busy and exciting week of learning! In English, they have been exploring adjectives and conjunctions to help them write descriptive and detailed sentences about The Town Mouse and the Country Mouse. Today, they put their skills into practice by writing a report about either the country or the town.

In Maths, we have been focusing on our number bonds to 10, using a systematic approach to find all the possible combinations. The children have shown great perseverance and growing confidence with their number facts.

In Science, we carried out an experiment to test different materials to find out which was the most absorbent - it was great fun! We linked our investigation to space exploration, thinking about what would be best for an astronaut to wear under their suit, known as a MAG (Maximum Absorbent Garment).



NARWHALS



NARWHAL NEWS

In Year 3, we have been finished our class book 'Owen and the Solider'. In the book Owen writes an emotional poem that persuades a councillor to save the stone soldier who they are removing from his local park. We are using this as inspiration for writing persuasive letters for changes we would like in school over the next few weeks.

In science, we investigated how magnets use non-contact force to attract and tested the strength of different types of magnets. We have also learned about friction and used newton meters to measure the force used when we pulled cars along different surfaces observing some needed a lot more force than others to move due to friction.

We were very lucky for RE to have a visit with Daya, who taught us all about the Islamic faith, their prayer routines and what they believe. We got to dress up traditional outfits, and she even showed us some dance moves!

In Geography this term, they children have learning all about the UK as a part of Europe and researching UK and other European countries learning and comparing their flags, capital cities, population, language and physical features such as rivers and mountains.



Porthleven Notices & Reminders

Harvest Celebration

Porthleven School will be celebrating **Harvest** at **St. Bartholomew's Church** on **Thursday 23rd October at 1:30pm**.

The children have been practising their singing with great enthusiasm and are looking forward to performing at the church.

As in previous years, we would like to make food donations to the **Helston Lizard Foodbank**. Donations can be brought into school, and we kindly ask that they are from the items currently requested by the Foodbank:

- Tinned potatoes
- Instant mash
- Tinned meat
- Pasta sauce
- Small jars of coffee
- Custard
- Tinned rice pudding
- Tinned fruit
- Sponge puddings
- Crisps
- Toilet rolls



HARVEST APPEAL

the trussell trust
Stop UK Hunger

**HELP SUPPORT YOUR FOODBANK
WITH FOOD AND FUNDS THIS HARVEST**

DONATE FOOD
Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.

DONATE MONEY
Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

**SHOPPING LIST
TOP TEN ITEMS**

Don't forget...
You can help transform more lives with a financial donation too.

foodbank
by trussell trust
thank you!

Any contributions will be greatly appreciated.

Parents and carers are warmly invited to join us for the service, and we hope many of you will be able to attend.

Porthleven Notices & Reminders

500 Words is a story writing competition for children.

This year the two age categories will be 5-7 and 8-11 year-olds. To enter, children need to **write a story that they would love to read** which is **no more than 500 words**.

Children need to be the relevant age for the age category on the closing date **7 November 2025**.

The stories, once written by your child, **must be submitted by an adult using the entry form on the 500 Words website**. To sign up to be able to submit a story please visit the BBC 500 words website. You will also find more information on this years competition



Cross Country Race 3

Next up: Race 3 will be held on **Tuesday, 4th November at Helston School (North Site)**. This race is **for KS2 pupils only**.

We'd love to see even more runners taking part – come along, represent our school, and have fun!

<https://forms.cloud.microsoft/e/Ncndyc5yxJ>

National Height and Weight Measurement Programme

On Tuesday, 11th November, the school nursing team will be in school to weigh and measure pupils in Year 6 and Reception as part of the National Height and Weight Measurement Programme.

Please find the links below to opt out

Reception: [2025 Child Health Programme - Reception Year - Healthy Cornwall](#)

Year 6: [2025 Child Health Programme - Year 6 - Healthy Cornwall](#)

As a reminder to parents about attendance

If you book a holiday in term time which is 5 days or more, and is not approved as an exceptional circumstance, our policy - in line with DFE guidance, is to refer this to the local authority for a fine to be issued. Please also be aware that schools need to consider fining if a child has 10 unauthorised sessions in a rolling 10 week period. Please do contact the school if you have further questions.



BREAK THE RULES

DAY!

For one day only, children at Porthleven school will be allowed to break any of the rules below on Friday 24th October!

Each rule costs 50p to break.

Please tick the rules you break and return with your donation to your teacher on the day.

#1

You must wear school uniform fancy dress is not allowed

☐

#2

You must NOT have crazy hair!

☐

#3

You must NOT wear face paint or glitter!

☐

#4

You must NOT paint your nails!

☐

#5

You must NOT wear temporary tattoos!

☐

#6

You must NOT have Chocolate for break!

☐

All funds raised will go towards a whole school trip

Porthleven Notices & Reminders

Achievements outside of school

We love hearing about what your children have been up to and any awards they've achieved outside of school!

If you'd like your child to be featured in newsletter, please send a picture and a short write-up by the end of the day on Wednesdays. We'll include it in that week's newsletter.

Lunch Ordering

After half term, school lunches will need to be ordered at home via **ParentPay**. Please ensure you can log in to your ParentPay account before half term.

The **cut-off time** for ordering is **12pm the day before**.
Parents can place lunch orders in advance for a week or more.

If your child is unwell or not attending school, please remember to **cancel their lunch order** for that day.

If you are **unable to remove the lunch yourself**, please **let the school office know** when you call or message to report your child's absence, and they will cancel it for you.



Book Club

Our Scholastic Book Club is up and running!

Go to <https://schools.scholastic.co.uk/porthleven/digital-book-club> to browse the latest books and order online. For **every £1 you spend** on this month's Book Club, **our school will earn 20p** in Scholastic Rewards.

Please place your **order online by November 4th, 2025**.

PORTHLEVEN HOUSE POINTS

RUNNING TOTALS



WELL DONE TO THIS WEEKS WINNERS – [Methleigh](#)

ATTENDANCE THIS WEEK

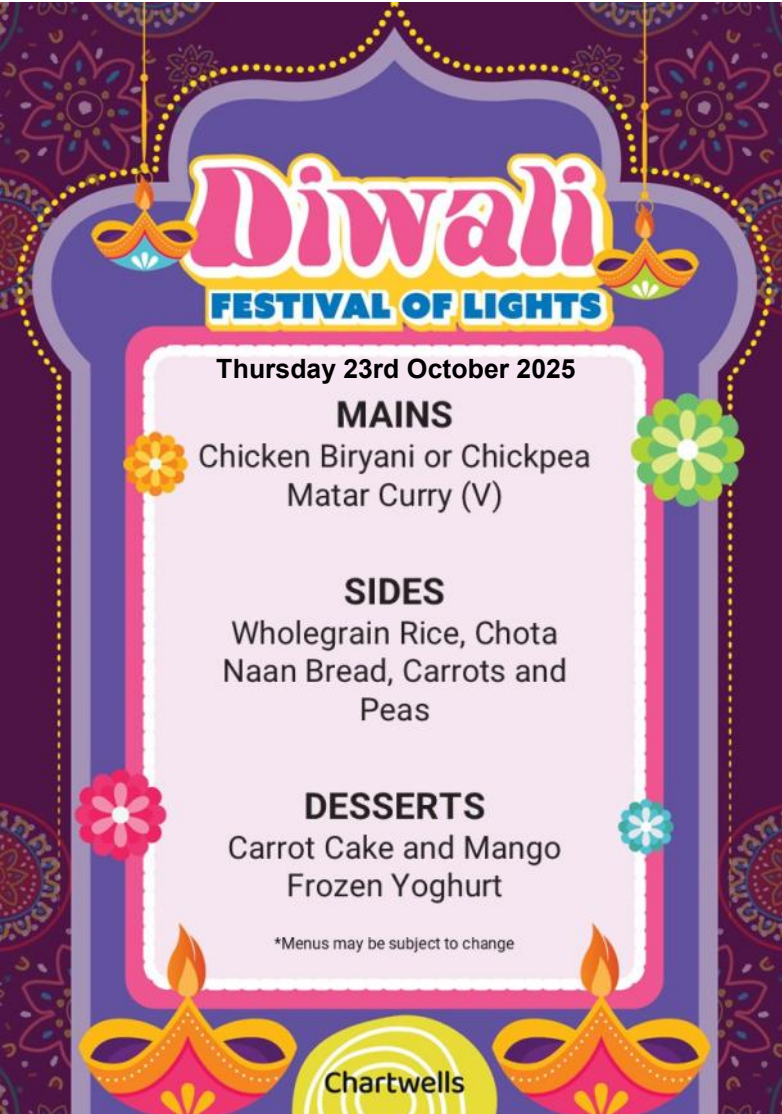
Reception	97.1
Year 1	91.7
Year 2	97.5
Year 3	98.8
Year 4	99.3
Year 5	97
Year 6	96.4

This weeks winning
class for attendance
is
(Year 4)
Swordfish

This weeks whole school attendance is 97.18%

Diary Dates

Date	Event
Thursday 23rd October	Harvest Celebration
Thursday 23rd October	Special Menu see poster
Friday 24th October	Break the Rules day - more info to follow
Friday 24th October	School Spooky Disco - See Poster below
27th—31st October	Half term
Monday 3rd November	INSET Day
Wednesday 5th November	Special Bonfire Menu see poster
Thursday 6th November	Roast moved to Thursday due to firework menu
Thursday 6th November	Nasal Flu Immunisation
Monday 10th November	Year 1 Hearing screening
Tuesday 12th November	Year 6 & Reception height & weight measurements
Friday 12th December	Whole School Panto
Wednesday 17th December	Christmas meal day - create a party hat to wear at lunch
Monday 5th January	INSET Day
Wednesday 4th—6th Feb	Year 5 School Camp
Monday 23rd February	INSET Day
Friday 8th May	INSET Day
Friday 5th June	INSET Day
Wednesday 10th—12th June	Year 4 School Camp
Thursday 25th—26th June	Year 3 School Camp
Monday 13th –17th July TBC	Year 6 School Camp
Wednesday 22nd July	Last day of Term
Thursday 23rd July	INSET Day



Christmas Lunch Order 2025

Please find below this year's Christmas Lunch order details.

We know it seems early, but to help the kitchen place their order for turkey, **all orders must be placed by Thursday 23rd October.**

Please click the link below to place your order.
<https://forms.cloud.microsoft/e/VgavsCxKNM>

On Christmas Lunch day there will only be **two meal options:**

- Traditional Turkey Dinner
- Vegetarian Quorn Option

If your child will be bringing a **home packed lunch**, please also complete the form so we know.

Thank you for your support!



Next Week's Menu

WEEK 3						
W/C: 05/05/2025, 16/06/2025, 07/07/2025, 08/09/2025, 29/09/2025, 20/10/2025						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🌿	Sausage Hot Dog Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Oat Crusted Chicken Served with Wholegrain Rice 🌾	Battered Pollock Served with Chips 🍷
	OPTION 2	Veggie Supreme Pizza Served with Garlic and Herb Bread 🌿	Veggie Sausage Hot Dog Served with Potato Wedges 🌿 🍷	Roast Quorn Served with Roast Potatoes and Gravy 🌿	Meatless Shepherd's Pie Served with Gravy 🌿 🍷	Quorn Dippers Served with Chips 🌿 🍷
	OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌿 🌾	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌿 🌾	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌿 🌾	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌿 🌾	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌿 🌾
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Ham Wrap	Ham Baguette	Cheese Wrap 🌿	Ham Baguette	Ham Wrap
	OPTION 5	Cheese Baguette 🌿	Tuna and Sweetcorn Wrap	Egg Mayo Baguette 🌿	Cream Cheese and Cucumber Wrap 🌿	Cheese Baguette 🌿
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT	Flapjack 🌿 🌿	Chocolate Brownie 🌿	Lemon Cookie Served with Fruit 🌿	Crunchy Chocolate Mousse	Cornflake Tart	
BAKED POTATOES SERVED DAILY With a choice of toppings 🌿 🌿			AVAILABLE DAILY Fresh fruit, salad, yoghurt and water			
🌿 Vegetarian 🌿 Vegan 🐟 Oily Fish 🌾 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice						
Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for						



PORTHLEVEN SCHOOL

SPOOKY Disco

EYFS & KS1 5-5.45pm

KS2 6-7 pm

FRIDAY | OCT 24

£2 PER CHILD

free drinks

50p sweet bags available



Nursery & reception
children must be
accompanied by an
adult.



M6 Theatre Company in collaboration with Andy Manley presents

Little Gift

★★★★
"Full of clever
surprises!"
The Herald Scotland

★★★★★
"Whimsical, funny
and imaginative"
reviewsphere



"A kindly and magical 50 minutes"
The Scotsman

Ages
3-10
& family
audiences

m6
theatre company

A magical visitor brings joy to a lonely life

Meet Ted, a cautious old soul living all alone in a busy, bustling town. He likes it that way. It's quieter and safer. Until one extraordinary day, a surprise visitor turns his lonely life upside down.

Told by a very special performer, with a playful mix of puppetry, music and song, Little Gift is a tender and warm story about friendship and the joy to be found just around every corner.

Saturday 25 Oct 2.30pm

Tickets £8

AMATA Arts Centre, Falmouth University, Penryn Campus

falmouth.ac.uk/arts-centre



SCAN ME

f M6Theatre m6theatre
www.m6theatre.co.uk



m6
theatre company



ARTS COUNCIL
ENGLAND

ROCHDALE
BOROUGH COUNCIL

FALMOUTH
UNIVERSITY

AMATA

KPOP DEMON HUNTERS workshop



29th/30th of October
at Porthleven School 9-3pm.

Come along and join in the fun
with dance, drama, singing &
craft.

Ages 5-14 years

£50 for the full 2 days with 1 day
options available

Ages 4-5 years

£25 for 2 Half days with 1 day
options available



For Info or to book a place:

Visit our website infinitydancecornwall.com

Or email infinitydancecornwall@gmail.com

Call Kathryn - 07891675753 or Lucy - 07793764919



NHS
Cornwall Partnership
NHS Foundation Trust

The Mental Health Support Team warmly
invite you to attend...

Wild Wellbeing

During October half term we are offering FREE nature based
creative sessions linked to the 5 ways to wellbeing.

This is for parents and children aged 5-12 in Cornwall.
Please book EACH child on to a session.

Morning and afternoon sessions available at:

The Core at St Ives Community

Orchard - Thursday 30 October

Hayle Family Hub - Friday 31 October

We are also offering a Parentwell session at

Penrose Estate - Monday 27 October

Each session will last approx. 2 hours

To request a place, please complete the online
form or scan the QR code provided:

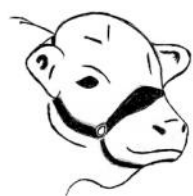
<https://forms.office.com/e/vc2Dtk8C5B>



Follow us on Facebook for updates and
upcoming events:

Cornwall Mental Health Support Team (MHST)





HELSTON FATSTOCK SOCIETY

153RD ANNUAL EXHIBITION

SATURDAY 8TH NOVEMBER 2025

Show President Mr David Nicholas



PLEASE ASK FOR A
SCHEDULE OR SCAN THE
QR CODE

CELEBRATING

20

YEARS AT

FRANCHIS FARM



SHOW SCHEDULE

FREE ENTRY TO VISITORS
GATES OPEN 10AM - 4PM
SORRY- NO DOGS

RAISING FUNDS FOR
THE LEAGUE OF FRIENDS OF
HELSTON COMMUNITY HOSPITAL



BY KIND PERMISSION OF MR BOB COWELL

HELSTON, TR13 0LT

Exhibitors welcome from all areas.

For more information, follow us on facebook or email helstonfatstockshow@outlook.com

HALLOWEEN FUN AND AGM

SUN
26TH
OCT

AT ST BLAZEY FAMILY HUB

11AM
TO
2PM

Magician, music & crafts

BOOKING IS ESSENTIAL

Activity Day

with Memory Making Workshop
at Wheal Martyn

Sun, 2 November 11am - 3pm

For families with
children when a
parent/carer has
a terminal illness

Come and join us!

Our Activity Day includes access to the
museum and grounds as well as a
Memory Making Workshop, where you
can create a memory book to take home.



gunners kids

gunnerskids.org

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION



While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT



Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES



Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents and, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS



Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

MODEL HEALTHY BOUNDARIES



Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

TEACH DIGITAL LITERACY



Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

FOSTER EMPATHY ONLINE



Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.



See full reference list on our website



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

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The National College®

COMMUNICATION AT PORTHLEVEN SCHOOL



BY PHONE

Ring 01326 562249 between 8.15am & 3.30pm to speak to Mrs Blight out side these hours please leave a message.



BY EMAIL

Email porthlevensecretary@croftymat.org anytime or your class email. Queries will be responded to between 8.30 and 4pm.

ARBOR

Photo consent and communication from school will be from Arbor please download the app (pls contact the office for support setting up).

OUR NEWSLETTER

Up coming dates for your diaries are shared on the newsletter along with some classroom news.

OUR WEBSITE

Our website contains useful information about our school.